



**MAEER MIT PUNE's
MAHARASHTRA INSTITUTE OF MEDICAL EDUCATION AND RESEARCH
MEDICAL COLLEGE (ESTD - 1995)
DR. BHAUSAHEB SARDESAI TALEGAON RURAL HOSPITAL**

Accredited by NAAC with 'A' Grade

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**1.Nutrition Week
1st to 7th September 2020**

On the occasion of National Nutrition Week from 1st to 7th September 2020

the staff of RHTC, Sudumbare MIMER Medical College gave a talk on ' Nutrition .! This years theme was “ Eat right -bite by bite”. The Interns posted at RHTC made posters on the theme and gave health talk to patients attending OPD. The health talk was carried out under the guidance of Dr. S.V Chincholikar, Prof & Head, Dept. of Community Medicine, Dr. Aastha Pandey, Dr. A. Topkhane.

Around 40 people attended the discussion on Nutrition and its advantages. They were also made aware about govt. health scheme’s related to nutrition

The following points were discussed:

- Food Pyramid
- Advantages of Breast feeding
- Correct age and foods to be given during weaning
- Health Programmes

Queries of people were addressed during the session.



2. World AIDS Day, RHTC, Sudumbare on 01.12.2020

On the occasion of World Aids Day a activity was held at RHTC Sudumbare under the observation of MO Dr. Abhay Tophkhane.

People from nearby villages comprising of all age group along with Interns & staff of RHTC participated in this program.

Counseling regarding the importance of HIV- AIDS, it's origin, mode of transmission, progression, treatment, prevention and social factors related to the disease were elaborated.

This activity was held under the able guidance of Dr. S.V. Chincholikar, Prof & Head, Dept. of Community Medicine, Dr. Aastha Pandey, Professor, Dept. of Community Medicine.



3. World AIDS Day at UHTC, Talegaon, Department of Community Medicine, 01/12/2020

Duration Of Activity:10:30 -11:30 am

Participants: No of faculty -4

No of community members -6

Brief Description of the activity: Amidst the covid -19 pandemic, on the occasion of world AIDS day with due precautions and social distancing, a small discussion was held at UHTC for educating the community regarding the basic knowledge, modes of spread, prevention control, importance of treatment and to stop the stigma regarding AIDS was conducted. Under the guidance of Dr. S.V. Chicholikar(HOD)

Dr. R. Majumdar (in-charge of urban health care centre)

Outcome of the Activity : Awareness about HIV-AIDS among the community was achieved



4. Monthly Immunization Session, RHTC, Sudumbare Decemeber 2020

RHTC, Sudumbare Department Of Community Medicine

Immunization Report

A routine monthly Immunization camp was held at RHTC Sudumbare on Friday 11 December 2020 with collaboration of PHC Talegaon Dabhade.

Total 96 patients comprising of 62 Infants, 4 ANC's and 30 PNC's attended the camp. Interns and staff of the RHTC Sudumbare gave the detailed information about importance of Vaccination, Post Vaccination care, proper nutritious diet.

This activity was held under the able guidance of Head & Prof. Dept. of Community Medicine Dr.SV. Chincholikar, I/C Associate Prof. Dr. Madhura Ashturkar and Medical Officer Dr. Abhay Tophkhane.



5. Health camp Held on 12/01/2021 at Nanoli Village

Department of Community Medicine organized a Haemoglobin check up camp on 12th January 2021 for residents of Nanoli Village. The camp was presided over by Sarpanch of Nanoli Tarf, Dr. Sanjeev Chincholikar (HOD Dept of Community Medicine) and Dr. Ratna Majumdar (Professor). A total of 159 residents attended the camp. The Haemoglobin level of 150 residents was checked. Free Iron and Folic acid tablets were given to those with low Hb levels and they were advised to eat foods rich in iron and have a balanced diet. A follow up is planned after three months.

Patients were also given free medications such as Calcium tablets, Paracetamol, Antacids etc. Patients requiring further management were referred to Bhausaheb Sardesai Talegaon Rural Hospital.

The camp was a huge success with overwhelming response from the residents of Nanoli village.

The camp was co-ordinated by Dr. Aastha Pandey and Dr. Ashlesha Dandekar under guidance of Dr. S.V. Chincholikar



6. World Leprosy Day At RHTC, Sudumbare On 30.01.2021

On the occasion of world leprosy day a activity was held at RHTC, Sudumbare under the observation of MO Dr. Abhay Tophkhane.

People from nearby village comprising of all age groups along with Interns and staff of RHTC participated in this program. Counseling regarding the importance of Leprosy, it's origin, mode of transmission, progression, treatment and prevention and social factors related to the disease were elaborated.

This activity was held under the able guidance of Dr. S.V. Chincholikar, Prof and Head, Department of Community Medicine, Dr. Madhura Ashturkar, professor, department of Community Medicine, Incharge of RHTC.



7. World Leprosy Day 2021at UHTC, Department Of Community Medicine

Participants: No of faculty - 4

No of community members - 6

Brief Description of the activity:

Amidst the Covid 19 pandemic, on the occasion of World Leprosy Day with due precautions and social distancing, a small discussion was held at UHTC for educating the community regarding the basic knowledge, modes of spread, prevention control, importance of treatment and to stop the stigma regarding Leprosy was conducted. Under the guidance of Dr. S.V. Chincholikar (HOD) & Dr. R. Majumdar (In-charge of Urban Health Care Centre)



8. Programme in UHTC on occasion of World Cancer Day.

Participants :name Of faculty - Dr. Ashlesha Dandekar.

Name of interns -Dr. Snehal Saste.

Dr. Pranay Janbandhu.
Dr. Gautami Kamble.

Health talk on awareness about cancer was given by interns under the guidance of Dr. Ashlesha Dandekar on occasion of World Cancer Day on 04.02.2021. Community members from field practice area of UHTC attended the programme along with Staff & Interns.

The purpose of this programme was to spread awareness about the causes, sign& symptoms, screening, prevention and treatment of cancer. Topics included Magnitude of problem, aetiology , prevention & treatment.

This was followed by question-answer session.



9. Programme in RHTC, Sudumbare on occasion of World Cancer Day.
Name Of faculty - Dr. Abhay Tophkhane.

On the Occasion of World cancer day, a activity was held at RHTC, Sudumbare on 04.02.2021 under the observation of MO or Dr. Abhay Tophkhane.

People from nearby villages comprising of all age groups along with Interns and staff of RHTC Participated in the programme.

Counseling regarding the importance of cancer its origin mode of transmission, progressive treatment and prevention and social factors related to the disease were elaborated.

This activity was held under the able guidance of Dr. S.V. Chincholikar, Prof and Head, Department of community Medicine, Dr. Madhura Asturkar, Professor, Department of Community Medicine, Incharge of RHTC.



10. Informative lecture on Balance diet & basic principals Nutrition to Participants of Yoga Class at RHTC Sudumbare.

Name of Faculty: dr. Madhura Ashturkar

Participant :- 20 students

Date:- 20/02/2021.



11. Womens day program on 08/03/2021 at MIMER Medical college:-

MIMER MEDICAL COLLEGE TALEGAON DABHADE
DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

WOMEN'S DAY 2021

"CELEBRATING WOMANHOOD, CELEBRATING MOTHERHOOD"

Celebrating women is a ritual that is being followed every year at our institute. As every year, on the occasion of WOMEN'S DAY-8th MARCH 2021, a special announcement was made by the management of MIMER Medical College and BSTR Hospital to give special free health service and treatment to the girl children born on this day for a period of one year. The certificates were distributed to the mothers of girl children born on this day by our honorable Executive Director Dr. Suchitra Nagare in presence of our respected Medical Superintendent Dr. P S Kamat and faculty of OBGY department. This activity was appreciated by our patients.

"NO HEROISM IS GREATER THAN MOTHERHOOD" and our institute believes this and celebrates womanhood by social activities as above and by providing women affordable access to quality healthcare in MAVAL region.

On the occasion of International Women's Day on 08/03/2021 a programme was conducted for the women residing in Sudumbare. Mrs. Kirti, Gram Sevika as a Chief guest & Mrs. Asha Gade as chairperson was there for the programme. Dr. Madhura Ashturkar has given a health talk on importance of hemoglobin & Anemia Mukta Bharat Abiyan. Physiotherapy Students has given health talk on Menopausal changes and importance of exercise. Chief Guest & Chairperson spoke about a women empowerment & motivational speeches. Anganwadi Sevikas Mrs. Shalan Takale, Mrs. Sangita Kaldoke, Mrs. Surekha Kaldoke, Mrs. Draupadi Adhane were felicitated by Chief Guest & Chairperson as they have worked during COVID Pandemic work. Anchoring was done by Mrs. Mangal Gaikwad, Nursing Staff & Dr. Abhay Tophkhane gave vote of thanks.

Hemoglobin estimation camp inaugurated on 08th March 2021 & will be continued for next two weeks.

This activity was held under the able guidance of Dr. S.V. Chincholikar, Prof and Head, Department of community Medicine, Dr. Madhura Asturkar, Professor, Department of Community Medicine, Incharge of RHTC.



13. International Women's Day at UHTC on 08/03/2021

Theme : Choose to challenge

From challenge comes change. In recognition of the immense work done by Anganwadi workers during this one year of COVID- 19 pandemic, a health camp was organized at the Urban Health Training Centre. Weight and height measurement and BMI calculation was followed by health education regarding nutrition . Screening for hypertension and anemia was done by measuring blood pressure and hemoglobin estimation. A health talk and demonstration session was given by faculty from physiotherapy college on “Menopause and Osteoporosis”. All the 30 Anganwadi workers were then referred to orthopedic OPD at Dr. BSTR Hospital for Bone health camp. The Anganwadi health workers were guided by Dr. R. Majumdar, Dr. Ashlesha Dandekar Dr. Anuradha Sutar for their day to day health problems.



14. World Tuberculosis Day at RHTC, Sudumbare

Total number of participants/beneficiaries :- 12

Attendance (if applicable):- NA5. Faculty / Medical team:- 5

World tuberculosis was observed at RHTC on 24/03/2021. Patients and residents of Sudumbare village were made aware about spread and control of tuberculosis. They wear explained about identification of suspected TB patients. New diagnosis methods such as CB NAAT, daily regimen wear also explained to them. At the end of session question from audience were answer.



15. World Tuberculosis Day at UHTC, Talegaon Dabhade

2. Pamphlet (if any):- No
3. Total number of participants/beneficiaries :- 10
4. Attendance (if applicable):- NA
5. Faculty / Medical team:- NA
6. Coloured geo-tagged photos (2 to 4)

Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)

World tuberculosis was observed at UHTC on 24/03/2021 frontline health workers were made aware about spread and control of tuberculosis. A flip chart explaining aetiology, epidemiology, treatment, prevention and control measures was used. The workers were counselled about the need to end tuberculosis by simple personal measures like respiratory hygiene, nutritious diet and regular treatment.



16. World Health Day 2021 at RHTC, Sudumbare Date :07/04/2021

World Health Day 2021 was celebrated at RHTC Sudumbare on Wednesday 07/04/2021.

The theme of this year was 'Building a fairer, Healthier World'.

Medical Officer Dr. Abhay Tophkhane along with Medical Social worker & staff of the RHTC gave a detail talk. Considering the surge of COVID-19 cases all the essential precautions were observed.

This program was held under the guidance of I/C RHTC Prof. Dr. Madhura Ashturkar and able leadership of HOD & Prof. Dr. S.V.Chincholikar sir.



17. World Health Day At MIMER Medical College 07/04/2021

1. Name of the activity:- **World Health Day Poster Competition on 07.04.2021.**
2. Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)
Yes Dated 18/03/2021 Time 11.30am venue- Auditorium, OPD Building
3. Pamphlet (if any):- **No**
4. Total number of participants/beneficiaries :- **91**
5. Attendance (if applicable) :- **No**
6. Faculty / Medical team :- **15**

Total 90 students & one faculty participated in this poster competition. The Poster Exhibition was organized in the Auditorium of the college. The Principal Dr. R.P. Gupta, and Medical Superintendent Dr. Prashant Kamat inaugurated the poster exhibition. It was followed by assessment of the posters by judges. Considering the prevailing COVID 19 situation, norms of Social Distancing, wearing of mask and hand hygiene were strictly observed.

Dr. Ranjit Wagh, Professor & HOD Dept. of Pharmacology, Dr. Sandhya Kulkarni, Professor & HOD, Dept of Microbiology, Dr. Deepa Nair, Professor & HOD Physiology and Dr. Ratna Majumdar, Professor Dept. of Community Medicine were the Judges for the competition.

The following students secured the first three positions in the competition and received the prizes.

First Prize	1. Rutuja waghmode	146	I MBBS (Poster no-2)
Second Prize	1. Ankita Yadav	146	II/I MBBS (Poster No- 22)
	2. Sharyu Karpe	59	II/I (Poster No- 49)
	Radhika Khawale	68	II/I MBBS
	Vaibhav Jain	51	II/I MBBS
	Madhav Kale	52	II/I MBBS
Third prize	1. Shivaraj Khatwad	21	II/I MBBS (Poster No -21)
	2. Priyanka Patil	37	II/I MBBS (Poster No 37)
Special Prize	Tanpreet Kaur, Associate Professor, Physiotherapy		

This activity was conducted under the able guidance of Dr. S.V. Chincholikar, Professor & HOD, Department of Community Medicine.





18.Safe Motherhood Day 11 April 2021:-

MIMER MEDICAL COLLEGE TALEGAON DABHADE DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

SAFE MOTHERHOOD DAY

"MOTHERHOOD- All love begins there and ends there"

On the occasion of SAFE MOTHERHOOD DAY on 11th April 2021 our faculty Dr. Vaishali Korde-Nayak (Prof and Head, Dept of OBGY) participated in a "LIVE TALK SHOW ON AKASHWANI-101" speaking about safe motherhood practice which was relayed on 11.4.2021. She was in conversation with live audience and answered there queries.

This was a very innovative topic and had great response from general public. This platform could reach to remote areas and was a grand success. Thus department of OBGY, MIMER Medical College is always ready to create awareness regarding maternal health and bring positive change in our society.




(Signature)
Professor & HOD
Dept. of Obst. & Gyn.
MIMER MEDICAL COLLEGE
TALEGAON (D), PUNE

19.Special Day Activity – “ International Kangaroo Care Awareness Day” on 14/05/2021

ACTIVITY REPORT		
1.	Name of the activity	International Kangaroo Care Awareness Day
2.	Organizing department/s	OBSTETRICS & GYNAECOLOGY
3.	Name of the Head of department/ Event in-charge	Dr. Vaishali Korde
4.	Date & Time	14/05/2021, 11:30am
5.	Venue / Place	Postnatal Ward -106
6.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached / Not attached
7.	Pamphlet (if any)	Attached / Not attached
8.	Total number of participants/beneficiaries	30
9.	Attendance (if applicable)	Attached / Not attached / Not applicable
10.	Faculty / Medical team	Dr. Vaishali Korde
11.	Coloured geo-tagged photos (2 to 4)	Attached / Not attached
12.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	Attached

20. "INTERNATIONAL DAY OF ACTION FOR WOMEN'S HEALTH" "MENSTRUAL HYGIENE DAY "
on 27/05/2021 & 28/05/2021.

ACTIVITY REPORT		
1.	Name of the activity	"INTERNATIONAL DAY OF ACTION FOR WOMEN'S HEALTH" "MENSTRUAL HYGIENE DAY "
2.	Organizing department/s	OBSTETRICS & GYNAECOLOGY
3.	Name of the Head of department/ Event in-charge	Dr. Vaishali Korde Dr. Sushma Sharma
4.	Date & Time	27/05/2021 , Time: 2:30pm to 3:00pm 28/05/2021, Time : 12:30pm to 1:00pm
5.	Venue / Place	27/05/2021- Sushrut Hall, 1 st Floor, OPD Building 28/05/2021- OBGY OPD -44
6.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached / Not attached
7.	Pamphlet (if any)	Attached / Not attached
8.	Total number of participants/beneficiaries	75 - 80
9.	Attendance (if applicable)	Attached / Not attached / Not applicable
10.	Faculty / Medical team	Dr. Vaishali Korde Dr. Sushma Sharma Dr. Priya Karmani Interns- Dr. Damini Narkhede Dr. Peenal Satra, Dr. Rhea Sunil, Dr. Bhavesh Kankriya , Dr. Vineet Patil , Dr. Manjiri Ranawade, Dr. Avanti Patwardhan, Dr. Anoushka Nair, Dr. Fenil Jain, Dr. Siddharth Jaiswal , Dr. Gautami Kashyap
11.	Coloured geo-tagged photos (2 to 4)	Attached / Not attached
12.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	Attached


 Professor & HOD
 Dept. of Obst & Gyn.
 MINER MEDICAL COLLEGE
 TALEGAON (D), PUNE

22. World No Tobacco Day (31.05.2021)

Total number of participants/beneficiaries :- **10**

Faculty / Medical team :- **5**

World No Tobacco Day was held on Monday 31/05/2021 at RHTC Sudumbare. City dwellers as well as villagers use tobacco in different forms. No Tobacco Day was something new for the assembled patients at RHTC Sudumbare. Interns & staff of the RHTC gave a talk to create awareness about hazardous effects of tobacco consumption.

At the end of the talk a Oath for Say No To Tobacco was taken by assembled people. This activity was held under the able guidance of HOD & Prof. Dr. S.V.Chincholikar, I/C RHTC Prof. Dr. Madhura Ashturkar & Medical Officer Dr.Abhay Tophkhane.



23. World Anti-tobacco Day "Commit To Quit" at UHTC Talegaon.

4. Total number of participants/beneficiaries:- 5

6. Faculty / Medical team:- 14

On the occasion of anti-tobacco day, a health talk was arranged to spread awareness about health hazards of tobacco.

Interns posted under the department of Community Medicine spoke about hazardous effects of tobacco, de-addiction, rehabilitation and association of tobacco with COVID.

Also Mr. Sandip Patole from audience spoke about importance of exercising and also various practices to improve general health.



24. Guest Lecture :- Tobacco and Lung Health

1. Name of the activity - Guest Lecture/ Webinar-
2. Date & Time 02/06/2021 9.30am to 11.00 am
3. Venue / Place Online
4. Total number of participants/beneficiaries 260
5. Faculty / Medical team- 8

The Theme for World No-Tobacco Day 2021 is “Commit to Quit” The Guest speaker for the lecture was Dr Vandana Joshi a renowned ENT surgeon from Pune and works for No-tobacco Campaign.

Dr Vandana Joshi has delivered the lecture under the following heading: Introduction and why the tobacco is addictive. Working of NGO PACE – Prevention of Addictions through Children Education

Effects of tobacco on lung health. How to Quit Smoking. Tobacco and Covid 19

Dr. Joshi explained the topic with excellent power-point presentation and videos. Awareness has been created among medical students regarding how to quit smoking. MBBS students, Interns and faculty attended the lecture online.



25. International Yoga Day celebration at UHTC Talegaon on 21/06/2021

1. Name of the activity:- International Yoga Day
2. Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.) :-
Date: 21st June 2021, 11.00am UHTC, Ganpati Chowk, Talegaon Dabhade
3. Pamphlet (if any):- No
4. Total number of participants/beneficiaries :- 10
5. Attendance (if applicable):- NA
6. Faculty / Medical team :- 5

On the event of 'International Yoga Day', a session along with a guided meditation session was organized at UHTC of Dept. of Community Medicine, under the guidance of Dr. Aastha Pandey and Dr. Ashlesha Dandekar.

In accordance with the theme for this Yoga Day - 'Yoga for Well-Being'- all interns, staff of UHTC and community people from adopted field under UHTC were present for the programme. The programme was initiated with a discussion about stress in day to day life, by Dr. Shehroz Nagdawala, giving information regarding importance of Yoga for stress management, healthy life and well-being. The speech was followed by a 30-mins Yoga programme which included various 'Asanas' like Ardha Chakrasana, Trikonasana, Bhadrasana, Ardha Ushtrasana, Shashakasana, Uttana Mandukasana, Vakrasana, Makarasana, Bhujangasana, Shalabhasana, etc. according to the protocols of Ministry of Ayush.

All the necessary precautions and COVID Appropriate Behaviour was maintained throughout the event.





26.RHTC, Sudumbare International Yoga Day 21.06.2021

1. Name of the activity:- **International Yoga Day**
2. Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.) **No**
3. Pamphlet (if any):**No**
4. Total number of participants/beneficiaries :- **10**
5. Attendance (if applicable)
6. Faculty / Medical team:- **4**
7. Coloured geo-tagged photos (2 to 4)

Yoga is an ancient Indian practice which has now become extremely popular worldwide Yoga helps a person in achieving greater mental & physical wellbeing. This year's International Yoga Day was observed on Monday 21/06/2021 at RHTC Sudumbare. Considering the prevalence of COVID-19 due precautions were maintained. About 18 women from various age groups attended the activity. Interns & staff of the RHTC also participated. Dr. Deepika Nirman Asso. Prof. MIMER Physiotherapy College & I/C RHTC Prof. Dr. Madhura Ashturkar conducted this activity. This program was held under the able guidance of HOD & Prof. Dr. S.V.Chincholikar, Prof.Dr.Madhura Ashturkar and Medical Officer Dr.Abhay Tophkhane.



27. World Population Day RHTC, Sudumbare

1. Name of the activity:- World Population Day
2. Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.) **No**
3. Pamphlet (if any):**RHTC, Sudumbare Date:- 13/07/2021**
4. Total number of participants/beneficiaries:- **12**
5. Attendance (if applicable)
6. Faculty / Medical team:- **5**
7. Coloured geo-tagged photos (2 to 4)

World Population Day is observed every year on 11 July. The main purpose of this day is to draw attention towards the issues arising out of rising population across the globe. It is observed with the goal of highlighting the difficulties created by over population and raising awareness about how over population may harm ecosystem & progress of humanity.

World Population Day was held at RHTC Sudumbare on Tuesday 13/07/2021. This year the theme of world population Day was the **IMPACT OF COVID 19 PANDEMIC ON FERTILITY**.

Interns & Staff of the RHTC gave a pep talk to gathered patients.

This activist was held under the able guidance of HOD & Prof. Dept. of Community Medicine Dr. S.V.Chincholikar, I/C Prof. Dr. Madhura Ashturkar & Medical Officer Dr.Abhay Tophkhane.



28. International Day of Action for Women's Health celebrations June 2021 to Sept.2021

In accordance with the International Day of Action for Women's Health celebrations, our Respected Executive Director Madam Dr. Suchitra Nagare has announced free PAP Smear for all the female – Faculties, Interns, students , Nursing staff and Class 3&4 workers.

- 1) June 2021- Interns and UG students >21 years of age
- 2) July 2021- Faculty & Residents
- 3) August 2021- Nursing Staff
- 4) September 2021- Class 3&4 workers

MIMER MEDICAL COLLEGE, TALEGAON DABHADE

No./MIMER/Cir/ 1095 /06/2021

Date: 08/06/2021

CIRCULAR

In accordance with the International Day of Action for Women's Health celebrations, our Respected Executive Director Madam Dr. Suchitra Nagare has announced free Pap Smear for all the Female-Faculties, Interns, students, Nursing Staff and Class 3 & 4 workers.

With respect to the above, the Dept of OBGY have scheduled the arrangements for the same between 2:00pm- 3:00 pm on all working days as follows:

1. June 2021: Interns and UG students >21 years of age
2. July 2021: Faculty & Residents July
3. August 2021: Nursing Staff
4. September 2021 : Class 3 & 4 workers

This rotation will be continued hereafter yearly (as PAP smear needs to be repeated yearly for consecutive 3 years). Kindly communicate in the morning hours with OBGY OPD (Extension 484) for booking the slots, so as to avoid inconvenience of the beneficiaries.



Suchitra Nagare
08/6/2021
Principal
MIMER Medical College,
Talegaon Dabhade

PRINCIPAL
MIMER MEDICAL COLLEGE
TALEGAON DABHADE
PUNE -410507

29. Breast Feeding Week from 02/08/2021 to 06/08/2021.

Breast Feeding Week - Programme Details

August 2021	Breast Feeding Week from 02/08/2021 to 06/08/2021	<p>Breast Feeding Week - Programme Details</p> <p>Day 1 02/08/2021 Preparing her for Lactation Skit and awareness programme for patients</p> <p>Day 2 03/08/2021 Skit & Video presentation on Ideal method of Breastfeeding</p> <p>Day 3 04/08/2021 Quiz on Lactation 8th Semester Batch – B</p> <p>Day 4 05/08/2021 Guest Lecture on “ Protect Breastfeeding :A Shared Responsibility” by Dr. Mangala Wani</p> <p>Day 5 06/08/2021 Do I know about Lactation? Talk by Dr. Priya Bagade Topic- “ Lactation” Pre & Post test For 8th Semester Students</p>
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**Department of Paediatrics
ACTIVITY REPORT**

Sr. No	Name of the activity	BREAST FEEDING DAY – 01 Aug to 07 Aug 2021
1	Organizing department/s	Paediatrics
2	Name of the Head of department/ Event in-charge	Dr. Vijay Bhavari
3	Date & Time	05 Aug 2021 – 11:00 to 1:00 pm
4	Venue / Place	PNC Ward
5	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached / Not attached
6	Pamphlet (if any)	Attached / Not attached
7	Total number of participants/beneficiaries	22
8	Attendance (if applicable)	Attached / Not attached / Not applicable
9	Faculty / Medical team	Dr. Vijay Bhavari Dr. Vidya Fadnis
10	Coloured geo-tagged photos (2 to 4)	Attached /
11	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	Breast feeding week was organised by Departments of Paediatrics and Obgy, with an aim of highlighting the importance of exclusive mother's milk as complete nutrition for the baby. Counselling sessions in OPD, and both Antenatal and Postnatal wards were conducted. In addition there were posters displayed, slideshows and lecture cum demonstrations on proper technique, breast attachment and good baby hold. Senior faculty were available to address any issues and clarifications. The mothers were satisfied with the entire event and expressed their gratitude for this fruitful day.


Dr. Vijay Bhavari
MMC No.: 083408
Professor & HOI
Department of Paediatrics
MIMER Medical College

30. World Breast Feeding week 03.08.2021 RHTC, Sudumbare

Total number of participants/beneficiaries :- **08**

Faculty / Medical team:- **09**

World Breast Feeding Week is celebrated every year from 1 August to 7 August to encourage breast feeding and improve the health of babies around globe. Breast milk is prime source of nutrition for the infants worldwide and has many advantages for the mothers and infants in all circumstances. WHO and UNICEF recommended that where the most common cause of infant death is infection and malnutrition Breast feeding should continue to be protected, promoted and supported.

On the occasion of World Breast Feeding week staff of the RHTC Sudumbare along with interns and with active participation from MAEER'S MIMER Physiotherapy college held a promotional activity on Tuesday 3/08/2021. This year's theme was *Protect the Breast feeding, A shared responsibility. Staff of the RHTC ensured that assembled mothers receive the necessary information and counseling regarding for making a fully informed choice regarding the practices of Breast feeding and giving them support in their choice.

This activity was held under the able guidance of HOD & Prof. Dr. S. V. Chincholikar, I/C RHTC in Prof. Dr. Madhura Ashturkar & Medical Officer Dr. Abhay Tophkhane.



31."WORLD BREAST FEEDING WEEK" 2021 (UHTC Activity)

1. Name of the activity:- "World Breast Feeding Week"
2. Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)- **Date:- 02/08/2021 Time – 11.00am to 12.00 noon Venue :- UHTC, Talegaon Dabhade**
3. Pamphlet (if any):- No
4. Total number of participants/beneficiaries:- 10
5. Attendance (if applicable) NA
6. Faculty / Medical team:- 10
7. Coloured geo-tagged photos (2 to 4)

On occasion of "WORLD BREAST FEEDING WEEK" 2021 Health Education session was conducted at UHTC. The health session was held on 02/08/2021 between 11am to 12noon. Theme: **Protect Breast Feeding: A Shared Responsibility**. The programme was held under guidance of Dr. Aastha Pandey, Dr. Ashlesha Dandekar and in collaboration with MAEERS college of Physiotherapy under guidance of Dr. Ankita Talreja. The health talk was given by interns Dr. Samrin Shaikh, Dr. Akshata Shahane, Dr. Damini Kidile (PT), Dr. Naina Agrawal (PT), Dr. Poonam Shirsath, Dr. Kunal Jasnani . Lactating Mothers and antenatal mothers and other community members of UHTC were present. The programme was interactive; all the mothers participated actively in the programme. Question, Answer session followed the talk. Explanation was given about need for early initiation of breast feeding, exclusive breast feeding and appropriate complimentary feeding.





International and national commemorative days and events-2020

Sr No.	Date	Year	Title of the activities	Organising unit/agency/ collaborating agency	No. of teachers participated in such activities	No. of students participated in such activities
1	5th February	2020	World Cancer Day	RHTC Sudumbare	4	20
2	8th March	2020	World Women's Day	RHTC Sudumbare	4	18
3	9th May	2020	COVID 19 Surveillance	UHTC Talegaon	2	16
4	25th May	2020	COVID 19 Duties	RHTC Sudumbre	4	10
5	31st May	2020	World No Tobacco Day	RHTC Sudumbre	5	15
6	1st July	2020	National Doctor's Day	UHTC Talegaon	5	10
7	11th July	2020	World Population Day	RHTC Sudumbre	4	16

ACTIVITY REPORT

Department : Community Medicine

Name of the activity: : World Cancer Day

Date of the activity: : 05/02/2020

Participants: : 4 Interns, 20 faculty members of PSM department

Name of place: RHTC Department of Community Medicine, MIMER Medical College

Brief description of the camp: : Programme was conducted to spread awareness about cancer under the guidance of Dr.S.V.Chincholikar and the department of community medicine

Pratibha Jundar
Professor
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhade

AL

1/11/2020
Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhade

The interns spoke to students and women and educated them about the methods of prevention and early detection of cancers

Prevention & early detection of cancers.



Signature of HOD,
Department of
Community
Medicine

11/11/2020
Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talgaon Dabhada

ACTIVITY REPORT

Department : Community Medicine

Name of the activity: : Women's Day

Date of the activity: : 08/03/2020

Participants: : 4 Interns, 18 faculty members of PSM department

Name of place: RHTC Department of Community Medicine, MIMER Medical College

Brief description of the camp: : Programme was conducted under the guidance of Dr.S.V.Chincholikar and the department of community medicine.

It was graced by our Medical Superintendent, Dr. Prashanth Kamath. The programme was attended by 35 women.

Entertaining games were conducted. Educative speeches were given by

R. Raju
Professor
Dept. of Community Medicine
MIMER Medical College
Talgaon Bishnasa

Al
Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talgaon Bishnasa

interns about the prevalence of anemia, balanced diet & importance of exercise in women

The importance of women empowerment & gender equality was told

Dr. Prashant Kamath also highlighted the importance of this while he spoke to women

Outcome of the activity:

The event was conducted by felicitation of the winner of the above mentioned games



Professor & Head
Dept. of Community Medicine
WIMR Medical College
Talgaon Dakheda

**Signature of
HOD,
Department of
Community
Medicine**

Women's day

ACTIVITY REPORT

Department : Community Medicine

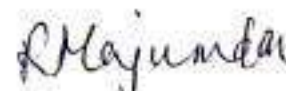
Name of the activity: : Covid-19 duties

Date of the activity: : 20/05/20

Participants: : 4 Interns, 10 faculty members of PSM department

Name of place: RHTC Department of Community Medicine, MIMER Medical College


Professor & Head
Dept. of Community Medicine
MIMER Medical College
Telangana Dabhadra


Professor
Dept. of Community Medicine
MIMER Medical College
Telangana Dabhadra

Brief description of the camp:

COVID - 19

Camp


During the time of COVID 19 Pandemic, the interns from RHTC and UHTC volunteered for COVID-19 duties.

During the time of COVID-19 Pandemic, the interns volunteered for the 'General checkup of quarantined homeless people recently migrated from other places to Talegaon Dabhade' at BhegadeKridaSankul, Maruti Mandir Chowk, Talegaon Dabhade from 20/05/2020.

Activities carried out were history taking, counselling, monitoring of temperature and flu like symptoms of the people

Interns were also posted at the COVID Care Centre at National Institute of Post-Harvest Technology (NIPHT), Talegaon Dabhade. Duties involved monitoring of COVID-19 suspected patients high risk contacts of COVID-19 positive patients and COVID-19 positive patients. They also attended 2 patients in a FLU- OPD at the Centre giving symptomatic treatment to patients.

Duties were performed while following guidelines for protection and sanitation along with staff. Interns worked along with staff form PHC Talegaon Dabhade,


Expt. of
MIMER Dabhade

ACTIVITY REPORT

Department : Community Medicine

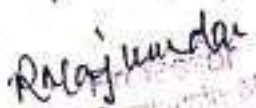
Name of the activity: World No Tobacco Day

Date of the activity: 31/05/20

Participants: : Marathi talk:Dr.Prajakta,Dr.Avinash
Singh,Dr.Siddarth Sharma
Social worker :Sunita Solanki
RHTC MO: Dr. Sucheta Kale
Dr.Abhay Tofkhane

Name of place: RHTC Department of Community Medicine,
MIMER Medical College


Professor & Head
Dept. of Community Medicine
MIMER Medical College
Telangana Disthoda


Dept. of Community Medicine
MIMER Medical College
Telangana Disthoda

Brief description of the activity:

World

No

Tobacco day

:

A health talk was arranged at MIMER RHTC , sudumbre maintaining social distancing on the occasion of "world no tobacco day"

Different types of tobacco , its effects on health system, information related to tobacco cancers, different measures to terminate the habit of tobacco chewing were told in presence of Dr.Kale.

A handwashing technique and preventive measures related to Covid 19 were explained and demonstrated by interns.

The above event was conducted under the guidance of Dr. Chincholikar sir and Dr. Aastha Pandey



Professor & Head
Dept. of Community Medicine
MIMER Medical College
Bilgata Dakhada

Signature of
HOD,
Department of
Community
Medicine

Activity report

Department

: Community medicine

Name of the

activity:

: Risk and Assessment and prevention of covid 19

Date of activity:

: 01/07/2020

Participants:

:
10 students + 5 teachers coordinating

Name of place:

: UHTC , Rural Hospital Mimer Medical College

Brief description of the activity:

: 1st July is celebrated as the National Doctor's Day in India to honor the legendary Dr. Bidhan Chandra Roy. The theme for this year's Doctors Day was "Lessen the mortality of COVID -19" In accordance with this theme; the staff here at UHTC had a discussion on the risk assessment and prevention of COVID19 transmission. 'The COVID 19 Risk Assessment of contact, adopted from District surveillance unit, Ernakulum' was displayed and explained to the staff at UHTC. It was stressed that the healthcare workers need to take extra precautions to avoid the risk of getting infected so that they can serve and help those in need.

It was carried out under the guidance of Dr. Ratna Majumdar Incharge UHTC and Dr.

Ratna Majumdar

Professor
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhade

R
Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhade

Activity report

Department : Community medicine

Name of the activity: : Awareness of population control and its methods

Date of activity: : 11/07/2020

Participants: :
16 students + 4 teachers coordinating

Name of place: : UHTC , Rural Hospital MIMER Medical College

Brief description of the camp: : The theme for world population day 2020 is "Protection of health and rights for women and girls" Due to the ongoing pandemic situation , public gathering was not held . One on one interactions were done by Dr .Avinash Singh and Dr. VivasvanBorkar explaining the advantages of contraception and women rights. Certain queries which were raised during these sessions were also clarified. This was done under the guidance of DrRatnaMajumdar, Professor, Dept.of Community Medicine and DR.S.V.Chincholikar, Prof&Head, Dept.of Community Medicine

Outcome of the activity : Certain queries which were raised during these sessions were also clarified.

Ratna Majumdar

Professor
Dept. of Community Medicine
MIMER Hospital, Goregaon
Telangana, India


Professor & Head
Dept. of Community Medicine
MIMER Medical College
Goregaon, Mumbai

International and national commemorative days and events -2019

Sr.No.	Date	Year	Title of the activities	Organising unit/agency/ collaborating agency	No.of teachers participated in such activities	No. of students participated in such activities
1	24th March	2019	World TB Day	MIMER Medical College UHTC Talegaon	8	20
2	31st May	2019	World No Tobacco Day	RHTC Sudumbre UHTC Talegaon	2	25
3	11th July	2019	World Population Day	MIMER Medical College Railway Station	6	35
4	1st-7th August	2019	Breastfeeding Week	MIMER Medical College RHTC Sudumbare UHTC Talegaon	7	20
5	30th-31st August	2019	Awareness drive for Communicable diseases	MIMER Medical College RHTC Sudumbare UHTC Talegaon	4	35
6	1- 7 Sept	2019	Nutrition Week	MIMER Medical College UHTC Talegaon	5	25
7	15-Sep	2019	Haemoglobin Check-up camp	Anganwadi Induri	3	20
8	21 st September	2019	World Alzheimer's Day	RHTC Sudumbare	2	20
9	2nd October	2019	Mahatma Gandhi Jayanti	MIMER Medical College	4	25
10	3rd October	2019	International Elderly Day	MIMER Medical College	2	30
11	10th October	2019	World Mental Health Day	MIMER Medical College UHTC Talegaon	3	20
12	14th November	2019	World Diabetes Day	RHTC Sudumbare UHTC Talegaon	4	30
13	1st December	2019	World AIDS Day	MIMER Medical College Railway Station	4	40

WORLD TB DAY 24TH MARCH 2019
INTER MEDICAL COLLEGIATE TUBERCULOSIS QUIZ 26TH MARCH
2019

No. of Students – 50

No. of Faculty – 08

World Tuberculosis Day is observed on 24th March every Year. This year as a part of activities for observation of world tuberculosis day, a quiz competition for undergraduate medical students was held. This was a Inter Medical Collegiate Quiz Competition and all the medical colleges in Pune participated in this quiz.

The subject of the quiz was “Tuberculosis”. The quiz was organized on 26th March by Dept. of Community Medicine in collaboration with District Tuberculosis Office, Pune.

The Team from Armed Force Medical College, Pune won the quiz competition.

The winners were given cash prize, Trophy and a book as token of appreciation. The books were sponsored by J.P Publication.





Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhade

WORLD NO TOBACCO DAY 31ST MAY, 2019

No. of Students – 20

No. of Faculty – 08

On the occasion of world no Tobacco day, an intensive one to one interactive session in the OPD and field visits in the surrounding areas were carried out. The patients and people from the community were explained about the hazards of tobacco smoking, risk of developing cancer and dangers of passive smoking. This is the beginning of week-long ICE activity at UH.T.C to observe no tobacco week.



RHTC

The negative impact that tobacco has on people's lung health, from cancer to chronic respiratory disease, the fundamental role lungs play for the health and well-being of all people.

Health awareness activity was carried out by the Interns/staff of RHTC at Sudumbre village. Health talk was given to explain the side effects of tobacco consumption, how to quit

tobacco. The villagers were told to consult our hospital to take advice to quit tobacco. About 5 people were present for the activity.



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Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talgaon Dabhede

Medical Assistance to National Rowing Championship was held at Army Rowing Node, Dapodi

22nd Sub-junior National and Fourth Interstate challenger National Rowing Championship was held at Army Rowing Node, Dapodi, from 7th of June to 11th of June 2019.

The whole event was organized by organizing committee of Maharashtra Rowing Association and Maharashtra Olympic Association, affiliated to Rowing Federation of India. As per the rules and regulations of Rowing Federation of India, the medical assistance for this sport event was provided by MIMER Medical College and Hospital, Talegaon Dabhade on the short notice given by the organizing committee. The medical assistance team was comprising of general physician, dentist, physiotherapist and a nursing staff member. On 7th and 8th June there were practice sessions in the morning from 7am to 12pm and in the evening from 4pm to 7pm. On 9th of June, the actual sport event started in 2 sessions which ended on 11th of June with the prize distribution ceremony. Total 29 teams of different states from all over India participated in this event, in categories like Sub-junior (below 13years of age), Junior(below 15years of age) and Challenger(open). The medical camp was setup near the event . The participants, the relatives and the coaches were treated with proper care by the doctors. A total of 530 participants were there.

The participants who were injured during the sessions with abrasions, cuts, lacerations were given dressings, Tetanus Injections, oral antibiotics and analgesics by the doctors promptly. The participants and the relatives who were suffering from fever, vomiting, body ache and throat infections also received medication and proper attention. The physiotherapist, treated the participants who were in acute pain, sprain, muscle spasm with the help of medication and ice packs.

Total 65 minor casualties were handled properly during this whole event.

On the 2nd day, after finishing of the practice session, the age verification was done for 100 boys and girls from Sub-junior and Junior categories with the help of the dentist from our team. Also the cases of oral ulceration and toothache were given medication by the dentist.

All the casualties were given proper attention and medical support by the doctors available in our team. The food was provided by the organizers. The vehicle assistance in the form of well equipped ambulance was provided by the MIMER Medical College and hospital. Medications were also supplied by MIMER Medical College and Hospital, Talegaon Dabhade. There were no serious or major casualties during this event.



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Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhede

WORLD POPULATION DAY 11th July 2019

No. of Students – 35

No. of Faculty – 06

Talegaon Railway Station

The world population day was observed in MIMER Medical College, Talegaon on 11th July 2019. On this occasion as a part of public awareness, a **Street Play** was conducted in OPD campus of BSTR Hospital Talegaon. This street play was carried out by Interns of Community Medicine Dept. . The topics such as importance of small family norm, problems of population explosion , family planning methods were included in the street play.

Dr. Rajendra Prasad Gupta, Principal, was present for the street play. Similarly faculty members of Dept. of Community Medicine and other department, Nursing staff and Patients were present for the function. Similarly this street play also conducted at Talegaon Railway Station. About 200 people were present to watch this street play.

The programme was organized under the guidance of Dr. S.V.Chincholikar , Professor & Head, Dept. of Community Medicine.





Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talgaon Dabhade

WORLD BREAST FEEDING WEEK
1st -7th August,2019

**AT TOP TECH ELECTRICALS COMPANY, NIMB PHATA,
TALEGAON DABHADE ON 06/08/2019**

No. of Students – 20

No. of Faculty – 07

MIMER Medical College, Talegaon And MAEER's College of Physiotherapy, along with Rotary Club of Talegaon organized a session for 150-200 working women in the factory - TOP TECH ELECTRICALS - on the importance & current theme of World Breastfeeding week.

Mr.Mahesh Mahajan, Founder & Executive Director of TOP TECH ELECTRICALS, warmly welcomed the medical staff comprising of Dr. Chincholikar& Dr. Dandekar along with interns & doctors of MAEER'S PHYSIOTHERAPY COLLEGE.

MrJadhav, President, Rotary Club Of Talegaon inaugurated the session.

The session comprised of Intern speakers demonstrating the various advantages of breast feeding to the child and mother. DrSnehal&DrSanyukta briefly introduced the topic & discussed at length; the need, awareness & advantages of breastfeeding & the concept of expressed breast milk.

Dr Pratiksha & Dr Shyamli from Physiotherapy College conducted a wonderful session wherein they demonstrated the various mother- friendly techniques of breastfeeding, the techniques of expressing breast milk and methods to change diapers of babies.

Lastly DrNinad briefly enlightened the theme of this year's World Breastfeeding Week i.e "Empowering Parents & Enabling Breastfeeding."

Dr. Ninad explained various government policies under Maternity Benefit Act & discussed the need for family participation in breastfeeding.



World Breastfeeding Week is held annually between the 1st – 7th of August to encourage breastfeeding and improve the health of babies around the world.

The theme for 2019 World Breastfeeding Week (WBW) has been announced as “Empower Parents, Enable Breastfeeding.”

This year the week was celebrated from 1st August to 7th August in MIMER Medical College & BSTR Hospital, Talegaon. It was organized jointly by departments of Community Medicine, Obstetrics & Gynecology, Pediatrics and Physiotherapy. The activities were held in PNC Ward, ANC Ward, and Pediatrics OPD & OBGY OPD.

To spread the awareness about breastfeeding, health talks, skit and video show were organized. Health talk was given by Dr. Ketaki and Dr. Mrunal. The talk included topics on advantages of breast feeding to mother and child. The skit was organized by Dept. Of OBGY and a Video on positioning of breast feeding was also shown. Students of Physiotherapy College explained about techniques and positions of breastfeeding under the guidance of Dr. Anuradha Sutar.

Dr. Vaishali Korde, Dr. Gopalghare, Dr. Powar from OBGY Dept. also expressed their views on this occasion.

Dr. S.J. Kulkarni, Dr. Maya Kshirsagar coordinated the programme under the guidance of Dr. S.V. Chincholikar, Professor & Head, Dept. of Community Medicine.



Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhade

Awareness Drive for Communicable Diseases 30th and 31st August 2019

No. of Students – 35

No. of Faculty – 04

The awareness drive for Communicable Diseases was observed in MIMER Medical College, Talegaon on 30th and 31st August 2019.

On this occasion as a part of public awareness, a **Street Play** was conducted in OPD campus of BSTR Hospital Talegaon. This street play was carried out by Interns of Community Medicine Dept. The topics regarding awareness about **Dengue Fever, Swine Flu, Malaria and Diarrheal Diseases** were included in the street play. Audience was informed about causation and prevention & control measures of these diseases.

Dr. Rajendra Prasad Gupta, Principal, Dr Kamat Medical Superintendent and other faculty members were present for the street paly. Similarly Nursing staff and Patients were present for the street play.

This street play was also conducted at Talegaon Railway Station. About 200 people were present to watch this street play.

On 31st August this street play was performed at Jijamata Kanya Shala, Hanuman Chowk Talegaon in field practice area of UHTC and at RHTC.






Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talgaon Dabhede

International and national commemorative days and events -2018

Sr.No.	Date	Year	Title of the activities	Organising unit/agency/ collaborating agency	No.of teachers participated in such activities	No. of stu participat such activ
1	8th March	2018	World Women's Day	Indian Institute of Information Technology Pune	2	20
2	24th March	2018	World Tuberculosis Day	UHTC Talegaon	8	20
3	26th April	2018	World Malaria Day	RHTC Sudumbre UHTC Talegaon	2	35
4	21st June	2018	World Yoga Day	RHTC Sudumbre	2	30
5	27th June	2018	REPORT OF TRAINING PROGRAMME OF VISITING AUSTRALIAN NURSING STUDENTS	MIMER Medical College	2	20
6	3rd July	2018	National Doctor's Day	MIMER Medical College	6	30
7	11th July	2018	World Population Day	MIMER Medical College Railway Station Talegaon	8	35
8	1st-7th August	2018	Breastfeeding Week	RHTC Sudumbre UHTC Talegaon	5	40
9	1st-15th August	2018	Swachhta Pakhwara	MIMER Medical College	15	35
10	1st-7th September	2018	Nutrition Week	MIMER Medical College RHTC Sudumbre UHTC Talegaon	6	20
11	5th September	2018	MR Vaccine awareness	UHTC Talegaon	2	20
12	21st September	2018	World Alzheimer Day	RHTC Sudumbre	2	25
13	1st October	2018	International Elderly Day	UHTC Talegaon	2	20
14	10th October	2018	World Mental Health Day	MIMER Medical College UHTC Talegaon	4	30
15	31st October	2018	Rashtriya Ekata Divas	MIMER Medical College UHTC Talegaon	4	35
16	14th November	2018	World Diabetes Day	RHTC Sudumbre UHTC Talegaon	4	30
17	1st December	2018	World AIDS Day	MIMER Medical College Railway Station Talegaon	7	30



UHTC





On the occasion of International Women's day 2018 theme "Press for progress", health camp for ' bone density and orthopedic checkup' has been organized in Urban Health Training Center.

Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talgaon Dabhede

International Women's day 2018 AT

Indian Institute of Information Technology Pune (Institute of Central Govt. MHRD).

No. of Students – 20

No. of Faculty -02

International Women's day 2018 was observed at Indian Institute of Information Technology Pune (Institute of Central Govt. MHRD).Dr. Madhura Ashturkar, Associate Professor, Dept. of Community Medicine conducted session on Women's Health. The topics included were Nutrition, lifestyle diseases, Sanitation including menstrual hygiene, impacts of gadgets on health and stress management.

Around 100 students and faculty of the institute attended the session, which was followed by question answers.





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Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhade

WORLD TUBERCULOSIS DAY 2018

24TH MARCH

No. of Students - 20

No. of Faculty -08

World Tuberculosis day was observed at Bhegade Ali under Urban health Center under the guidance of Dr. Ratna Majumdar & Dr. Ashlesha Dandekar.

Awareness about Tuberculosis, Symptoms of Tuberculosis, Prevention, strategy for ending TB up to 2025; all this information was given to the community members. Community members actively participated in the programme .






Professor & Head
Dept. of Community Medicine
KMER Medical College
Vetnagan Dabhadra

WORLD MALARIA DAY 2018

No. of Students - 35

No. of Faculty – 02

World Malaria Day observed on 26/04/2018 at Sudumbre in Community by RHTC, Sudumbare. Information about sign, symptoms, causes , prevention, precaution about Malaria disease given by Dr. Madhura Ashturkar, Dr. Sucheta kale and Interns .Question & Answers programme also conducted on the malaria disease. About 25 to 30 women's get benefitted. The programme was organised under the guidance Dr. S.V.Chincholikar HOD,Dept. Of Community Medicine ,MIMER Medical College, Talegaon.





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Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talgaon Dabhode

INTERNATIONAL YOGA DAY AT RHTC, SUDUMBRE 21st June 2018

No. of Students - 30

No. of Faculty -02

On the occasion of international yoga day, a yoga session was organized at RHTC, Sudumbre. The demonstrator for the day was Raksha Gorte 2nd year physiotherapy student. She is an accomplished yoga demonstrator and gold medal winner at international level. Accompanying her was Dr. Nitin and Dr. Aishwarya from Physiotherapy Dept., along with interns and staff. The programme was attended by 40 people from field practice area RHTC, Sudumbre. They actively took part in performing yoga. The Programme was conducted under the guidance of Dr. S.V.Chincholikar, Professor & Head, Dept. of Community Medicine






Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhede

REPORT OF TRAINING PROGRAMME OF VISITING AUSTRALIAN NURSING STUDENTS

No. of Students - 20

No. of Faculty -02

Dept. of Community Medicine organized one day training programme of visiting Australian nursing students from Charles Sturt University. The motive of the visit was to understand a Nurse's role in Indian Health Care system.

Eight Nursing students and one faculty member attended the programme on 27.06.2018. The students visited Bhausaheb Sardesai School of Nursing, Talegaon, Talegaon General Hospital, Bhausaheb Sardesai Talegaon Rural Hospital and Leprosy rehabilitation Centre (Udyogdham).

Dr. S.V.Chincholikar, HOD, Community Medicine gave an insight to the students about "Public Health scenario in India ". Students and faculty gave a very positive feedback regarding this programme.

It was coordinated by Dr. Rupali Bagga, Associate Professor , very effectively, under the guidance of Dr. S.V.Chincholikar , Professor & head, Dept. Of Community Medicine.







Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabhade

Doctor's Day 2018
MIMER Medical College & B.S.T.R Hospital, Talegaon Dabhade

No. of Students - 30

No. of Faculty -06

“ National Doctor's Day ” 1st July.2018, was celebrated at MIMER Medical College & B.S.T.R Hospital Talegaon Dabhade on 3rd July 2018. the Theme of this year is “They Take Care of Us 24 / 7.”

Function was organised in Medicine Ward. It was presided over by Dr. R.P.Gupta, Principal, MIMER Medical College. Dr. Vinayak More, Medical Superintendent was the chief guest. Senior faculties from various clinical, para clinical departments were also present for the function.Dr. Bhoge,HOD, Medicine, Dr. Shivmurti, HOD, OBGY, Dr. Sushma Sharma, Professor ,OBGY, Dr. Madhu Bansode, Professor , Medicine , Dr. Gopalghare , Associate Professor , OBGY, Dr. Khedkar, Associate Professor, Medicine, Dr. Powar, Incharge , Blood Bnak and faculty from Community Medicine were present for the function.

The Programme was organised by Dept. of Community Medicine . At the outset Dr. S.J.Kulkarni offered warm welcome to the dignitaries. All the Doctor's were felecitated with flowers by the patients. Importance of Doctor's Day was explained by Princiapl and other seneior faculty members. .

Dr. S.V. Chincholikar , HOD, Dept. of Community Medicine offerd thanks to the dignitaries , faculties,residentes , patients and nursing staff. On this occasion fruits were distrubuted to the patients.







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Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabheda

WORLD POPULATION DAY

11th July 2018

No. of Students - 35

No. of Faculty -08

The world population day was observed in MIMER Medical College, Talegaon on 11th July 2018. The theme of world population day for this year is “Family Planning is a basic human right”.

On this occasion as a part of public awareness, a **Street Play** was conducted in OPD campus of BSTR Hospital Talegaon. This street play was carried out by students and Interns. The topics such as importance of small family norm, problems of population explosion , family planning methods were included in the street play.

Dr. Rajendra Prasad Gupta, Principal, Dr. Vinayak More , Medical Superintendent , Dr. Bhoge , Professor & Head, Dept. Medicine Dr. Derek D’souza were present for the street paly. Similarly faculty members of Dept. of Community Medicine and other department , Nursing staff and Patients were present for the function.

The programme was organized under the guidance of Dr. S.V.Chincholikar , Professor & Head, Dept. of Community Medicine.





On this occasion as a part of public awareness, a **Street Play** was conducted in Jijamata Chowk, Talegaon, Talegaon Railway Station and Sudumbre Village . This street play was

carried out by Interns. The topics such as importance of small family norm, problems of population explosion, family planning methods were included in the street play.

The programme was organized by Dr. Aastha Pandey and Dr. S.J.Kulkarni under the guidance of Dr. S.V.Chincholikar , Professor & Head, Dept. of Community Medicine.











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Talgaon Dabhade

WORLD BREAST FEEDING WEEK 1ST AUGUST 2018 TO 7TH AUGUST 2018

AT RHTC, SUDUMBRE

No. of Students – 40

No. of Faculty -05

World Breast feeding week is celebrated every year from 1st to 7th August to encourage BF & improve the health of the babies around the world. Breast milk is the first vaccination that every child receives from the mother immediately after birth.

Theme: “Breast Feeding: Foundation of Life”.

To spread the awareness about breastfeeding a talk and video show was organized by RHTC Staff, Interns Community Medicine Dept. Students of Physiotherapy College explained to the women about advantages, techniques, positions of breastfeeding under the guidance of Dr. Nitin Nikhade. the programme was conducted by Dr. Maya Kshirsagar, Incharge RHTC, under the guidance of Dr. S.V.Chincholikar, Professor & Head, Dept. of Community Medicine.

Healthy Baby competition was conducted for the children age group 6 Months to 24 Months at Sudumbre Village. Prize distribution was done by Sarpanch, Mrs. Varsha Gade, Up-Sarpanch Mr. Jalindhar Gade and Dr. S.V.Chincholikar , HOD, Community Medicine at RHTC , Sudumbre.



Professor & Head
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Talgaon Dabhade

BREASTFEEDING WEEK 1ST AUGUST TO 7TH AUGUST 2018
MIMER MEDICAL COLLEGE, TALEGAON DABHADE

No. of Students - 40

No. of Faculty -05

World Breastfeeding Week is held annually between the 1st – 7th of August to encourage breastfeeding and improve the health of babies around the world.

The theme for 2018 World Breastfeeding Week (WBW) has been announced as “Breast Feeding: Foundation of Life”.

This year the week was celebrated from 1st August to 7th August in MIMER Medical College & BSTR Hospital, Talegaon. It was organized jointly by departments of Community Medicine, Obstetrics & Gynecology, Pediatrics and Physiotherapy. The activities were held in PNC Ward, ANC Ward, and Pediatrics OPD & OBGY OPD.

To spread the awareness about breastfeeding, health talk and video show was organized by Community Medicine Dept. It was given by Dr Prajakta Kadale and Dr Pramod Giri, PG students. A skit was organized by Dept. Of OBGY and a Video on positioning of breast feeding was also shown. Students of Physiotherapy College explained to the women present about advantages, techniques, positions of breastfeeding under the guidance of Dr. Nitin Nikhade and Dr. Anuradha Sutar.

Dr. Shivamurthy, HOD, OBGY & Dr. Bhavari, A.P, Pediatrics also expressed their views on this occasion.

Dr. Aastha Pandey, Dr. S.J.Kulkarni coordinated the programme under the guidance of Dr. S.V.Chincholikar, Professor & Head, Dept. of Community Medicine.









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**OBSERVANCE OF SWACHHTA PAKHWARA BY THE NATIONAL SERVICE SCHEME
(NSS) UNITS
(01-15th August, 2018)**

No. of Students - 35

No. of Faculty -15

Background

Hon'ble Prime Minister Sh. Narendra Modi urged the people of India to keep their surroundings clean during his first address to the nation on the eve of Independence Day. NSS have been conducting various activities under the cleanliness drive in the past.

To observe the Swachhta Pakhwara in befitting manner NSS organizations propose to conduct various activities during the observance of Swachhta Pakhwara. All the NSS Units will ensure due publicity of the activities/programmes to be conducted through all possible electronic and print media, so that the involvement of general public is also ensured in the celebration of this event. All the Regional Directorates of NSS will be entrusted with the responsibilities of providing guidelines to all the NSS units and also monitor the programme/activities during the conduct of the event. All the Regional Directorate will submit a brief report along with the action photographs and paper clippings after the culmination of the event. They will also ensure the necessary support of local authorities and other agencies as an when need arises during the conduct of various activities.

Action Plan

The following activities/programmes are proposed to be conducted by all the NSS Units across the country during the observance of Swachhta Pakhwara from 01st to 15th August, 2018:

1st August, 2018	One day seminar on Swachhta will be organized by all the NSS Units in the country, where locally available eminent speakers will be invited to address the NSS Volunteers on the various issues of Swachhta. The event will end with the Swachhta Shapath (Oath) by all the NSS Functionaries including NSS Volunteers.
2nd - 5th August, 2018	All the NSS Units will devote Four days for cleaning their respective campus of their institutions. They will ensure that they clean each and every part of their campus like classrooms, laboratories, libraries, toilets, auditoriums, playgrounds, lawns, roads etc.
6th - 8th August, 2018	During the period, the NSS Volunteers shall visit the adopted village/slum and take up door to door campaign to make the local masses aware about the importance of cleanliness in their surroundings. During the campaign the discussion will be focused on Open Defecation Free (ODF) village/slum. The villagers will be convinced to construct the toilets in their premises and also to make use of them. NSS Units will also be

	directed to procure informative material like leaflets, handouts from the local agencies working in the similar fields, for further distribution to the people while visiting door to door in the adopted areas.
9th - 10th August, 2018	All the NSS Units will devote Two days for intensive cleaning of the adopted villages/slums. Efforts will be made to involve local people so that they understand the dignity of labour and develop a habit of keeping their surroundings clean.
11th - 13th August, 2018	All the NSS Units will identify locally based 1-2 welfare agencies like hospitals, dispensaries, community centers, old age homes, orphanages, center for disabled, rehabilitation centre, railway station, bus stations/stops etc., and dedicate their services for cleaning the area of the agencies and also to take up various welfare activities in the agencies. Special drives may be taken to clean statues & Archeological sites and tourist Places.
14th August, 2018	All the NSS Units will organize rallies in their respective cities/villages by depicting various messages of cleanliness on banners and placards to create awareness in the masses.
15th August, 2018	All the NSS Units will hold a meeting of NSS Volunteers in their campuses under the Chairmanship of the Head of Institution and will discuss the future plans of sustaining cleanliness in the area. Head of the institution may declare the institution as “Clean Institution”


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National Nutrition Week 1st September 2018 to 7th September 2018

Venue: UHTC, TALEGAON DABHADE

No. of Students – 20

No. of Faculty – 06

A healthy food cooking competition was held for the field practice residents of UHTC, Talegaon Dabhade. The competition was organized and judged by Dr. Majumdar, Dr. Madhura and Dr. Ashlesha of our PSM Dept. and assisted by 4 UHTC interns, sister and social worker. The competition had a good response by the local residents and 21 females participated with their innovative healthy recipes. Different healthy dishes like Parathas, Thalipeeth, Dates Cake, Multigrain Ladoos etc. were presented by the participants. They were judged on the basis of nutritive value, presentation, taste and the effort behind every dish and 3 winners were announced. They were given tokens of appreciation for their performance and to encourage them for further participation in such social gatherings.

Everyone was explained the importance of healthy diet for all age groups and different ways of fortification of food. All women seemed satisfied and happy with the arrangement and insisted on more such gatherings in the future.





AT RHTC, SUDUMBRE

RHTC, TALEGAON DABHADE

National Nutrition week is celebrated every year from 1st to 7th Sept.2018 to create awareness about nutrition for their better health.

Theme: “Go further with food”

To spread the awareness about Nutrition. Health talk was organized by RHTC Staff, Interns Community Medicine Dept. the programme was conducted by Dr. Maya Kshirsagar, Incharge RHTC, under the guidance of Dr. S.V. Chincholikar, Professor & Head, Dept. of Community Medicine.





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MEASLES RUBELLA VACCINE AWARENESS CAMPAIGN
05/09/2018

No. of Students – 20

No. of Faculty - 02

A programme was conducted in the urban health care center to raise awareness about the MR vaccine, under the supervision of Dr Majumdar and Dr Ashlesha by social worker Mrs. Lalita and interns. Many people from UHTC field practice area attended the programme and were educated about the importance of the vaccine and were advice to get all infants in the family vaccinated with the MR vaccine at 9 and 16 months.

Interns also spread awareness about this vaccine by going door to door and telling people about the dose schedule and importance. Students of MBBS and BPth of MIMER Medical College were also educated about this new vaccine. 39 in vaccinated girls in 1st and 2nd year were also administered this vaccine as a part of the campaign.

Attachments area




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**WORLD ALZEIMER'S DAY CELEBRATION AT RHTC SUDHUMBRE
21/09/2018**

No. of Students – 25

No. of Faculty – 02

World Alzheimer's day was celebrated at RHTC Sudhumbre on 21/09/2018. It was celebrated in the community and in the centre itself. Around 25 people were present. Information regarding symptoms ,prevention of Alzheimer's disease was given. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present for that function. The programme was organised under the guidance of Dr. Maya Kshirsagar & Dr. S.V.Chincholikar. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.





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Celebration of International day of the elderly

1ST OCTOBER,2018

No. of Students – 20

No. of Faculty - 02

International day of the elderly was celebrated at the urban health centre on 1st October 2018 in collaboration with the college of physiotherapy. The programme was organised by Dr. Ashlesha Dandekar under guidance of Dr R Majumdar, Professor, and Dr. S.V.Chincholikar, Professor & Head, Dept. Of Community Medicine.

The theme for this year was elder human rights champions.

A health survey was organised for the elderly population living in the field practice area of the urban health training centre.

Routine health check up including weight and blood pressure was done. 30 people attended the programme.

The physiotherapists from college of physiotherapy also assessed the geriatric people for musculoskeletal problems and management where necessary.

After the check up, an interactive session was held where the participants were advised on their rights as older persons in accordance with the theme.

A talk was given by the interns describing common ailments affecting their age group such as osteoarthritis and diabetes mellitus. Treatment options and preventive measure for the same were also addressed.

After the session, there were activities held by the physiotherapy college. These included performing basic balance and strength exercises.

Finally games such as races and musical chairs were held to recap the things that had been taught and to ensure they had fun.



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World Mental Health Day Programme UHTC 2018

10th october

Theme: Young people and mental health in a changing world.

No. of Students – 30

No. of Faculty - 04

A Programme was conducted in UHTC, Talegaon under the guidance of Dr. Majumdar, Dr. Ashlesha and social worker Mrs. Lalita. Psychiatrist Dr. Ashish Arya from Dr. BSTR Hospital, Talegaon for this event.

According to WHO, Mental Health has become a major problem in our country, so Community members were educated about mental health and its problems. Common mental illnesses were described and awareness about the day to day lifestyle related mental disorders was given. Adolescent age related problems and geriatric mental health problems were discussed in detail. They were asked to come forward not be ashamed to seek help for counseling or medication as required. Consultation by Dr. Arya was given after the speech.







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MIMER Medical College, Talegaon Dabhade

Rashtriya Ekta Divas 2018

No. of Students – 35

No. of Faculty - 04

Rashtriya Ekta Divas was celebrated at Urban Health Centre, Talegaon Dabhade by NSS volunteers of MIMER Medical College, Talegaon Dabhade .

A short speech on the importance of unifying India and the role of Sardar Vallabhbhai Patel in national integration was given, followed by the singing of patriotic songs.

The programme was organized under the supervision of NSS chairperson, Dr.Ratna Majumdar on 31st Oct.2018, between 10.30am to 11.30am. The Audience also joined in chorus. 26 NSS students and Community members from field practice area participated in the programme.





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World Diabetes Day, 2018
At UHTC, Talegaon

No. of Students – 30

No. of Faculty - 04

World Diabetes Day was observed on 14th Nov.2018, at UHTC Talegaon. Theme for this year is “The family and Diabetes”. Health talk was organized to create awareness about diabetes among general population, followed by question answer session.

Special focus was given on importance of Diet, exercise and lifestyle modification for prevention and control of diabetes. Health talk was given by Interns and Dr. Pramod Giri, PG Student, Community Medicine.

There was good response from the community and 30-40 people were present for the session.

The programme was organized under the guidance of Dr. S.V.Chincholikar, Professor & Head, Community Medicine.



World Diabetes Day, 2018
At RHTC, Talegaon

No. of Students - 30

No. of Faculty – 04

World diabetes day was observed on 14th November 2018 at village Sudhavadi. About 25 peoples present for this occasion. Informative talks about risk factors in diabetes, available facilities for diagnosis and treatment and self care in diabetes were given. Finally answers were given to the question from villagers. Dr. Topkhane Medical Officer, RHTC Staff & Interns were present.

The programme was organized under the guidance of Dr. S.V.Chincholikar, Professor & Head, Community Medicine.





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STREET PLAY ORGANISED AT TALEGAON RAILWAY STATION

WORLD AIDS DAY 2018

No. of Students – 30

No. of Faculty - 07

WORLD AIDS Day 2018 was observed in MIMER Medical College on 01/12/2018 . The theme of this year is “ Know your status”. On this occasion a Street Play was organised at **Talegaon Railway Station** by Medical Students.

The street play included the topics on common modes of transmission, the presenting symptoms and the preventive measures for HIV/AIDS

The street play was organised by Dr. Aastha Pandey under the guidance of Dr. S.V.Chincholikar, Professor & Head Dept. Of Community Medicine. Dr. S.J. Kulkarni and other staff took efforts for making it a success.





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International and national commemorative days and events -2017

Sr.No.	Date	Year	Title of the activities	Organising unit/agency/ collaborating agency	No.of teachers participated in such activities	No. of students participated in such activities
1	30th January	2017	World Leprosy Day	RHTC Sudumbre	2	25
2	4th February	2017	World Cancer Day	RHTC Sudumbre	2	30
3	8th March	2017	World Women's Day	RHTC Sudumbre	2	20
4	16th March	2017	World no smoking day	RHTC Sudumbre	2	30
5	22nd March	2017	World Water Day	MIMER Medical College	2	25
6	24th March	2017	World TB Day	RHTC Sudumbre	3	25
7	7th April	2017	World Health Day: Depression let's talk	MIMER Medical College	9	35
8				UHTC Talegaon		
9	11th April	2017	National Safe Motherhood day	Camp At Tungi	2	30
10	26th April	2017	World Malaria Day	RHTC Sudumbre	2	35
11	31st May	2017	World No Tobacco Day	UHTC Talegaon	2	30
12	5th June	2017	World Environment Day	MIMER Medical College	6	30
13	14th June	2017	Severe dehydration control programme	UHTC Talegaon	2	20
14	14th June	2017	ORS Demonstration	UHTC Talegaon	2	25
15	11th July	2017	World Population Day	MIMER Medical College	7	35
16	1st-7th August	2017	Breastfeeding Week	RHTC Sudumbre	4	30
17	28th-30th August	2017	Organ Donation Camp	MIMER Medical College	6	20
18	1st-7th September	2017	National Nutrition Week	RHTC Sudumbre	4	25
19	1st-7th September	2017	National Nutrition Week	UHTC Talegaon		
20	14th November	2017	World Diabetes Day	RHTC Sudumbre	3	30

WORLD LEPROSY DAY CELEBRATION AT RHTC30th JANUARY

No. of Students – 25

No. of Faculty - 02

World Leprosy day was celebrated at RHTC Sudhumbre on 02/02/2017. Around 15 people were present. They were informed about causes, diagnosis, management and prevention of “Leprosy”. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present for that function.

The programme was organised under the guidance of Dr. S.J. Kulkarni, Incharge , RHTC & Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegao





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WORLD CANCER DAY CELEBRATION AT RHTC SUDHUMBRE

4TH FEBRUARY

No. of Students – 30

No. of faculty - 02

World Cancer day was celebrated at RHTC Sudhumbre on 07/02/2017. Around 20 people were present. They were informed about causes, diagnosis, management and prevention of “Cancer”. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present for that function.

The programme was organised under the guidance of Dr. S.J. Kulkarni, Incharge , RHTC & Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.





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WORLD WOMENS DAY CELEBRATION AT RHTC SUDHUMBRE

08/03/2017

No. of Students – 20

No. of Faculty - 02

World Womens day was celebrated at RHTC Sudhumbre on 08/03/2017. The theme for the Year 2017 is – “ Be Bold For Change” . Around 44 Women and Anganwadi Workers were present. It was organised in colaboaration with ICDS dept. Dr. A. Topkhane , Dr. S. Kale. Informed about health problems of women. They were also informed about anemia. Physiotherphy Interns demonstrated fitness exercises for women. ICDS supervisor discussed various Govt. skims for Women. Interns and RHTC Staff were also present for that function.The programme was orgnanised under the guidance of Dr. S.J. Kulkarni, Incharge , RHTC & Dr. Bandana Patnaik. Prof & Head,Dept. Of Community Medicine ,MIMER Medical College, Talegaon.




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WORLD NO SMOKING DAY CELEBRATION AT RHTC SUDHUMBRE

16/03/2017

No. of students – 30

No. of Faculty - 02

World No Smoking day was celebrated at RHTC Sudhumbre on 16/03/2017. Around 22 people were present. RHTC Interns create awareness about harmful effects of smoking to Community. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present for that function.

The programme was organised under the guidance of Dr. S.J. Kulkarni, Incharge , RHTC & Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.





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World Water Day

22nd March 2017

No. of Students – 25

No. of Faculty - 02

World Water Day was celebrated by the student volunteers of NSS at MIMER Medical College with a view to educate the masses about the need to conserve water. The celebration was commenced by the SAVE WATER PLEDGE followed by WALK FOR WATER, a rally which was aimed at creating awareness among the local communities. Placards and slogans aided in conveying the message that Water conservation is the need of the hour!





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WORLD TUBERCULOSIS DAY CELEBRATION AT RHTC SUDHUMBRE

24/03/2017

No. of Students – 25

No. of Faculty – 03

World Tuberculosis day was celebrated at RHTC Sudhumbre on 24/03/2017. More than 20 people were present. They were informed about What is TB , Sign , Symptoms of TB and How it can be prevented and cured. Management

Speech was given by Dr. Ritesh Sutar , Dr. Julie Pandey , Interns , Poster was presented by Dr. Apoorva Roadage & Dr. Madhuvanti Sonavane .

The programme was organised by Dr. Aastha Pandey, Dr. A. Topkhane. Interns and RHTC Staff was also present for that function.

The programme was organised under the guidance of Dr. S.J. Kulkarni, Incharge , RHTC & Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.





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World Health Day 7th April 2017

Depression- Let's Talk

No. of Students – 35

No. of Faculty - 09

World Health Day of the year 2017 was celebrated in MIMER medical College. The theme of this year is “Depression- Let's Talk”. It was celebrated jointly by Dept of Community Medicine and Dept of psychiatry. On this day lecture, street play and poster presentation were organized. Dr Aneesh Bhat Associate Professor, Dept of Psychiatry delivered a lecture on Depression. This was followed by a street play, conducted in OPD building. This street play was organized by Dept of Community Medicine. Interns and students from third and second year took part in this street play. Patients in OPD, medical students, nursing students, faculties from other departments attended these programmes. The programme was organized under the guidance of Dr B. Patnaik, Professor and Head, Dept of Community Medicine. Dr Chincholikar, Prof and Dr Kulkarni, Assistant Professor took special efforts to make this programme a success.






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STREET PLAY ON WORLD HEALTH DAY 2017

No. of Students – 35

No. of Faculty - 09

World Health Day of the year 2017 was celebrated in MIMER medical College. The theme of this year is “Depression- Let’s Talk” conducted at the Jijamata Chowk in Talegaon (D), near the Urban Health Center and the response was tremendous. Awareness of Depression, it's signs and symptoms and the extent of problem that prevails in the society was explained to the people. The next day, the students and the interns also performed the play near the Rural Health center on the streets of Sudumbre village.

Special acknowledgement to the students of Second year and Third year MBBS batch for their valued support and help in making this play a success.

UHTC, Talegaon Dabahde





RHTC, Sudhumbre






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**National Safe Motherhood Day
11th April 2017**

No. of Students – 30

No. of Faculty – 02

On occasion of National Safe Motherhood Day on 11th April 2017. A camp at Tungi village near Lonavala was conducted in association with DISHA and ESSAR Company. Health talk on safe motherhood was given by Dr. Ashlesha Dandekar. 58 patients were seen with 34 hemoglobin examinations were done and 15 patients were referred to Dr. B.S.T.R. Hospital, Talegaon.

The camp was organized under the guidance of Dr. Mrs B. Patnaik, Prof and HOD of Community Medicine.





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**“DISHA” HAEMOGLOBIN CAMP AT VILLAGE BUDHWADI ON
18/04/2017**

No. of Students - 20

No. of Faculty - 02

A health camp was held for women of reproductive age group in village Budhwadi. This was in collaboration with “DISHA” an NGO working with self-help groups. 36 women were examined and their hemoglobin levels were determined. Dietary counselling and medical treatment for anemia was given. 10 women were referred for specialist care to Dr. B.S.T.R Hospital. The camp was organized under the guidance of Dr. MRS. B. PATNAIK, Prof and HOD & Dr. Ratna Mujumdar, Professor, Dept. of Community Medicine.





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WORLD MALARIA DAY -2017
RHTC SUDUMBARE

No. of Students – 35

No. of Faculty - 02

World Malaria Day (25th April) was celebrated at RHTC, Sudumbare on 26th April 2017. There were are 25th People present for our programme done in “Thakar Vasti” near Sudumbare village where we informed the people about the causes, symptoms, Managements & Prevention of Malaria.

Speech was given by RHTC Interns. The Program was organized by Dr. Aastha Pandey, Associate Professor & RHTC Staff, under the guidance of Dr. Mrs. B. Patnaik, Professor & Head, Dept. of Community Medicine.





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World NO TOBACCO DAY 2017 CELEBRATION AT UHTC TALEGAON

World no tobacco day was celebrated on 31st of May 2017, by Urban Health Centre of MIMER Medical College, Talegaon Dabhade. The interns posted at the UHTC went to nearby homes and informed the residents of the ill effects of tobacco and the benefits of quitting, they were informed of the assistance that can be provided by their family and our hospital on their quest to rehabilitate their life. Here are some photographs of the event.



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World Environment Day

5TH June

No. of Students – 30

No. of Faculty – 06

The student volunteers of NSS undertook a sapling plantation campaign to commemorate World Environment Day 2017 at MIMER Medical College. Taking into consideration the climate and soil conditions, a variety of saplings were planted. Each of the students adopted a sapling each. The campaign was thus aimed at creating a community of passionate tree planters and lovers who work towards preventing the loss of green cover and promoting afforestation.





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SEVERE DEHYDRATION CONTROL PROGRAMME
Rural Health Training Centre, Sudumbare
14th June

No. of Students – 20

No. of Faculty - 02

DEATHS DUE TO DIARRHEAL DISEASES ARE MAJOR CONCERN IN INDIA TO INCREASE AWARENESS AND TO PROMOTE NEW CONCEPTS ABOUT “TIVRA ATISAAR NIYNTRAN PANDHRAVADA” (SEVERE DEHYDRATION CONTROL PROGRAMME) SEVERE DEHYDRATION CONTROL PROGRAMME WAS CELEBRATED IN RHTC SUDHUMBRE AT SCHOOL & AANGAWADI OF THAKARWASTI ON 14/06/2017. THE IMPORTANCE OF ORS AND PREVENTION OF DIARRHEAL DISEASES WERE EXPLAINED BY INTERNS AND DR. TOPKHANE , DR. KALE AND RHTC STAFF. HOMEMADE PREPARATION OF ORS WAS DEMONSTRATED AND CAUSES OF DIARRHEAL DISEASE WERE ELABORATED.

THE PROGRAMME WAS ORGANIZED UNDER THE GUIDANCE OF DR. MRS. BANDANA PATNAIK, PROFESSOR & HEAD, COMMUNITY MEDICINE.





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Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talgaon Dabheda

**ORS DEMONSTRATION 14/06/2017 AT
URBAN HEALTH TRAINING CENTRE, TALEGAON DABAHADE**

No. of Students – 25

No. of Faculty – 02

THE INTERNS POSTED AT UHTC, TALEGAON WENT ON A FIELD VISIT TODAY TO SPREAD AWARENESS ABOUT THE USE OF ORS PACKETS.

ORS DEMONSTRATION WAS GIVEN IN THE AAGANWADIS OF THE UHTC FIELD PRACTICE AREA. THE COMMUNITY WAS INFORMED ABOUT THE AVAILABILITY AND WHEN AND HOW TO USE THE PACKETS. THEY WERE ALSO INFORMED ABOUT HOW TO MAKE THEIR OWN ORS AT HOME AND VARIOUS HOME AVAILABLE FLUIDS FOR ORS. PROPER INFORMATION REGARDING EACH AGE GROUP WAS PROVIDED TO THE COMMUNITY.



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WORLD POPULATION DAY 11th July 2017

No. of Students – 35

No of Faculty - 07

The world population day was observed in MIMER Medical College, Talegaon on 11th July 2017. The theme of world population day for this year is “Family planning: Empowering People, Developing Nations”.

During this programme activities such as Lecture on World Population day and street play were conducted. Lecture was organized for students, residents and other college staff. It was given by Dr. Madhura Ashturkar. Street play was carried out in college porch and OPD campus. It was organized under the guidance of Dr. S.J. Kulkarni and other faculty members from dept. The students of II MBBS batch took part in street play. Dr. Rajendra Prasad Gupta, Principal, Dr. Alka Sontakke, Director – Administration, Dr. Sandhya Kulkarni, Professor & Head, Dept. of Microbiology and other faculty members attended the programme .

The programme was organized under the guidance of Dr. S.V.Chincholikar , Professor & Head, Dept. of Community Medicine.





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Professor & Head
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Breastfeeding week 1st August to 7th August 2017

No. of Students – 30

No. of Faculty - 04

World Breastfeeding Week is held annually between the 1st – 7th of August to encourage breastfeeding and improve the health of babies around the world.

The theme for 2017 World Breastfeeding Week (WBW) has been announced as “Sustaining Breastfeeding Together”.

As a part of activities for the week, first day of the week was celebrated in OPD and PNC ward of Obstetrics and Gynaecology Department of MIMER medical College and BSTR Hospital. The programme was organized by Departments of Community Medicine, OBGY and Physiotherapy.

To spread the awareness about breastfeeding a talk was organized. It was given by Dr Sayali and Dr Prajkta , PG student and Mrs Anuradha Sutar. Here advantages, techniques, positions of breastfeeding were explained to the women present in OPD and PNC ward.

A poster competition was also held for students. Students participated in groups .Prizes were announced first three posters. The names of the groups of students are:

- 1.Tanaya Patole, Simran Shah, Snehal Saste, Satyajeet Rakh
- 2.Mahima Pawar, Shweta Patil, Shahbaaz Qureshi
- 3.Sharadraj Pillai, Shreelakshmi Pillai

A video film on breast crawl was also shown to the mothers. At the end Dr Ashlesha Dandekar conducted an interactive session and answered the queries of the mothers.

The programme was conducted under the guidance of Dr S V Chincholikar Prof. and HOD , Department of community Medicine.





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Organ Donation Campaign 2017

28th -30th August

No. of Students – 20

No. of Faculty – 06

- Organ Donation Campaign 2017 was launched by Govt of Maharashtra from 28/08/2017 to 30/08/2017.
- It was jointly organized by Medical Education and Research Department and Public Health Department.
- For implementation of campaign in MIMER Medical College, Dr S. V. Chincholikar, Professor and HOD Community Medicine appointed three faculties from Dept of Community Medicine, Dr R Majumdar, Professor, Dr.Aastha Pandey, Associate Professor and Dr Maya Kshirsagar Asst Professor .
- Different activities were carried out by MIMER Medical College as per instructions given by University.
- All HODs were asked to brief students and non teaching staff of their respective dept about campaign.
- Day wise report of activities is as follows:
- **Report of activities :**

1)Day 1 on 28/08/2017 :

- Poster competition was organized.

- First two candidates for poster competition are:

1. Aishwarya Ingole
2. Rituja Jadhav



2) Day 02 on 29/08/ 2017

Essay competition was organized.

- First two candidates for essay competition are :

1. Jaya Bhoir
2. Kshitija Surve





3) Day 03 on 30/08/ 2017

The students are sensitized for organ donation.

Organ donation oath was given to students of MIMER Medical College.

The prizes were distributed to the winners of Essay competition and Poster competition.



Oath taking





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Talegaon Dabhede

National Nutrition week 2017,
1st -7th September
RHTC, Sudumbare

No. of Students - 25

No. of Faculty - 04

National Nutrition Week is observed in order to make the people get knowledge about the Nutrition and its Importance for the Human Body. It is used to celebrate from the 1st of September to the 7th of September to make the people focus on the Nutrition for their better Health. This year the week is celebrated in adopted are of RHTC, Sudumbare.

01/09/2017:

First day of NUTRITION WEEK 2017, was celebrated at RHTC Sudhumbre on 01/09/2017 at Jilha Parishad School, Sudumbre. Students from 1st to 7th Std were present. Information regarding importance of balanced diet was given. Demonstration of various food Article like pulses, jaggery, Wheat was given and their importance was highlighted. Students were also informed about healthhazards of Junk Food. They were also told about basic food sanitation practices. There was good cooperation from teachers of the school. Dr. S.J.Kulkarni, Dr. Rupali Verma , Dr. S. Kale along with Interns and RHTC Staff carried out this programme .





04/09/2017:

On this day nutrition demonstration programme was arranged for adolescent girl students of Sant Tukaram School, Sudumbare. Information regarding balanced diet, nutritive values of common Indian foods was given with demonstrations. Special focus was on Iron rich food sources. Speeches were given Dr Madhura Ashturkar, Dr kale and Interns from RHTC. About 120 girl students were present for this programme.





06/09/2017:

On this day nutrition demonstration programme was arranged for pregnant and lactating mothers in NDRF campus at Ganeshnagar. Information regarding diet in pregnancy, lactation period was given. Importance of additional calories in diet for development of foetus and new born baby during these conditions was highlighted. Speeches were given by Dr Vaishali, Dr kale and Interns. About 25 women attended this programme.





07/09/2017:

On this day nutrition demonstration programme was arranged for elderly people. Information regarding balanced diet, dietary modifications in diseases like Diabetes, hypertension, Osteomyelitis was given. Health check up all elderly people was also carried out. Speeches were given by DrKale and interns.






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NUTRITION WEEK 2017 CELEBRATION AT UHTC, TALEGAON

01/09/2017

No. of Students - 25

No. of Faculty - 04

Keeping in mind the theme for this year National Nutrition Week – “Optimising Infant and young child feeding practices” . The following programme is planned

01.09.2017 -Nutrition awareness generation for Women (Reproductive age group).

04.09.2017 -Nutrition awareness generation for Adolescent Girls.

06.09.2017 -Demonstration of low cost recipe (Nutrition Demonstration) for Community.

07.09.2017 -Community Meeting at Anganwadi

In accordance with the above programme, today i.e 01/09/2017 awareness generation on maternal & child nutrition was done for women of reproductive age group. A group of 15-20 women from our field practice area attended the sensitisation programme. They were made aware of balanced diet and the role of Micro and Micronutrients in diet with the help of charts and models.





04.09.2017

A nutrition awareness programme was conducted for girls of std.5th to 10th of Ngaraparishad school at Maruti Mandir. Talk was given by Dr. Ashlesha Dandekar regarding importance of micronutrients in diet. The students were particularly told about importance of Iron and Calcium in diet. They were educated about the various food groups and their importance in diet. This was followed by question and answer session.





07/09/2017

On the occasion of national nutrition week ,awareness program regarding child nutrition and nutrition of females in reproductive age group was conducted in Sane Ali aanganwadi by Dr Ashelsha Dandekar Dr Advait and Dr Abhilasha discussion regarding the current diet practices and the requirements for an ideal balance diet to place.Women were demonstrated the diet plan for new borns and themselves that included importance of vitamins proteins and fibres with the help of models and charts Enthusiastic participation was observed by 30 women and their children. The session with concluded with resolution of queries of the mother and pregnant women.Feedback was taken to make sure that people understood the importance of nutrition.



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WORLD DIABETES DAY

14th November, 2017

Theme: Women and diabetes - Our right to a healthy future.

No. of Students - 30

No. of Faculty - 03

On occasion of the World Diabetes Day on 14th Nov. 2017, a mass education campaign was conducted as a street play in the MIMER MEDICAL College. 2nd MBBS students participated in the street play. It was conducted in the OPD complex of the BSTR Hospital, Talegaon so as to reach maximum number of patients and their relatives. Dr. S. V. Chincholikar, Professor & Head, Dr. Aastha Pandey, Dr. S. J. Kulkarni along with the staff from the Department of Community Medicine facilitated the activity.





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INTERNATIONAL AND NATIONAL COMMOMERATIVE DAYS AND EVENTS-2016

Sr.No.	Date	Year	Title of the activities	Organising unit/agency/ collaborating agency	No.of teachers participated in such activities	No. of students participated in such
1	4th-6th January	2016	Free diagnostic camp at sudumbre on occasion of "jagnade maharaj saptah"	RHTC Sudumbre	10	25
2	6th January	2016	Inaugration of Geriatric OPD	UHTC Talegaon	3	25
3	21st February	2016	Matrubhasha Divas	MIMER Medical College	4	30
4	8th March	2016	International Women's Day	RHTC SUDUMBRE	2	35
5	28th March	2016	Women Health Camp	Samparc Medical Centre Malavali	5	30
6	7th April	2016	World Health Day	MIMER Medical College UHTC Talegaon RHTC Sudumbre	8	40
7	7th April	2016	Dermatology Camp	RHTC Sudumbre	21	25
8	31st May	2016	World No Tobacco Day	Sudawadi Village	2	35
9	2nd,9th,16th,23rd,30th June	2016	Multispeciality camp	RHTC Sudumbre	12	20
10	21st June	2016	International Yoga Day	MIMER Medical College	18	25
11	1st-7th August	2016	Breastfeeding Week	MIMER Medical College Anganwadi PHC Talegaon	4	40
12	30th-31st August	2016	Organ Donation Campaign	MIMER Medical College	7	20
13	1st-7th September	2016	Nutrition Week	MIMER Medical College RHTC Sudumbre	4	35
14	26th September	2016	Tree plantation	MIMER Medical College	9	20
15	19th October	2016	World Menopause Day	RHTC Sudumbre	2	20
16	21st October	2016	World Osteoporosis Day	RHTC Sudumbre	2	25
17	26th October	2016	World Obesity Day	RHTC Sudumbre	2	30
18	November	2016	Swaccha Bharat Abhiyan	RHTC Sudumbre MIMER Medical College	7	35
19	1st December	2016	World AIDS Day	MIMER Medical College RHTC Sudumbre UHTC Talegaon	9	20

FREE DIAGNOSTIC CAMP AT SUDUMBRE ON OCCASION OF “JAGNADE MAHARAJ SAPTAH”

4th -6th JAN,2016

No. of Students – 25

No. of Faculty - 10

- Free diagnostic camp is organized at RHTC, Sudumbare on occasion of “Jagnade Maharaj Sapthah.”
- Many pilgrims from nearby area attend the function to take Darshan in the temple during this period.
- Therefore, to offer medical aid to these pilgrims a diagnostic camp is organized at RHTC Sudumbare from 04/01/2016 to 08/01/2016
- Besides this, special diagnostic camp for women for OBGY dept. was organized, on 5th Jan 2016. Dr. Bijal Mistry was present as specialist.
- On 6th Jan 2016 Special diagnostic camp from Ophthalmology dept. was organized. Dr. Bhamini Kamble was present as Specialist.
- Total 96 patients are examined and treatment of minor ailments was given.
- Physiotherapy camp is also being organized during this period in coordination with Physiotherapy Dept. Patients are taking benefit of physiotherapy.
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**INAUGURATION OF GERIATRIC OPD
ON 6TH JAN 2016, AT THE URBAN HEALTH CENTRE**

No. of Students – 25

No. of Faculty - 03

In the presence of Dr. R. Majumdar I/C, UHTC, Dr. S.J.Kulkarni and Dr. Harshal Sabane from Dept. Of Community Medicine and Dr. Nigar and Dr. Anuradha from college Of Physiotherapy. 20-25 senior citizens from the Community attended the programme. Our interns Dr. Gaurav and Dr. Balaji along with Dr. Kulkarni and Dr. Anuradha guided the audience. A geriatric clinic along with short fitness programme will be held on every Wednesday between 10:00 AM to 1:00 PM.




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"MATRUBHASHA DIVAS"

21st FEBRUARY

No. of Students – 30

No. of Faculty - 04

On the occasion of MATRUBHASHA DIVAS on 21/02/ 2016. an ' Essay competition' and' Poetry competition' was held on 22 /02/2016. We received 15 entries. Judge for the competition was Dr. M. M. Mutalik, Asso. Prof. Dept of Pharmacology. Two prizes were given in each category. Photographs are attached here with.




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INTERNATIONAL WOMEN'S DAY

8TH MARCH



No. of Students – 35

No. of Faculty – 02

It was celebrated in Coordination with Physiotherapy College, Woman & Child Development Department of Z P Pune - ICDS Maval Block and Grampanchayat Sudumbare.

About 70 Women from village Sudumbare were present.

Inauguration of the function was done by Hon. Sarpanch Sudumbare. All the staff from RHTC, ICDS Supervisor with her staff were present for the occasion.

It was followed by informative speeches from Dr Vaishali Badadhe, Department of Community Medicine - on Applied Nutrition for rural Women

Dr Anuradha Sutar Lecturer from Physiotherapy College- on Importance of regular exercise for women. Adv. Aarti Tayade and Madhavi Chavan from Balaji law College, Tathavade – on Provisions in Law for women.

Smt. Priya Thorat, Cooking class Trainer, MITCON, demonstrated healthy recipe. Dr Sayali Bhagat Department of Community Medicine compered the programme. Sunita Solanki, social worker proposes the vote of thanks. The programme was conducted under the guidance of Dr. Aastha Pandey & Dr. S.J. Kulkarni.



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WOMEN'S HEALTH CAMP AT SAMPARC MEDICAL CENTRE, MALAVLI

28TH MARCH, 2016

No. of Students- 30

No. of Faculty - 05

A women's health checkup camp was conducted on 28/03/2016 at Samparc Medical Centre, Malavali with the collaborative efforts of Inner Wheel's Club and Community Medicine Department, UHTC unit of MIMER Medical College. This program was witnessed by the president of inner wheel's club Mrs. Bharati Shah and head of Samparc Mr. Banerjee.

This women's general health camp and screening for cervical cancer and anemia was conducted for 13 adopted villages of Samparc medical Centre at Malvali by Dr. Majumdar (CM), Dr. Ashlesha Dandekar (CM), Dr. Vedpathak (Obgy), Dr. Nitika Sharma, Dr. Snehal Shelke, Dr. Sangeeta Chowdhary along with ANM and lab technicians.

This event has been really successful as General health checkup for 48 patients and 21 Pap smears and 38 hemoglobin estimations were successfully done.




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World Health Day

7th April 2016

No. of Students - 40

No. of Faculty - 08

Every year 7th April is celebrated as the World Health Day in commemoration of the foundation of the World Health Organization (WHO). The theme of the World health day 2016 given by the WHO was “Halt the rise, Beat Diabetes”. The Department of Community Medicine celebrated the World Health Day 2016 at the BSTRH OPD complex.

A role play by the students of third year was conducted highlighting the common symptoms, treatment and prevention of complications of the disease. Posters made by the interns were displayed at prominent places in the OPD. Lastly a question and answer session by the interns was held. The function received the oversight and guidance of Dr. Mrs. Bandana Patnaik, Head of the Department of Community Medicine. About 100 patients and their relatives benefitted from the events.





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DERMATOLOGY CAMP AT RHTC SUDUMBARE

7TH APRIL,2016

No. of Students - 25

No. of Faculty - 21

A camp for the specialty of Dermatology was organized at rural health training center of MIMER Medical College, at Sudumbare village. Consultants from the Dept. of Dermatology attended the camp. The beneficiaries included more than 30 patients of the village from all age groups.

Keeping in view the forthcoming World Health Day, all the attendees were sensitized regarding the theme of the current year which is “Halt the rise, Beat Diabetes.”





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World Health Day (7th April 2016)

UHTC, Talegaon

No. of Students – 40

No. of Faculty – 08

On the occasion of world health day, the interns posted at the Urban Health training center held a poster exhibition through which they explained the importance of preventing diabetes mellitus and provided health education about diabetes was to the local people. The chart exhibition was held in the view of the village fair.






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“World No Tobacco Day”

31st May,2016

No. of Students - 35

No of Faculty - 02

City dwellers as well as villagers eat tobacco. No Tobacco Day was something new for the villagers gathered at adopted village ‘Sudhawadi’ Dr. Karle & Dr. A. Topkhane along with staff of the RHTC and Interns gave a talk on Tuesday 31/05/2016 to create awareness about harmful effects of tobacco. The context of the talk was mainly about hazards of tobacco used in any form. At the end of the talk an Oath Say no to tobacco was taken by assembled people. Four persons handed over their tobacco pouches to the doctors

This activity was held under the guidance of Prof. & HOD Dr. Bandana Patnaik.





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MULTISPECIALITY CAMP AT RHTC SUDUMBARE

DATE: 02/06/2016

No. of Students - 20

No. of Faculty - 12

Multispecialty Camp was held on 02/06/2016 at RHTC Sudumbare. Specialists of **SKIN & VD, OPHTHALMOLOGY, PAEDIATRICS, ORTHOPEDICS** were present-

- 1) Dr. Sandya Haribhakta – Paediatrics
- 2) Dr. Abhijit Misal – Ophthalmology
- 3) Dr. Ashwini Munde - Skin & VD
- 4) Dr. Rohit Shinde – Orthopedics

Total 33 patients attended the camp. 16 patients were referred to BSTRH . These patients were

from Sudumbare, Sudavadi, Thakarwasti, Ganesh Nagar, Shinde Vasuli.

DR. Chincholikar Prof of Community Medicine also attended the camp.

Adequate publicity was done for camp by **RHTC STAFF AND INTERNS.**

The camp was organized under the guidance of **Dr. Ms B. PATNAIK** Prof and HOD of Community Medicine.





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MULTISPECIALITY CAMP AT RHTC SUDUMBARE

[DATE: 09/06/2016]

No. of Students – 20

No. of Faculty - 12

Multispecialty Camp was held on 09/06/2016 at RHTC Sudumbare. Specialists of **MEDICINE,**

PAEDIATRICS, ORTHOPEDICS were present-

- 1) Dr. Sandhya Haribhakta – Paediatrics
- 2) Dr. Zafar – Orthopedics

Total 23 patients attended the camp. 11 patients were referred to BSTRH. These patients were from

Sudumbare, Sudavadi, Thakarwasti, Ganesh Nagar, Shinde Vasuli.

DR. Chincholikar Prof of Community Medicine also attended the camp.

Adequate publicity was done for camp by **RHTC STAFF AND INTERNS.**

The camp was organized under the guidance of **Dr. Ms. B. PATNAIK** Prof and HOD of Community Medicine.



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MULTISPECIALITY CAMP AT RHTC SUDUMBARE

16/06/2016

No. of Students - 20

No. of Faculty - 12

Multispecialty Camp was held on 26/05/2016 at RHTC Sudumbare. Specialists of **SKIN & VD, OPHTHALMOLOGY & PAEDIATRICS** were present-

- 1) Dr. Viraj Tanbole – Paediatrics
- 2) Dr. Swapnil Unhale -Ophthalmology
- 3) Dr. Ashwini Munde - Skin & VD

Total 59 patients attended the camp. These patients were from Sudumbare, Sudavadi, Thakarwasti, Ganesh Nagar, Shinde Vasuli.

Dr. Chincholikar Prof & Dr Aastha Pandey AP, of Community Medicine also attended the camp.

Adequate publicity was done for camp by **RHTC STAFF AND INTERNS.**

The camp was organized under the guidance of **Dr. Mrs B. PATNAIK** Prof and HOD of Community Medicine.





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MULTISPECIALITY CAMP AT RHTC SUDUMBARE

16TH JUNE,2016

No. of Students – 20

No. of Faculty - 12

Multispecialty Camp was held on 16/06/2016 at RHTC Sudumbare. Specialists of **PAEDIATRICS, ORTHOPEDICS, SKIN & VD, OPHTHALMOLOGY** were present-

- 1) Dr. Poyekar S. S. – Pediatrics
- 2) Dr. Viraj Bhoir – Orthopedics
- 3) Dr. Rahul Jaiswal – Skin
- 4) Dr. Swapnil Unhale – Ophthalmology

Total 31 patients attended the camp. 10 patients were referred to BSTRH. These patients were from

Sudumbare, Sudavadi, Thakarwasti, Ganesh Nagar, Shinde Vasuli.

DR. Chincholikar Prof of Community Medicine also attended the camp. Adequate publicity was done for camp by **RHTC STAFF AND INTERNS**. The camp was organized under the guidance of **Dr. Ms. B. PATNAIK** Prof and HOD of Community Medicine.





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INTERNATIONAL YOGA DAY

21st June 2016

No. of Students-25

No. of Faculty - 18

The NSS group of MIMER Medical College, Talegaon (D) celebrated the "International Yoga Day" on 21st of June, 2016. The theme of the day was 'Stretch Your Body & Unstress Your Mind'.





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MULTISPECIALITY CAMP AT RHTC SUDUMBARE 23rd June 2016

No. of Students- 20

No. of Faculty - 12

Multispecialty Camp was held on 23/06/2016 at RHTC Sudumbare. Specialists of **PAEDIATRICS** were present-




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MULTISPECIALITY CAMP AT RHTC SUDUMBARE

30th June 2016

No. of Students – 20

No. of Faculty - 12

Multispecialty Camp was held on 30/06/2016, at RHTC Sudumbare. Specialists of **PAEDIATRICS, ORTHOPEDICS, SKIN & VD, and OPTHALMOLOGY** were present.



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Breast feeding week

1st to 7th August 2016

No. of Students – 40

No. of Faculty – 04

Breast feeding week was celebrated at two Anganwadis in RHTC Sudumbare area. The theme of breast-feeding week this year is “Breastfeeding –Key to sustainable development”



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Organ Donation Campaign 2016

30th – 31st August

No. of Students – 20

No. of Faculty - 07

- Organ Donation Campaign 2016 was launched by Govt of Maharashtra from 30/08/2016 to 01/09/2016.
- It was jointly organized by Medical Education and Research Dept, Public Health Dept and ZTCC, Mumbai.
- Coordination meetings for preparations of campaign were held in B J medical College, Pune under chairmanship of Dean BJMC on 19/08/2016,23/08/2016,26/08/2016.
- For implementation of campaign in college, Dr S V Chincholikar I/C Professor and HOD Community Medicine appointed two senior faculties from Dept of Community Medicine.
- These were Dr R Majumdar , Professor and Dr S J Kulkarni Asst Professor from department of Community Medicine.
- Both coordinators attended preparatory meetings at BJMC.
- Different activities were carried out by MIMER Medical College as per instructions given by Govt vide G R dated 08/08/2016.
- Design of banners, format of consent form and power point presentation were made available from Dean BJMC
- Preparatory meetings for implementation of activities in college were conducted under guidance of Dr S. Belsare Vice Principal , MIMER medical College. Necessary arrangements for banners, placards, vehicles for rally were made.
- Awareness meeting for non- teaching staff of college was conducted on 24/03/2016 where both coordinators briefed the staff about organ donation. Response was over whelming.
- All HODs were asked to brief students and non teaching staff of their respective dept about campaign using power point presentation given by Govt .
- A visit to Indrayani college and Balbharati school was done by coordinators to get active participation from students.

- **Report of activities :**

- 1. Day 1 on 30/08/2016 :**

- Two rallies were organized from college.
- One was up to Indrayani college and other was rally was up to Jijamata Chowk. Approximately 234 students, interns and nonteaching staff attended rally. Loud speaker arrangements were made on ambulances for rally.
- Street Play prepared by interns of RHTC and UHTC was performed during rally.

- 2. Day 2 on 31/08/2016**

- Essay and painting competition were organized.
- Students from college, students from Dr A C High School, Talegaon and children of staff members took part in these competitions.
- First two candidates will be given certificates which are given in BJMC. Street play was performed in OPD by interns.
- Faculty members from Dept of Community Medicine, Ophthalmology, OBGY and Medicine attended a workshop on Organ Donation at B J Medical College.

- 3) Day 03 on 1/09/ 2016**

- Registration counter for organ donation was opened in OPD.
- Street Play was again performed in OPD to have attention of persons attending OPD.
- Almost 39 persons including staff members of college filled the forms of organ donation.
- A Blood Donation camp was organized in blood bank. 11 Blood Unites were collected
- A meeting to felicitate the recipients of organ donation and to felicitate participating colleges was organized at BJMC. It was attended by both coordinators.

- Reports of day wise activities were submitted to MUHS, Nasik and Dean BJMC by Email.



Professor & Head
Dept. of Community Medicine
MIMER Medical College
Talegaon Dabheda

Tree Plantation at MIMER Medical College , Talegaon Dabhade

Date 26/09/2016

No. of Students – 20

No. of Faculty - 09

Tree Plantation Programme was held at MIMER Medical College, Talegaon Dabhade on 26/09/2016. Dr. Mrs Belasare Vice Principal, Dr Chincholikar Prof. & HOD, Community Medicine, Dr S J Kulkarni and Dr Pravin Baravkar Assis. Prof, engineer Shri.Sawant, gardener Shri. Kondake and support staffs were present at that occasion. Students of Second MBBS took part in the plantation. 30 saplings were planted on the occasion.




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NUTRITION WEEK

1st to 7th SEPTEMBER 2016

No. of Students – 35

No. of Faculty - 04

Nutrition Week is celebrated at Vitthal Mandir, Ganesh Nagar, Sudumbre In collaboration with RHTC Sudumbre,

It is an integrated programme done by RHTC Staff and 4 ICDS Anganwadi.

Venue : Vitthal Mandir,Ganesh Nagar,Sudumbre Anganwadi

Date : 07.09.2016

No.of People Attended : 25

21 Female

04 Male





Awareness given regarding in the form of roll play

- 1.Breast Feeding : Dr.Prajakta**
- 2.Anemic Diet : Nikhil Rathod**
- 3.Diabetic Diet : Monika Yadav**
- 4. Under 5 Nutrition : Mukul Gopulwad, Ajay Zore,Adnan Lakadwala**
- 5.Adolescence Nutrition : Mayur Chaudhary,Akshaya Suryavanshi**
- 6.ANC Diet : Altaf Raja, Omkar Mane,**
- RHTC Staff : Botre Sister, Gaikwad Sister**
- Social Worker : Sunita Solanki**

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Tree Plantation at MIMER Medical College, Talegaon Dabhade .

Date 26/09/2016

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World Menopause Day

19/10/2016

No. of Students – 20

No. of Faculty – 02

WORLD Menopause day was celebrated at RHTC Sudhumbre on 19 /10/2016. Around 40 Anganwadi sevika and women from village sudhumbre were present for the function. They were informed about symptoms , sings and managment of Menopause. They were counselled about importance of nutrrious diet, calcium supplementation and reguler exercise. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present for that function.

- The programme was organised under the guidance of Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.





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WORLD OSTEOPOROSIS DAY

21/10/2016

No. of Students – 25

No. of Faculty - 02

World Osteoporosis day was celebrated at RHTC Sudhumbre on 21/10/2016. Around 15 people were present. They were informed about causes, diagnosis, management and prevention of “Osteoporosis”. They were counselled about importance of nutritious diet and calcium supplementation. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present for that function.

- The programme was organised under the guidance of Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.



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Professor & Head
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MIMER Medical College
Talgaon Dabhada

WORLD OBESITY DAY 2016

26TH OCTOBER

No. of Students – 30

No. of Faculty – 02

- WORLD Obesity day was celebrated at RHTC Sudhumbre on 26/10/2016. Around 20 villagers from sudhumbre were present for the function. They were informed about causes and prevention of obesity . They were counselled about importance of nutritious diet, calcium supplementation and regular exercise. BPth Interns told about Yoga which help in prevention of Obesity. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present for that function.
- The programme was organised under the guidance of Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.





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Talgaon Dabhade

SWACHH BHARAT ABHIYAAN

NOVEMBER 2016

No. of Students – 35

No. of Faculty - 07



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Professor & Head
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Talgaon Dabhade

WORLD AIDS DAY 2016

No. of Students – 20

No. of faculty - 09

WORLD AIDS Day was observed at RHTC Sudhumbre on 24/11/2016. Around 45 People from sudhumbre village were present for the occasion. They were informed about the common modes of transmission, the presenting features and the preventive measures for HIV/AIDS. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present .

The programme was organised under the guidance of Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.




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MIMER Medical College
Talegaon Dabheda

MIMER Medical College & B.S.T.R Hospital, Talegaon Dabhadhe

Doctor's Day 2019

“National Doctor's Day ” 1st July.2019, was observed at MIMER Medical College & B.S.T.R Hospital Talegaon Dabhadhe on 1st July 2019. The Theme of this year is “Zero tolerance to violence against doctors and clinical establishment.”

Function was organized in Medicine Ward. It was presided over by Dr. R.P.Gupta, Principal, MIMER Medical College was the chief guest. Dr. P.S.Kamath, Medical Suprintendent, Senior faculties from various clinical, Para clinical departments were also present for the function., Dr. Derek D'Souza, Director NBCIC, Dr. Bhoge, HOD, Medicine and faculty from Community Medicine were present for the function.

The Program was organized by Dept. of Community Medicine. At the outset Dr. S.J.Kulkarni offered warm welcome to the dignitaries. All the Doctors were felicitated with the flowers.

Importance of Doctor's Day was explained by Principal and other senior faculty members. .

Dr. S.V. Chincholikar , HOD, Dept. of Community Medicine offered thanks to the dignitaries , faculties, residents , patients and nursing staff. On this occasion fruits were distributed to the patients.


PRINCIPAL

Principal
MIMER Medical College
Talegaon Dabhadhe



Doctor's day 2019



NURSES DAY 2021



International Nurses Day-21

THEME

"Nurses: A Voice to Lead-
A Vision for Future Healthcare"

Teacher's day 2021 at MIT Campus Kothrud

Professor Emeritus & former Principal of our institute, Col. Dr R P Gupta has been awarded IDEAL TEACHER AWARD 2021 by the MIT Group of institutions.

A very well deserved honour for Col. Gupta, who was instrumental in ushering in many positive changes at MIMER.

