

# **MIMER MEDICAL COLLEGE, TALEGAON (D)**

## **5.3.2**

### **REPORTS ON THE STUDENT COUNCIL ACTIVITIES**

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## **STUDENT COUNCIL**

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**ANNUAL REPORT OF ACTIVITIES : September2020 to August2021**

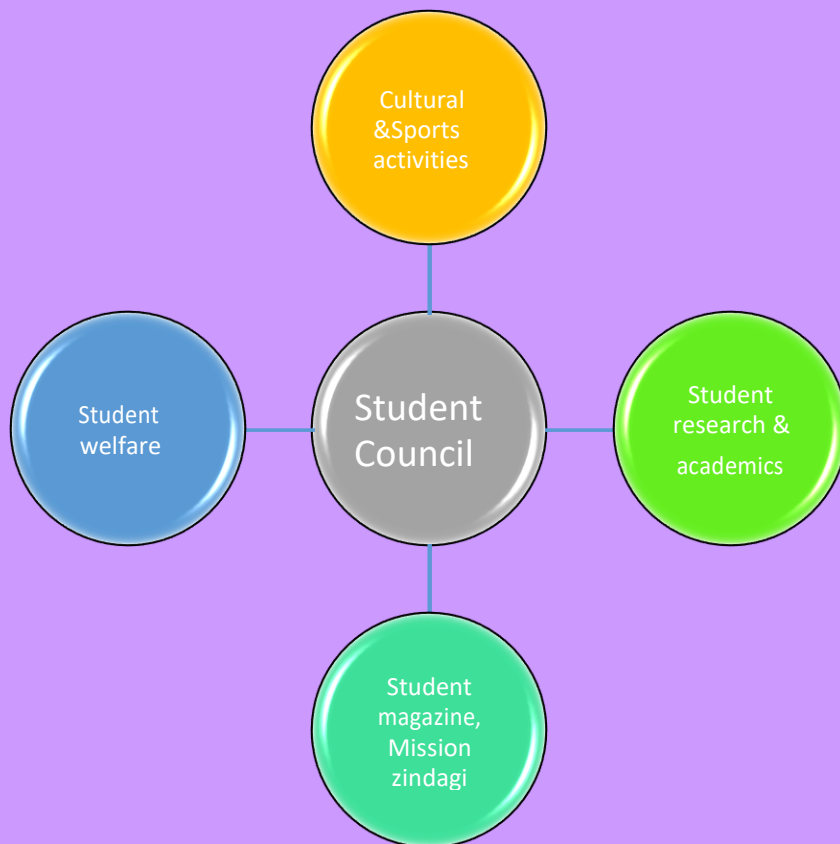
The student council is constituted as per MUHS , section 50(11) of the Act.

The selection procedure involves inviting applications from students , followed by interviews . The council is in term of office for a duration of one academic year (1st August to 31st July ).

Mimer student council for the year 2020-2021 was formed on 6<sup>th</sup> of March2021, as the students were not on campus due to the COVID 19 norms.

This body is elected in order to voice the opinions and ideas of the entire student body and promote their welfare.

Various activities in which the student council is involved :



The Student council works to bring forth suggestions of the students for academics, extra curricular activities etc , and presents it to the authorities & these are implemented to the extent found judicious.

The Student council conducts meetings on regular, need based intervals. Records of the same are maintained.

1. Selection of team for various cultural events .
2. Organizing students' sports events in the college
3. Co ordinate participation of students in intercollege cultural and sports events
4. Students magazine- “ **The Grey Matter**” has twelve successful volumes till now, and also publishes guest articles from colleges all over India. This extraordinary team of students was not discouraged by the pandemic; in fact they conducted several online activities for students. The zealous team proved their merit by doing the following in this difficult time period:

Total number of editions until now - TWELVE

**All Editions available here :** [Click for Previous Editions](#)

**Latest Edition :** Theory Of Everything Medicine [\(Edition 12\)](#)



**Current team :**

**TEAM**

Co-Editors : Khushboo Doshi & Unnati Shukla  
 Copy Editors : Nupur Chaturvedi & Soneeka Vaidya

Editorial Team :  
 Aishwarya Parashar,  
 Samriddha Nadkarni (S.J. Medical College, Pune),  
 Purnankh Bhasu (Rajiv Gandhi Institute of Medical Sciences, Karnataka),  
 Shriya Shah (Dr. VMGM, Solapur),  
 Madhura Bernal (Institute of Medical Sciences and SUM Hospital, Bhubaneswar, Odisha),  
 Gauri Hirakerur, Neel Wagle

Creative Head : Ranya Malankar  
 Creative Editors : Madhura Patil, Shagarika Deshpande, Rutuja Waghmode,  
 Cover : Atharva Bane

Public Relations Head : Atharva Pawar  
 Public Relations Team : Richa Sinha, Shraya Kalkar  
 Cartoonist : Arakhiya Barmore

**ADVISORY TEAM**

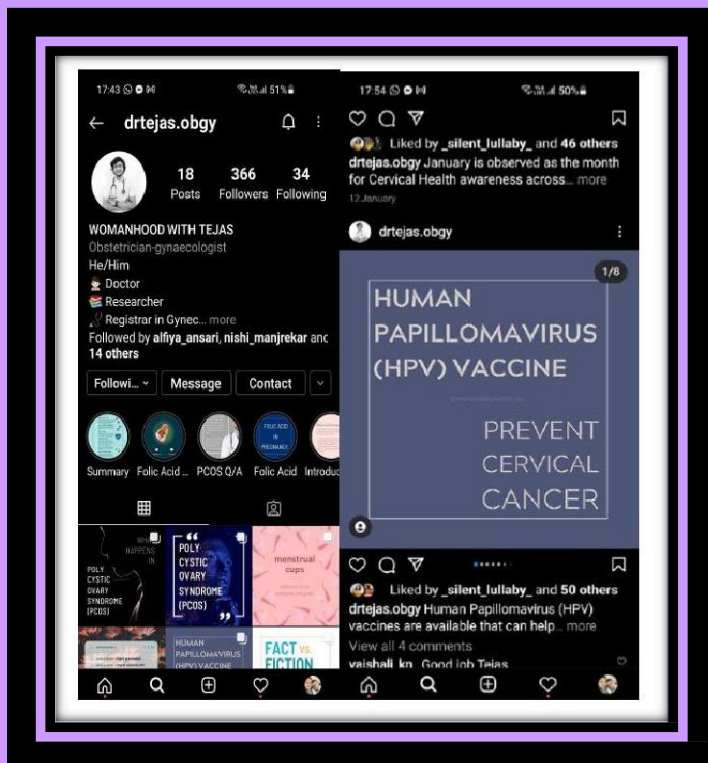
Co-Founders & Co-Editors : Damini Narkhede & Riya Barar  
 Public Relations : Hrushikesh Mendra

## Online events conducted in the term :

Live Sessions On Instagram IGTV [All videos](#)

PSM beyond Park : Dr Ankit Chandra in conversation with Munazza Shaikh.  
(28th December)

Collaborated with an alumni [Dr. Tejas](#) to create awareness about HPV vaccine. (9th to 11th April)



Bookad - Hungry for Books : A week long reading festival. (10th May2021 to 17th May 2021)



Bookkad '21 24 w

**CLUE 1**

**DEEP WITHIN THE  
LOUVRE LIES A  
CHRISTIAN SECRET**



Your guess?

Type something...

BOOKKAD CHALLENGE



A life with Pride : Suresh Ramdas (LGBTQ+ activist) in conversation with Richa Sinha. (25th June 2021)



Others : Featured on page of The Humans of

Medicine : [Feature](#)

Organised a book giveaway.

5. The students continued the work of “Mission Zindagi “ to ensure availability of blood and prevent it’s wastage.
6. The council via the “Student Research Council” keeps the students updated about various research opportunities and helps with research methodology , proposal writing etc.

7.The student council actively encourages students to participate. Even in the pandemic, they garnered enthusiastic participation

- Secured 3<sup>rd</sup> place in “creative writing competition on International safe abortion day “



1st place in poster competition on “world blood donor day “



The following students got recognition for attending an International students webinar on Adolescent he

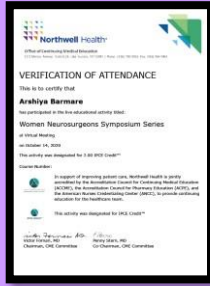


The following students got recognition for attending an International students webinar on Innovation & entrepreneurship in Medicine



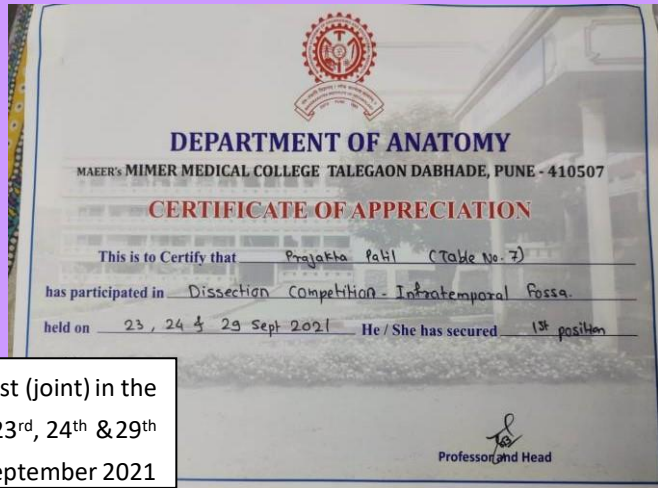
Attended Northwell health , New York  
symposium series

Women neurosurgeon

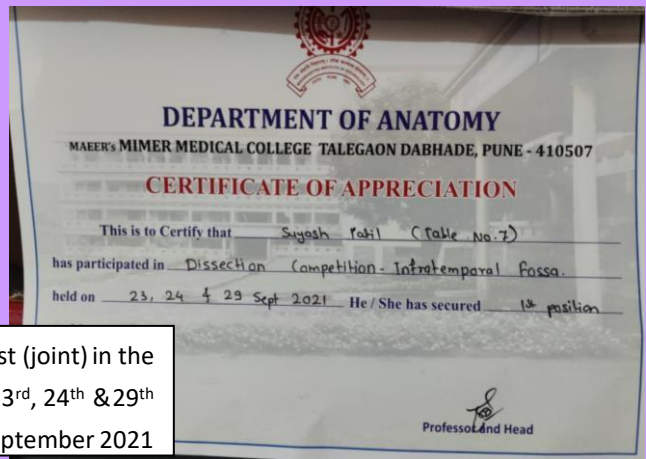


The following student actively participated in the poster competition organized on occasion of World Blood Donor Day

Dissection competition



The following student stood first (joint) in the dissection competition held on 23<sup>rd</sup>, 24<sup>th</sup> & 29<sup>th</sup> September 2021



The following student stood first (joint) in the dissection competition held on 23<sup>rd</sup>, 24<sup>th</sup> & 29<sup>th</sup> September 2021



The following student actively participated in the intercollegiate competition organized on occasion of International Mother Language



The following student actively participated in the intercollegiate competition organized on The following student completed the Quiz bases



The following student participated in 7<sup>th</sup> Maharashtra State Intercollegiate Biochemistry Quiz Competition 2020 at LOKMANYA TILAK



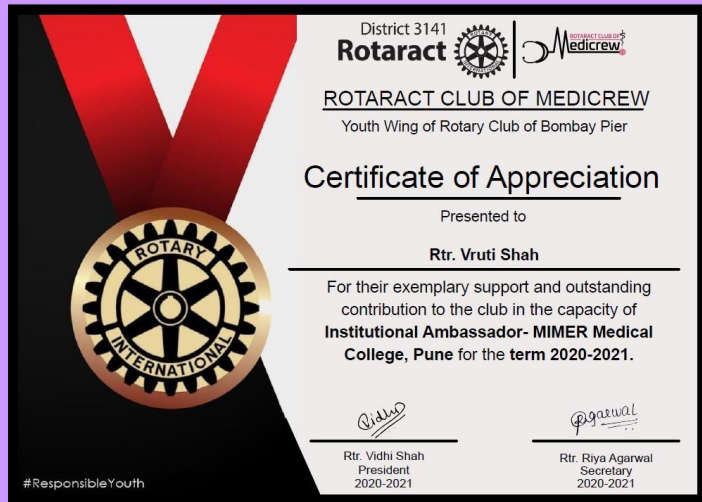
The following student successfully completed his term (January 2020-January 2021) as Copy Editor of The Grey Matter Newsletter Education

8. Another role is to represent MIMER in various national level organizations like MSAI , IMA MSN

- Selected as member of team for “public relations & communications “ for IMA – MSN year 2020



- Selected as Institutional Ambassador for Rotary youth wing Bombay pier





Ref: MSAI//2020-21/IA/TCL/59

New Delhi, India  
Date: 15th June 2021

To whomsoever it may concern

This is to certify that **Aarohi Nagine** from **Maharashtra Institute of Medical Education and Research, Pune** has successfully completed their term as the **Local Officer on Research Exchange** for the **Standing Committee On Research Exchange**, at the Medical Students' Association of India, from May 15th 2020 till June 15th 2021.

Medical Students Association of India is a non-government organization of, for and by medical students founded in October 2011. MSAI is India's first both nationally & internationally represented organization for medical students, adopted as the 100th member nation organization (NMO) to the International Federation of Medical Students Association (IFMSA) in 2012. As an organization, MSAI strives to provide its members with numerous opportunities to become global health leaders of today and tomorrow. Ever since 100th inception, MSAI has spread its wings to the farthest corners of the country and continues to do so even today. We span across almost all States and Union territories in India, as of today and have touched the lives of over 2,10,000 people in communities in India through our on-going activities!

Aarohi Nagine as the **Local Officer on Research Exchange** at Maharashtra Institute of Medical Education and Research, Pune has been an extraordinary component of our team and proven to be an invaluable asset.

If you have concerns regarding the same, please don't hesitate to contact us at [vpi@msaindia.org](mailto:vpi@msaindia.org). We wish them well in all future endeavors.

Thank You,  
Yours sincerely,

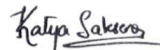
The following student successfully completed her term as the Local Officer on Research Exchange for the Standing Committee On Research Exchange, at the Medical Students'



**Sandesh**  
Local Officer for SCORE  
2020-21



**Jaykumar Patel**  
National Officer for SCORE  
2020-21



**Dr. Katya Saksena**  
Vice- President of Internal  
Affairs  
2020-21



**Dr. Poorvaprabha Patil**  
President  
Medical Students' Association of  
India (2020-21)

Medical Students' Association of India

S-473, Basement, Greater Kailash, Part-One, New Delhi - 110 048, India | E: [msai-india@ifmsa.org](mailto:msai-india@ifmsa.org)

[www.msaindia.org](http://www.msaindia.org)

Ref: MSAI//2020-21/IA/TCL/430

New Delhi, India  
Date: 15th June 2021

To whomsoever it may concern

This is to certify that **Purva Kukde** from **M.I.M.E.R. Medical College** has successfully completed their term as the **Local Officer** for the **Standing Committee on Sexual and Reproductive Health and Rights including HIV & AIDS**, at the Medical Students' Association of India, from May 15th 2020 till June 15th 2021.

Medical Students Association of India is a non-government organization of, for and by medical students founded in October 2011. MSAI is India's first both nationally & internationally represented organization for medical students, adopted as the 100th member nation organization (NMO) to the International Federation of Medical Students Association (IFMSA) in 2012. As an organization, MSAI strives to provide its members with numerous opportunities to become global health leaders of today and tomorrow. Ever since its inception, MSAI has spread its wings to the farthest corners of the country and continues to do so even today. We span across almost all States and Union territories in India, as of today and have touched the lives of over 2,10,000 people in communities in India through our on-going activities!

**Purva Kukde** as the Local Officer at M.I.M.E.R. Medical College has been an extraordinary component of our team. They have completed **10 activities** in their region and proven to be an invaluable asset.

If you have concerns regarding the same, please don't hesitate to contact us at [vpj@msaindia.org](mailto:vpj@msaindia.org). We wish them well in all future endeavors.

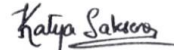
Thank You,  
Yours sincerely,

The following student has successfully completed her term as the Local Officer for the Standing Committee on Sexual and Reproductive Health and Rights including HIV & AIDS, at the Medical Students' Association of India, from May 15th 2020

na  
ORA



**Dr. Urmi Jindal**  
National Officer for SCORA  
2020-21



**Dr. Katya Saksena**  
Vice- President of Internal  
Affairs  
2020-21



**Dr. Poorvaprabha Patil**  
President (2020-21)  
Medical Students' Association of  
India

## Kosha Gala

Intern

Positions Held

### MSAI

Supervising Council MSAI (2021-22)

National Officer on Medical Education (2020-21)

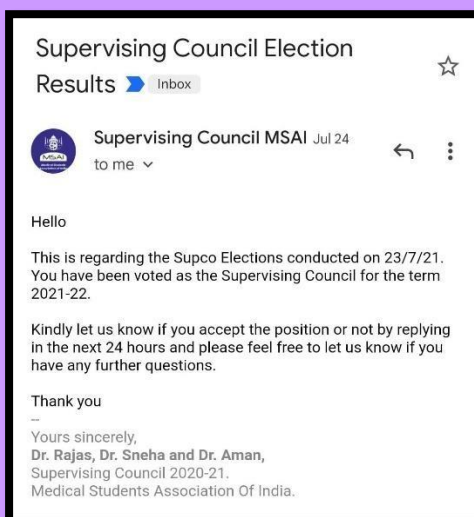
### IFMSA

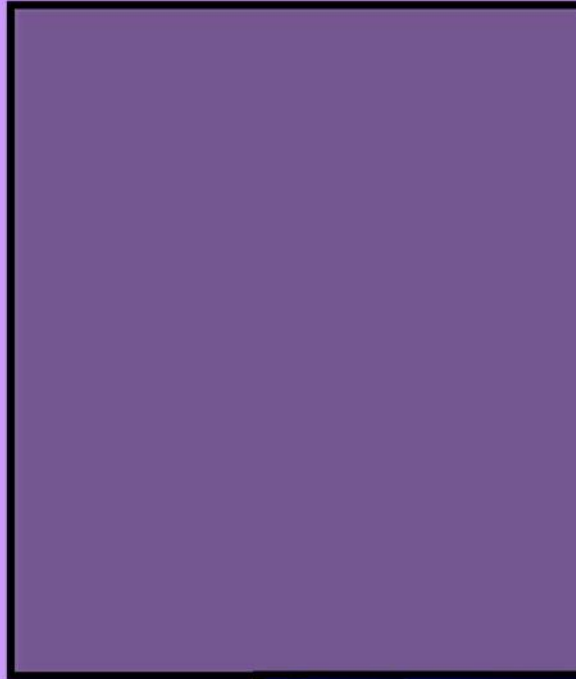
Program Coordinator for Teaching Medical Skills (2021-22)

**GCMER** (global consortium of medical education & research) National SRC

Coordinator 2020-21 at GCMER India

Vice President for Globalization 2021-22 at GCMER Global

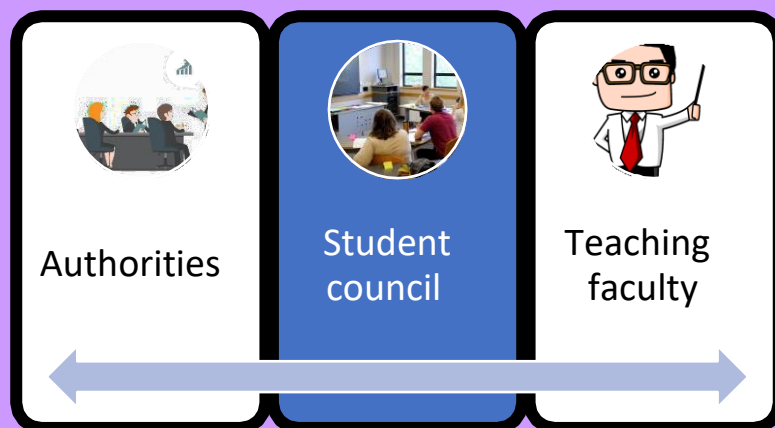




The student council does not participate in any political activities in the campus or outside it.

The council therefore strives to work for the overall welfare and personality development of the students

The student council serves as a link between the students and the teachers as well as the management .



The student council members of the year 2020 -2021 were elected in the continued difficult times of the COVID 19 pandemic . The students had to take online classes for major part of the year and gradually get back to on campus learning. The student council members lived up to their duties and much beyond in these difficult times and became the important channel holding the student community together . They were an important bridge between students and authorities and helped organise important things like students vaccination drive, smooth conduct of online & offline exams etc.

## EXTRACURRICULAR ACTIVITIES



## PATRIOTIC DAYS







**Talegaon Dabhade, Maharashtra, India**

Yashwant Nagar Rd, Yashwant Nagar, Talegaon

Dabhade, Maharashtra 410507, India

Lat N 18° 44' 6.4572"

Long E 73° 40' 27.4296"

10/06/21 10:06 AM

**MUHS FOUNDATION DAY FLAG HOISTING**



# STUDENT COUNCIL

## STUDENT COUNCIL YEAR WISE ACTIVITIES:

2019 -20

NSS

## MIMER MEDICAL COLLEGE

### NSS ACTIVITY REPORT- 30<sup>th</sup> & 31<sup>th</sup> MAY 2019

### ORAL CANCER DETECTION & DENTAL CARIES IN CHILDREN Faculty -12

#### NSS Volunteers - 28

A comprehensive oral health check-up camp was organized by Dept of Dentistry on 30<sup>th</sup> and 31<sup>st</sup> May 2019. The camp was specially organized with a view to screen patients for signs/symptoms of oral cancer especially those patients with a history of many years of oral habits such as smoking, tobacco and gutkha chewing etc. All these patients were subjected to a full mouth examination, inspection, palpation of regional lymph nodes and check-up. The camp was also targeted towards children prone to dental caries. Children and parents were given a demonstration of correct brushing techniques. Patients were also given free toothbrush/tooth paste. All adult patients giving a history of oral habits were given a detailed instruction of the dangers of prolonged use of tobacco, gutkha, paan, alcohol etc. Patients with suspected pre-cancerous lesions or suspicious oral ulcers were scheduled for radiographs and biopsy as indicated.

Total number of patients seen in the camp were 65. Total number of patients scheduled for follow up were 31.

RKedare



RMajumdar

## **NSS Activity Report -31<sup>st</sup> May 2019**

### **WORLD NO TOBACCO DAY**

Faculty - 15

Volunteers- 36

On the occasion of world no Tobacco day, an intensive one to one interactive session in the OPD and field visits in the surrounding areas were carried out .

The patients and people from the community were explained about the hazards of tobacco smoking, risk of developing cancer and dangers of passive smoking.This is the beginning of week-long ICE activity at UH.T.C to observe no tobacco week.

Dr.Rahul Kedare

Dr.Ratna Majumdar

## NSS ACTIVITY REPORT - 5<sup>th</sup> JUNE 2019

### WORLD ENVIRONMENT DAY

### BEAT AIR POLLUTION

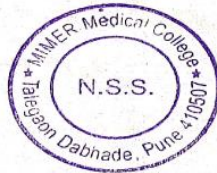
Faculty-15

Volunteers-40

On the occasion of World environment day, the department of Community Medicine had organised an awareness drive on aspects of air pollution in Neelkanth Nagar, the field practice area of Urban Health and Training Centre, Talegaon Dabhade. Residents here were educated about the importance of the hazardous effects of air pollution on oneself and on the environment. They were also made aware about the measures they could take in day to day lives to reduce the menace caused by this pollution.

This event was organised by the social worker, Mrs. Lalita Patil along with the students of II/II MBBS posted in Community Medicine and Interns, Dr. Nayanika and Dr. Aishwarya.

RKedare



RMajumdar

Programme officer

Chairperson

**MIMER MEDICAL COLLEGE**  
**NSS ACTIVITY REPORT -3<sup>rd</sup> July 2019**

**PLASTIC FREE DAY**

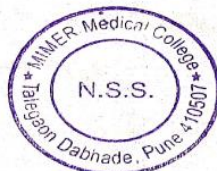
Faculty – 19

Volunteers- 30

On the occasion of Plastic free day, an intensive one to one interactive session in the college and field visits in the surrounding areas were carried out.

The patients and people from the community were explained about the hazards of plastic on the environment. A pledge was taken by the students to avoid plastic use as much. Talk was given by Dr Rahul Kedare regarding the alternatives to plastic.

RKedare



RMajumdar

Progeramme officer

Chairperson

# NSS ACTIVITY REPORT –BREASTFEEDING WEEK

## Urban Health Training Centre, Talegaon

Faculty – 4

Volunteers- 50 ( 10 volunteers each day)

The Theme being EMPOWERING PARENTS, ENABLING BREAST FEEDING,NOW AND FOR THE FUTURE.

The plan was-

DATE	TIME	PLACE	ACTIVITY
01/08/2019	11.00-12.00	Kaikadi samaj mandir	Empower parents, enable breast feeding
02/08/2019	11.00-12.00	Anganwadi nikanth nagar and Dhorwada	Parent friendly work places in informal sector
		owk	Engaging fathers and male participation
		ti	Basic principles and management of lactation
06/08/2019	04.30-05.30	Top tech electricals	Parent friendly work places in formal sector
07/08/2019	11.00-12.00	UHTC	Retraining of interns

The interns explained, educated and made the parents and the community aware regarding the importance and advantages of breast feeding.

They took active interest in encouraging parents especially increasing male participation in adherence with the theme they also ably demonstrated the various techniques of breast feeding and proper methods for expressing and storing breast milk

# MIMER MEDICAL COLLEGE

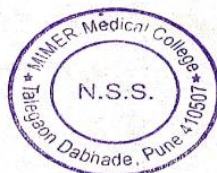
## NSS ACTIVITY REPORT –INDEPENDENCE DAY 15<sup>th</sup> August 2019

**Faculty-29**

**Volunteers-40**

The NSS unit of MIMER Medical College celebrated Independence day in the college campus .The celebration started with the hoisting of national flag followed by the national anthem. Patriotic songs were sung by the volunteers.This was followed by distribution of sweets and reciting the health pledge.

RKedare



RMajumdar

Programme officer

Chairperson

Dr.Rahul Kedare

Dr.Ratna Majumdar

**CULTURAL**

Annual gathering “PLEXUS 2019”

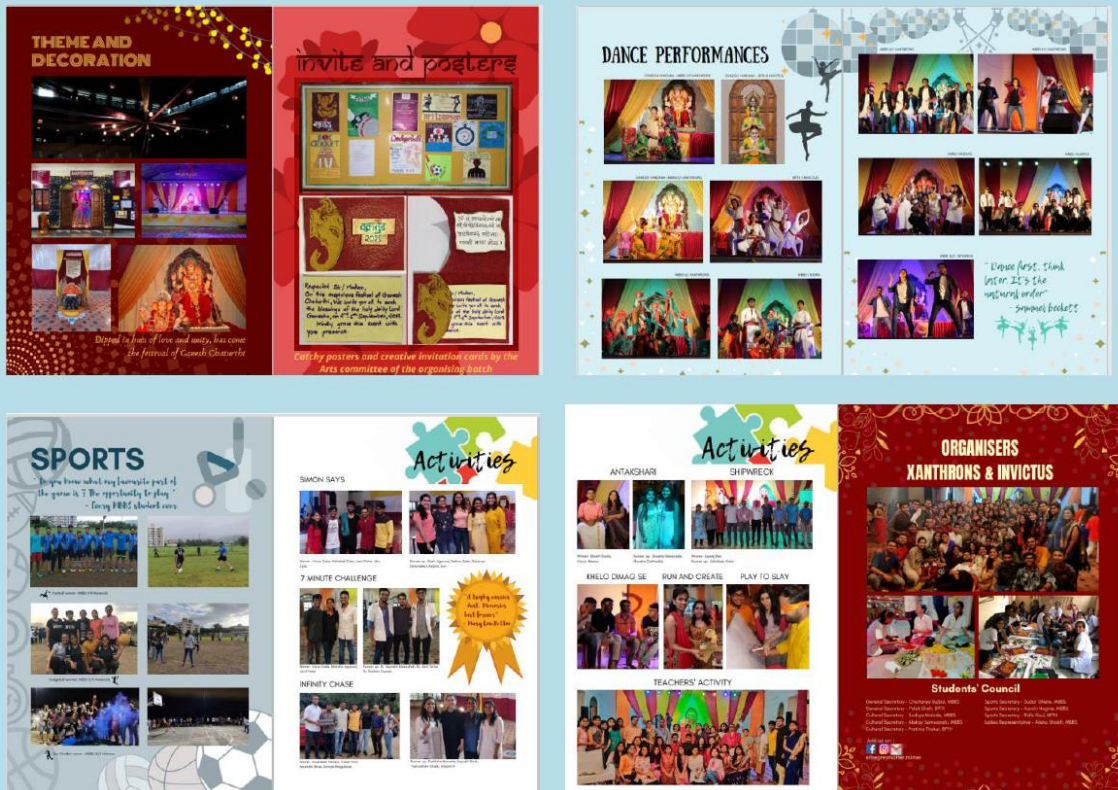


DAY 1- 13TH MARCH MIS-MATCH DAY	DAY 2- 14TH MARCH DRESS TO IMPRESS
9am-10:30am : Turn the Table	9:00am- 11:00am : Masquerade(Mask making competition)
10:30am-11:30am : Eat it Up	11:00am-1:00pm : Plexus M.D.(Quiz)
11:30am-2:00pm : Tea with Teachers	4:00pm-6:30pm : Symphony (Singing Competition)
3:30pm-4:00pm : Lighting of the lamp/Ganesh Vandana	6:30pm-6:50pm : Strings (Guitar performance)
4:00pm-5:00pm : SKIT	7:00pm- 9:00pm : Glamazon(Fashion show)
5pm-8:45pm : STEP-UP(Dance Competition)	9:00pm- 9:15pm: Elastics (Student performance)
9:00pm- 9:30pm : Bloomerust (College Band)	9:15-10:30pm : Wings to Mind (Guest Band performance)



VAKRATUND 2019 – the annual Ganeshotsav , which incorporates moorti sthapna, daily puja and aarti, visarjan and a host of cultural events for all.

### Vakratund 2019





Year	Name of Activity	Sports	Cultural
2019	Plexus 2019 – Annual social gathering	<b>18 Feb 2019 to 12 March 2019</b>	<p><b>Day 1 - 13<sup>th</sup> March</b> Turn the table Eat it up Tea with teachers Lightning of lamp ganesh vandana Skit Step up – dance competition Bloomerust – college band</p> <p><b>Day 2 - 14<sup>th</sup> March</b> Masquerade- mask making competition Plexus M.D. Quiz Symphony- singing competition Strings – guitar performance Glamazon – fashion show Elastics – students performance Wings to mind – Guest band performance</p> <p><b>Day 3 - 15<sup>th</sup> March 2019</b> am Kodachrome race The Mentalist Guest performance 4 -9 pm Annual day events 9 onwards Dinner</p>

### 2019 Annual Gathering “Plexus”

**Duration: 18 Feb 2019 to 12 March 2019**

#### Sports Activity:

Sr. No.	For Boys	Sports name
1.	Outdoor Sports	Cricket
		Volleyball
		Basketball
		Football
2.	Indoor Sports	
		Carrom
		Table tennis
		Chess
		Badminton

## SPORTS

Various indoor and outdoor sports activities during Vakratunda 2019 and Plexus 2019



Cricket match: Titans vs Mavericks  
Plexus mimer.2019 Sports Day 9: 21\02\18  
Liked by anshikarab and 137 others

15:40 36%

← Posts



Liked by hrushikesh\_hendre and 242 others

mimer\_plexus\_2020 🏆 Dodgeball Finals! 🏆  
Inferno vs Xanians  
Winners- Xanians 🏆  
12 March 2019

mimer\_plexus\_2020



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**RESEARCH:** The student council proactively encourages and co ordinates research work at student level. The institute has also established a student wing of the research society to help enable the same.

ICMR

MUHS

IN HOUSE

28	2018	Gayatri M.N.	Analysis of port site infection in basic laparoscopic surgeries at rural hospital.	ICMR	Government	Surgery	18-19		2 months
29	2019	Greeshma Keny	ASSESSMENT OF RESPIRATORY, VENDORS IN A SEMI URBAN AREA.'MORBIDITIES AMONG SHOPKEEPERS AND, VENDORS IN A SEMI URBAN AREA.'	ICMR	Government	Community Medicine	19-20	0.2L	2 months
30	2019	Shivani Masne	A cross-sectional study about awareness of Rabies prophylaxis and animal bite management among Medical Interns in Maharashtra	ICMR	Government	Community Medicine	19-20	0.2L	2 months

31	2019	Tanisha Saraf	Caesarean section or normal vaginal delivery : A cross sectional study of attitude of medical students	ICMR	Government	Community Medicine	19-20	0.2L	2 months
32	2019	Sahil Kothawade	AWARENESS OF MEASLES-RUBELLA VACCINE CAMPAIGN, AND ITS COVERAGE IN RURAL AREAS OF MAHARASHTRA	ICMR	Government	Community Medicine	19-20	0.2L	2 months
33	2019	Dnyanada Lolage	Evaluation of risk factors for age related cataract	ICMR	Government	Ophthalmology	19-20	0.2L	2 months
34	2019	Varun Dake	A prospective study of relationship between Ankle – brachial Index and Microalbuminuria in diagnosis of subclinical atherosclerosis	ICMR	Government	Medicine	19-20	0.2L	2 months
35	2019	Hardik Mali	Assessment of the nutritional status of geriatric population	ICMR	Government	Medicine	19-20	0.2L	2 months
36	2019	Uma Chandurkar	Trends in saturation of Oxygen in	ICMR	Government	Paediatrics	19-20	0.2L	2 months

			healthy newborns						
37	2019	Kosha Gala	A comparative study of the effect of supervised physiotherapy with or without local corticosteroid injection in early stage of adhesive capsulitis of the shoulder	IC MR	Government	Orthopaedics	19-20	0.2L	2 months
38	2019	Varun Kulkarni	Association between preoperative scrubbing and Surgical Site infections of clean and contaminated wounds	IC MR	Government	Surgery	19-20	0.2L	2 months
39	2019	Aparna Suresh	To Study application of Scoring System for starting antibiotics by National Neonatology Forum (NNF), India and actual use of Antibiotics in NICU	IC MR	Government	Paediatrics	19-20	0.2L	2 months
40	2019	Merlin S Mathew	Study Of Serum Ferritin As A Potential Risk Factor In Acute Myocardial Infarction - Merlin Sara Mathew	IC MR	Government	Biochemistry	2019-2020	0.2L	2 months

## **Student Research Council**

Student Research Council was formed on 29th October, 2018.

The Student Research Council MIMER (MIMERSRC) is a group of research-oriented students, with the aim to make Undergraduate research more feasible and accessible. Through workshops, seminars and webinars, the MIMERSRC teaches students research methodology, scientific presentations, biostatistics and other vital topics that stand in the way of medical students interested in research. Under the able guidance of Dr. Derek D'Souza (faculty advisor) and Miss Oshin Behl (student advisor), the MIMER SRC has grown from a 4 member core committee with 33 members in its first year (2018-2019) to having a 13 member core committee (with Conference and Publishing sub-committees) with 98 members.(2019-2020)

### Formation of Student Research Council



### **Committee: 2018-2019**

Founder –

- Oshin Behl

Assistant secretary –

- Dharmin Doshi
- Kosha Gala

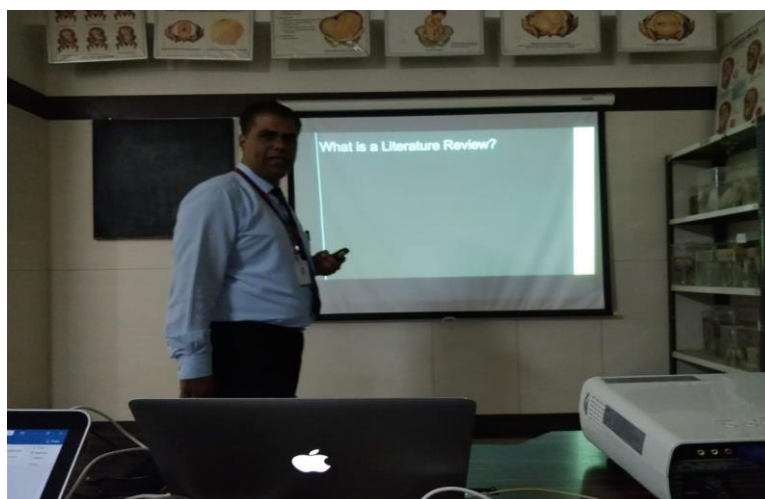
Junior Assistant Secretary –

- Greeshma Keny

### **Events: 2018-2019**

- Literature search, and Planning for research: 13/12/2018  
(Conducted by – Dr. Derek D’Souza)
- MIMER SRC Research Methodology Workshop: 18/04/2019 – 25/04/2019  
(Conducted by – Dr. Swati Raje)

### Research Methodology Workshop



### Program Schedule

Date	Topic	Resource Person
18.4.2019	Steps to start after proposal is accepted, with methods of sampling	Dr.Swati Raje
20.4.2019	Making a questionnaire (for questionnaire based studies) or a proforma (for any other type of study where you have to enter the patients data).	Dr.Derek Dsouza
22.4.2019	Data entry methods, and methods to code your data for easier data analysis later	Dr.Swati Raje
24.4.2019	Putting the results into a written format, and an overview of how to write the paper (a more detailed workshop can be conducted on paper writing later	Dr.Derek Dsouza
25.4.2019	Data analysis after you have entered it, with the suitable tests to use according to what kind of data you have, and also what you want to find out	Dr.Swati Raje

### **Committee: 2019-2020**

Founder –

- Oshin Behl

Co-secretary –

- Kosha Gala

- Dharmin Doshi

Assistant Secretary –

- Kunal Jasnani

Conference committee –

- Greeshma Keny
- Varun Dake
- Muskaan Sutaria
- Aparna Suresh

Publishing committee –

- Uma Chandurkar
- Rashi Agarwal
- Ashmitha Sharma
- Yash Kurmi
- Tanisha Saraf

### **Events:**

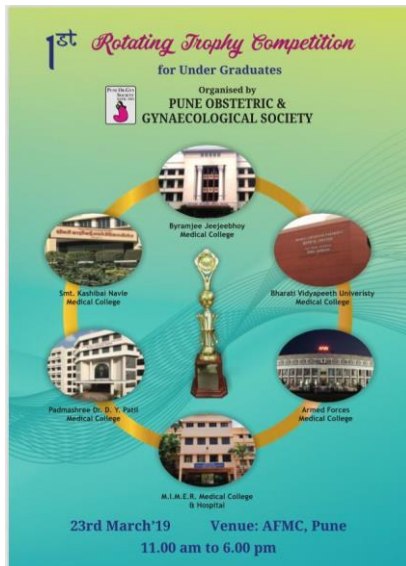
- Young Researcher's Symposium: 17/02/2020
- The art of SCIENTIFIC PRESENTATION: 02/05/2020 – 03/05/2020  
(Conducted by – Dr.Oshin Behl)
- Research for All (1<sup>st</sup> National Healthcare Digital Symposium – 2020):  
30/05/2020 & 06/06/2020
- Research overview and Abstract writing (in collaboration with JIGNYASA:  
BJMC UG Research Club): 03/06/2020  
(Conducted by – Dr. Oshin Behl)



## ACADEMIC ACTIVITY:

### The student council helps coordinate participation of students in various intercollege events

- ❖ Participated in intercollege gynaec quiz held at AFMC on 23<sup>rd</sup> March 2019. Secured 2<sup>nd</sup> place



❖ Pharmacoscopia- Intercollege Pharmacology Quiz at BJ Government Medical College - 25th April 2019.

Participants

Ajinkya Chandurkar  
Arshiya Barmare  
Khushboo Savla



❖ Pre clinical and Para clinical Quiz at BJ Government Medical College- RESPIRARE - 8th August 2019.

Participants:

Varun Kamat  
Rahul Bagul  
Hanuman Dinde

\*3rd Prize\*



- ❖ COGNIZANCE :-The Medicine clinical Quiz 2019 at BJGMC got 4 th rank  
9 th August 2019

Rahul bagul  
Hanuman Dinde  
Varun kamat

- ❖ INCIDENDUM:-The Surgery Quiz at SKN medical college (22-24 August  
2019)

Rahul Bagul  
Hanuman Dinde  
Varun Kamat

- ❖ PATHOCON:- PATHOLOGY Quiz at BJGMC 26th April 2019

Hanuman Dinde  
Rahul Bagul  
Varun Kamat

- ❖ GENESIS:- The pre & para medical Quiz at SKN (22-24 August 2019)

Varun Kamat  
Hanuman Dinde  
Rahul Bagul

❖ COGNIZANCE :-The Medicine clinical Quiz 2019 at BJ government medical college.. go  
Rahul bagul  
Hanuman Dinde  
Varun kamat

❖ INCIDENDUM:-The Surgery Quiz at SKN medical college (22-24 August)  
Rahul bagul  
Hanuman Dinde  
Varun kamat

❖ PATHOCON:- PATHOLOGY Quiz at bj medical college 26 th April  
Hanuman Dinde  
Rahul bagul  
Varun kamat

❖ GENESIS:- The pre &para medical Quiz at SKN (22-24 August)  
Varun kamat  
Hanuman Dinde Rahul bagul

EXTRA CURRICULAR

## MUHS foundation day



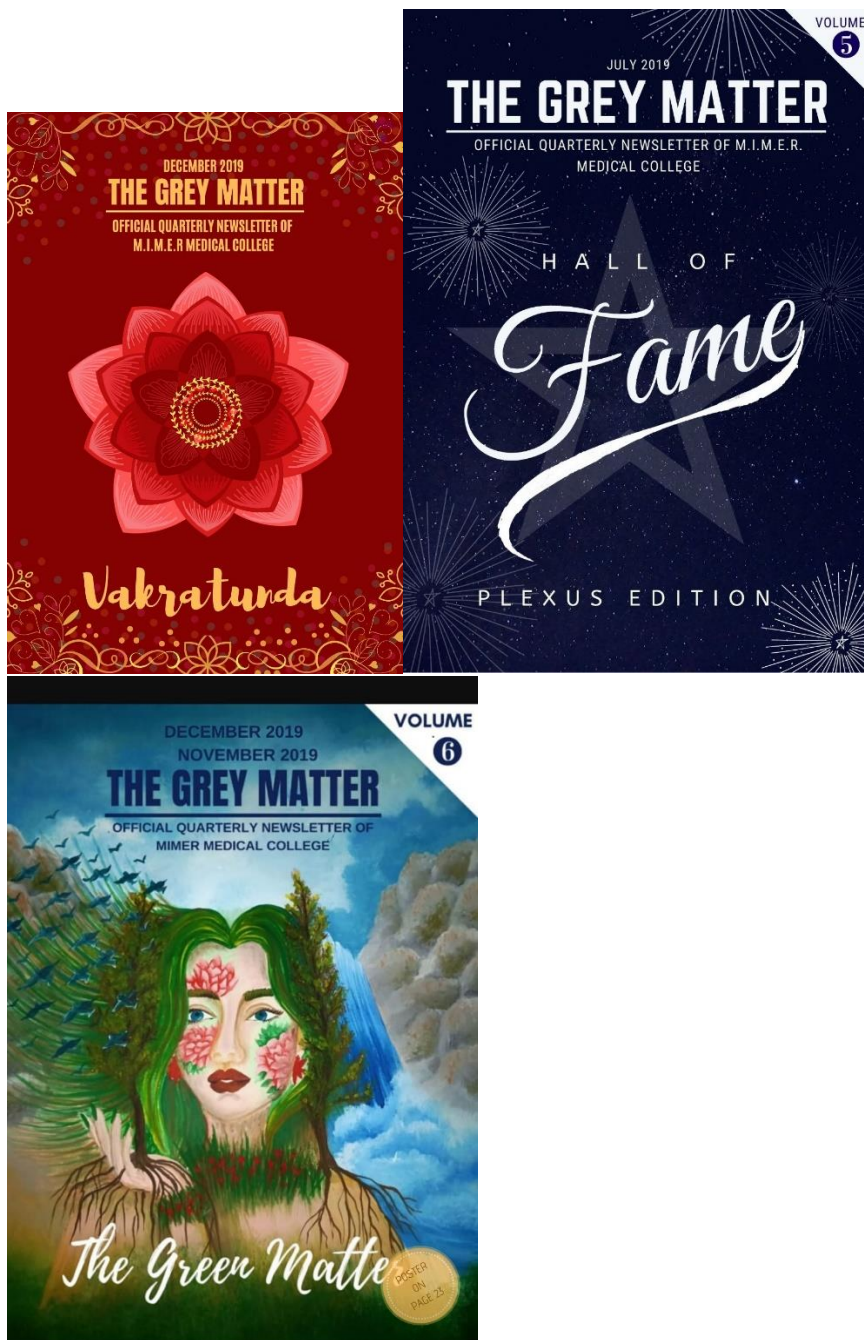
## National patriotic festivals – independence day & republic day



Participation in various programmes for community health welfare in the form of celebration of various days with street plays, community health talk etc.



**STUDENT MAGAZINE – The Grey Matter**



Grey Matter 2019 – the students' magazine

All issues available at:

<https://mitmimer.com/greymatter.php>

**STUDENT COUNCIL YEAR WISE ACTIVITIES:**

**2018 :**

**NSS**

## **MIMER MEDICAL COLLEGE**

### **NSS ACTIVITY REPORT- 3<sup>rd</sup> June 2018**

#### **Awareness on menstrual hygiene**

**Faculty - 4**

**NSS Volunteers - 40**

The programme was hosted to promote awareness on menstrual hygiene in the community with the help of NSS volunteers. Around 30 women, girls and anganwadi workers and NSS volunteers participated in the programme. The programme started with a brief introduction to the purpose of the session by Dr. Ashlesha. This was followed by a short video highlighting the importance and science behind menstruation and menstrual hygiene.

Our physiotherapists Dr Anuradha Sutar and Dr Aishwarya were also present to educate the women about the exercises to relieve dysmenorrhea. They demonstrated the exercises and also taught the right way to do them.

The session came to an end with a question answer round wherein many doubts were solved.



RKedare

RMajumdar



Program officer

Chairperson

Dr. Rahul Kedare

Dr. Ratna Majumdar

## **MIMER MEDICAL COLLEGE**

### **NSS ACTIVITY REPORT- 11<sup>th</sup> July 2018**

#### **WORLD POPULATION DAY**

**Faculty - 4**

**NSS Volunteers - 40**

The world population day was observed in MIMER Medical College, Talegaon on 11<sup>th</sup> July 2018. The theme of world population day for this year is "Family Planning is a basic human right".

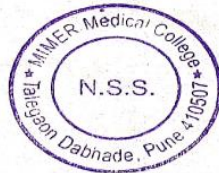
On this occasion as a part of public awareness, a **Street Play** was conducted in OPD campus of BSTR Hospital Talegaon. This street play was carried out by Interns. The topics such as importance of small family norm, problems of population explosion, family planning methods were included in the street play.

Dr. Rajendra Prasad Gupta, Principal, Dr. Vinayak More, Medical Superintendent, Dr. Bhoge, Professor & Head, Dept. Medicine Dr. Derek D'Souza were present for the street play.

Similarly, faculty members of Dept. of Community Medicine and other department, Nursing staff and Patients were present for the function.

The programme was organized under the guidance of Dr. S.V. Chincholikar, Professor & Head, Dept. of Community Medicine.

RKedare



RMajumdar

Program officer

Dr. Rahul Kedare

Chairperson

Dr. Ratna Majumdar

# **MIMER MEDICAL COLLEGE**

## **NSS ACTIVITY REPORT- 01-15<sup>th</sup> August** **2018**

### **OBSERVANCE OF SWACHHTA PAKHWARA**

**Faculty - 4**

**NSS Volunteers - 40**

#### **Background**

Hon'ble Prime Minister Sh. Narendra Modi urged the people of India to keep their surroundings clean during his first address to the nation on the eve of Independence Day. NSS have been conducting various activities under the cleanliness drive in the past.

To observe the Swachhta Pakhwara in befitting manner NSS organizations propose to conduct various activities during the observance of Swachhta Pakhwara. All the NSS Units will ensure due publicity of the activities/programmes to be conducted through all possible electronic and print media, so that the involvement of general public is also ensured in the celebration of this event. All the Regional Directorates of NSS will be entrusted with the responsibilities of providing guidelines to all the NSS units and also monitor the programme/activities during the conduct of the event. All the Regional Directorate will submit a brief report along with the action photographs and paper clippings after the culmination of the event. They will also ensure the necessary support of local authorities and other agencies as an when need arises during the conduct of various activities.

#### **Action Plan**

The following activities/programmes are proposed to be conducted by all the NSS Units across the country during the observance of Swachhta Pakhwara from 01<sup>st</sup> to 15<sup>th</sup> August, 2018:

<b>1<sup>st</sup> August, 2018</b>	One day seminar on Swachhta will be organized by all the NSS Units in the country, where locally available eminent speakers will be invited to address the NSS Volunteers on the various issues of Swachhta. The event will end with the <b>Swachhta Shapath</b> (Oath) by all the NSS Functionaries including NSS Volunteers.
<b>2<sup>nd</sup> - 5<sup>th</sup> August, 2018</b>	All the NSS Units will devote Four days for cleaning their respective campus of their institutions. They will ensure that they clean each and every part of their campus like classrooms, laboratories, libraries, toilets, auditoriums, playgrounds, lawns, roads etc.
<b>6<sup>th</sup> - 8<sup>th</sup> August, 2018</b>	During the period, the NSS Volunteers shall visit the adopted village/slum and take up door to door campaign to make the local masses aware about the importance of cleanliness in their surroundings. During the campaign the discussion will be focused on Open Defecation Free (ODF) village/slum. The villagers will be convinced to construct the toilets in their premises and also to make use of them. NSS Units will also be directed to procure informative material like leaflets, handouts from the local agencies working in the similar fields, for further distribution to the people while visiting door to door in the adopted areas.
<b>9<sup>th</sup> - 10<sup>th</sup> August, 2018</b>	All the NSS Units will devote Two days for intensive cleaning of the adopted villages/slums. Efforts will be made to involve local people so that they understand the dignity of labour and develop a habit of keeping their surroundings clean.
<b>11<sup>th</sup> - 13<sup>th</sup> August, 2018</b>	All the NSS Units will identify locally based 1-2 welfare agencies like hospitals, dispensaries, community centers, old age homes, orphanages, center for disabled, rehabilitation centre, railway station, bus stations/stops etc., and dedicate their services for cleaning the area of the agencies and also to take up various welfare activities in the agencies. Special drives may be

	taken to clean statues & Archeological sites and tourist Places.
<b>14<sup>th</sup> August, 2018</b>	All the NSS Units will organize rallies in their respective cities/villages by depicting various messages of cleanliness on banners and placards to create awareness in the masses.
<b>15<sup>th</sup> August, 2018</b>	All the NSS Units will hold a meeting of NSS Volunteers in their campuses under the Chairmanship of the Head of Institution and will discuss the future plans of sustaining cleanliness in the area. Head of the institution may declare the institution as <b>“Clean Institution”</b>

RKedare



RMajumdar

Program officer

Dr. Rahul Kedare

Chairperson

Dr. Ratna Majumdar

# MIMER MEDICAL COLLEGE

## NSS ACTIVITY REPORT- 17/09/2018

### DEADDICTION SEMINAR

**Faculty - 4**

**NSS Volunteers – 40**

The department of Community Medicine in collaboration with the department of psychiatry conducted a de-addiction seminar in MIMER Medical College Talegaon Dabhade on 17<sup>th</sup> September 2018 for the NSS volunteers and 1<sup>st</sup> MBBS students. The lecture on de addiction was delivered by Dr. Anish Bhatt (MD Psychiatry) where sir emphasized the ill effects of tobacco, signs and symptoms of addiction. This was followed by an interactive question and answer session with the students. Active participation made the event a grand success.

RKedare



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Program officer

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Chairperson

Dr. Ratna Majumdar

# MIMER MEDICAL COLLEGE

## NSS ACTIVITY REPORT- 21/09/2018

### **WORLD ALZEIMER'S DAY CELEBRATION AT RHTC SUDHUMBRE**

**Faculty - 4**

**NSS Volunteers – 35**

World Alzheimer's day was celebrated at RHTC Sudhumbre on 21/09/2018. It was celebrated in the community and in the centre itself. Around 25 people were present. Information regarding symptoms, prevention of Alzheimer's disease was given. Talks were given in the local language by Dr. A. Topkhane, Dr. S. Kale and NSS volunteers under the guidance of Dr. Ratna Majumdar and Dr. Rahul Kedare.

The programme was organised under the guidance of Dr. Maya Kshirsagar & Dr. S.V.Chincholikar. Prof & Head, Dept. Of Community Medicine, MIMER Medical College, Talegaon.

RKedare



RMajumdar

Program officer

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Chairperson

Dr. Ratna Majumdar

**MIMER MEDICAL COLLEGE**

**NSS ACTIVITY REPORT-29/09/2018**

## Surgical Strike day

Faculty - 4

NSS Volunteers – 35

The NSS unit at MIMER Medical College commemorated Surgical Strike Day on 29<sup>th</sup> September in appreciation of the Armed Forces of India. They wrote poems, songs and letters which were sent to the nearest cantonment area. This was conducted under the guidance of Dr. Ratna Majumdar and Dr. Rahul Kedare.

RKedare  RMajumdar

Program officer

Dr. Rahul Kedare

Chairperson

Dr. Ratna Majumdar

## MIMER MEDICAL COLLEGE

### NSS ACTIVITY REPORT-1<sup>st</sup> October 2018

Celebration of International day of the elderly



## **Faculty - 4**

### **NSS Volunteers – 35**

International day of the elderly was celebrated at the urban health centre on 1st October 2018 in collaboration with the college of physiotherapy. The programme was organized by Dr. Ashlesha Dandekar under guidance of Dr R Majumdar, Professor, and Dr. S.V. Chincholikar, Professor & Head, Dept. Of Community Medicine.

The theme for this year was elder human rights champions.

A health survey was organized for the elderly population living in the field practice area of the urban health training centre. Routine health checkup including weight and blood pressure was done. 30 people attended the programme.

The physiotherapists from college of physiotherapy also assessed the geriatric people for musculoskeletal problems and management where necessary.

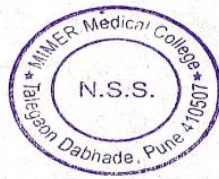
After the checkup, an interactive session was held where the participants were advised on their rights as older persons in accordance with the theme.

A talk was given by the interns describing common ailments affecting their age group such as osteoarthritis and diabetes mellitus. Treatment options and preventive measure for the same were also addressed.

After the session, there were activities held by the physiotherapy college. These included performing basic balance and strength exercises.

Finally, games such as races and musical chairs were held to recap the things that had been taught and to ensure they had fun.

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RMajumdar

Program officer

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Chairperson

Dr. Ratna Majumdar

**MIMER MEDICAL COLLEGE**

**NSS ACTIVITY REPORT-10<sup>th</sup> October 2018**

## World Mental Health Day, UHTC

Faculty - 6

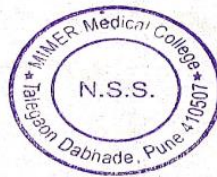
NSS Volunteers – 30

Theme: Young people and mental health in a changing world.

A Programme was conducted in UHTC, Talegaon under the guidance of Dr. Majumdar, Dr. Ashlesha and social worker Mrs. Lalita. Psychiatrist Dr. Ashish Arya from BSTR Hospital, Talegaon was the guest lecturer for this event.

According to WHO, Mental Health has become a major problem in our country, so Community members were educated about mental health and its problems. Common mental illnesses were described and awareness about the day to day lifestyle related mental disorders was given. Adolescent age-related problems and geriatric mental health problems were discussed in detail. They were asked to come forward not be ashamed to seek help for counseling or medication as required. Consultation by Dr. Arya was given after the speech.

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Dr. Rahul Kedare

Chairperson

Dr. Ratna Majumdar

**MIMER MEDICAL COLLEGE**

**NSS ACTIVITY REPORT-12<sup>th</sup> November 2018**

## Activity related to Measles- Rubella campaign

**Faculty - 4**

**NSS Volunteers – 30**

In collaboration with the OPD, Dr BSTR Hospital, Rural & Urban health center and under the guidance of Dr. Ratna Majumdar, the NSS volunteers conducted a MR vaccine awareness campaign using charts, posters and slogans in the community in Talegaon Dabhade and Sudumbre. Locals were given information about the vaccine and its significance. All unimmunized children were referred to the nearby Primary Health Centre.

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Chairperson

Dr. Ratna Majumdar

**MIMER MEDICAL COLLEGE**

**NSS ACTIVITY REPORT-14<sup>th</sup> November 2018**

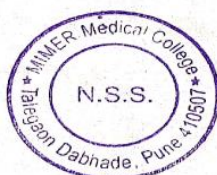
**World Diabetes Day, UHTC, Talegaon**

## Faculty - 4

## NSS Volunteers – 30

World Diabetes Day was observed on 14<sup>th</sup> Nov.2018, at UHTC Talegaon. Theme for this year is “The family and Diabetes”. Health talk was organized by NSS volunteers to create awareness about diabetes among general population, followed by question answer session. Special focus was given on importance of Diet, exercise and lifestyle modification for prevention and control of diabetes. Health talk was also given by Dr. Pramod Giri, PG Student, Community Medicine. There was good response from the community and 30-40 people were present for the session. The programme was organized under the guidance of Dr. S.V.Chincholikar, Professor & Head, Community Medicine, Dr Ratna Majumdar and Dr. Rahul Kedare.

RKedare



RMajumdar

Program officer

Dr. Rahul Kedare

Chairperson

Dr. Ratna Majumdar

## MIMER MEDICAL COLLEGE

### NSS ACTIVITY REPORT-1st December 2018

STREET PLAY ORGANISED AT TALEGAON RAILWAY STATION ON  
OCCASION OF WORLD AIDS DAY 2018

**Faculty - 5**

**NSS Volunteers – 30**

WORLD AIDS Day 2018 was observed in MIMER Medical College on 01/12/2018 . The theme of this year is “ Know your status”. On this occasion a Street Play was organised at Talegaon Railway Station by NSS volunteers. The street play included the topics on common modes of transmission, the presenting symptoms and the preventive measures for HIV/AIDS. The street play was organised by Dr. Ratna Majumdar, Dr. Rahul Kedare, Dr. Aastha Pandey & Dr. S.J.Kulkarni under the guidance of Dr. S.V.Chincholikar, Professor & Head Dept. Of Community Medicine.

RKedare



RMajumdar

Program officer

Dr. Rahul Kedare

Chairperson

Dr. Ratna Majumdar

## **MIMER MEDICAL COLLEGE**

### **NSS ACTIVITY REPORT-1st December 2018**

#### **WORLD AIDS DAY RALLY 2018**

**Faculty - 6**

**NSS Volunteers – 30**

WORLD AIDS Day 2018 was observed in MIMER Medical College on 01/12/2018 . The theme of this year is “

Know your status". On this occasion a rally of Medical Students was organised in Talegaon town. NSS volunteers, Staff of Community Medicine Dept. participated in the rally. This rally was followed by performance of a street play by NSS volunteers in BSTR Hospital OPD Complex. The street play included the topics on common modes of transmission, the presenting symptoms and the preventive measures for HIV/AIDS. The same street play was also performed at Jijamata Chowk in Talegaon town under the adopted area of UHTC. On the same day health talks were organised in the adopted area in RHTC, sudumbre. The programme was organised by Dept. of Community Medicine Staff & Interns were also present .

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RMajumdar

Program officer

Dr. Rahul Kedare

Chairperson

Dr. Ratna Majumdar

## CULTURAL

### Annual gathering "PLEXUS 2019" PLEXUS 2019





## Vakratunda2018



## Sports



SPORTS  
PLEXUS + VAKRATUND



Vaishali Kolhe

2nd prize in Badminton Singles - Syncytium 2018, SKNMC, Pune



**RESEARCH:** The student council proactively encourages and co ordinates research work at student level. The institute has also established a student wing of the research society to help enable the same.

## **Student Research Council**

Student Research Council was formed on 29th October, 2018.

The Student Research Council MIMER (MIMERSRC) is a group of research-oriented students, with the aim to make Undergraduate research more feasible and accessible. Through workshops, seminars and webinars, the MIMERSRC teaches students research methodology, scientific presentations, biostatistics and other vital topics that stand in the way of medical students interested in research. Under the able guidance of Dr. Derek D'Souza (faculty advisor) and Miss Oshin Behl (student advisor), the MIMER SRC has grown from a 4 member core committee with 33 members in its first year (2018-2019) to having a 13 member core committee (with Conference and Publishing sub-committees) with 98 members.(2019-2020)

Formation of Student Research Council



### **Committee: 2018-2019**

Founder –

- Oshin Behl

Assistant secretary –

- Dharmin Doshi
- Kosha Gala

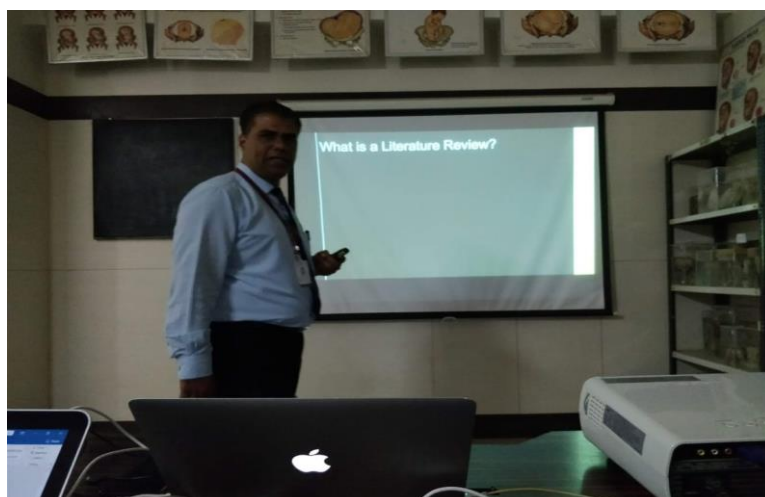
Junior Assistant Secretary –

- Greeshma Keny

### **Events: 2018-2019**

- Literature search, and Planning for research: 13/12/2018  
(Conducted by – Dr. Derek D’Souza)
- MIMER SRC Research Methodology Workshop: 18/04/2019 – 25/04/2019  
(Conducted by – Dr. Swati Raje)

#### Research Methodology Workshop



#### Program Schedule

Date	Topic	Resource Person
18.4.2019	Steps to start after proposal is accepted, with methods of sampling	Dr.Swati Raje
20.4.2019	Making a questionnaire (for questionnaire based studies) or a proforma (for any other type of study where you have to enter the patients data).	Dr.Derek Dsouza
22.4.2019	Data entry methods, and methods to code your data for easier data analysis later	Dr.Swati Raje
24.4.2019	Putting the results into a written format, and an overview of how to write the paper (a more detailed workshop can be conducted on paper writing later	Dr.Derek Dsouza
25.4.2019	Data analysis after you have entered it, with the suitable tests to use according to what kind of data you have, and also what you want to find out	Dr.Swati Raje

ICMR  
 MUHS  
 IN HOUSE

2018	Ms. Aparna Suresh	Use of pre-operative endoscopy in distinguishing symptoms of pain due to cholelithiasis from symptoms in upper GI endoscopy
2018	Ms. Arshiya Shamshapure	Perinatal outcome in cases of eclampsia in a rural referral hospital
2018	Ms. Jai Jabade	A study of the knowledge and practices of breast feeding by mothers in rural referral hospital in maharashtra
2018	Mr. Hardik Mali	Neonatal Anthropometry estimate of gestational age and foetal growth
2018	Ms. Dhvani Bhat	A prospective study of episiotomy in a rural tertiary care hospital
2018	Ms. Peenal Satra	To evaluate the use of topical mupirocin as a prophylaxis for surgical site infections in elective gynecological surgeries.
2018	Ms. Greeshma Keny	Evaluation of Mentzer's formula as screening test for thalassemia in ANC patients in tertiary referral hospital.
2018	Ms. Prachi Jethwa	Maternal and perinatal outcome in pregnancy induced hypertension and pre-eclampsia in rural area of Maharashtra.
2018	Ms. Aishwarya Ingole	Awareness of contraceptive methods in reproductive age group women attending gynaecology OPD in a teaching hospital.
2018	Ms. Vrushali Lahane	Maternal and fetal outcome associated with normal vaginal and instrumental vaginal delivery in a tertiary rural referral hospital.
2018	Ms. Muskan Sataria	Perinatal outcome in patient with pre-term premature rupture of membranes: A cross-sectional study in rural tertiary care hospital.

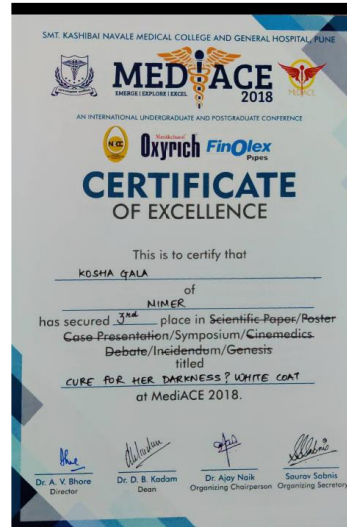


## ACADEMIC ACTIVITY:

### The student council helps coordinate participation of students in various intercollege events

- ❖ Medical symposium – Topic: “ The team Won 3rd prize at Mediace - Kashibai navle medical college (SKN) 10<sup>th</sup> August 2018  
Won best speaker Sahiba Maniar

Khushboo Savla  
Dharmin Doshi  
Kosha Gala  
Kinjal Andrade  
Sahiba Maniar  
Gautami Kashyap  
Satyajeet Rakh  
Shehroz Nagdawala  
Uma Chandurkar  
Hrushikesh Hendre



Symposium Topic-“ Cure for her Darkness- White Coat Bright enough?”

#### Participants

1. Khushboo Savla
2. Satyajeet Rakh
3. Kinjal Andrade
4. Hrushikesh Hendre
5. Uma Chandurkar
6. Kosha Gala
7. Shehroz Nagdawala
8. Gautami Kashyap
9. Sairaja Maggidwar
10. Dharmin Doshi
11. Sahiba Maniar



- ❖ BJGMC - RESPIRARE- 3rd August 2018





Grant Government Medical College- AUXESIS  
Best speaker- Sahiba Maniar  
AUXESIS 10th August 2018

Varun Kulkarni  
Atharva Deodhar

Abhishek Choudhary  
Saniya Joshi  
Shantanu Sharma  
Alfiya Ansari  
Tanushree Nahata  
Miit Manek  
Ritika MishraAvanti Patwardhan  
Munazza Shaikh



❖ OSMECON 2018[11th n 12th August]  
Symposium on social anxiety disorder Andrea Almeida  
Siddhi Pawar  
Safa Khan  
Aditi Gupta  
Gayathri M N  
Alisha Sunil  
Jeffy Matthew

-Won ' \*Best AV Presentation\*'( Osmecon ,Hyderabad

❖ RESPITE - Online national photography contest conducted by IMA,  
students' wing  
5<sup>th</sup> October2018  
Won 2<sup>nd</sup> prize Sayali Patil



winning photograph



**Shubhali Salunkhe** , crown winner of Miss India international pageant

## EXTRA CURRICULAR

MUHS foundation day 10<sup>th</sup> June 2018



National patriotic festivals – independence day & republic day 2018

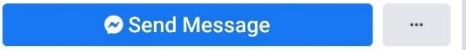




MIMER Medical College, Talegaon Dabhade ... See more



Aparna Lonikar and 56 others



Community service and celebration of various health days

Grey matter – the students’ magazine: released on 26<sup>th</sup> January 2018

<https://mitmimer.com/greymatter.php>





## NSS ACTIVITY REPORT- 22nd Jan 2017

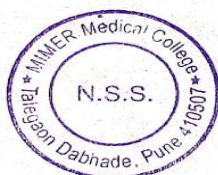
### WALK FOR WATER- WORLD WATER DAY

**Faculty - 6**

**NSS Volunteers - 40**

World Water Day was celebrated by the student volunteers of NSS at MIMER Medical College with a view to educate the masses about the need to conserve water. The celebration was commenced by the SAVE WATER PLEDGE followed by WALK FOR WATER, a rally which was aimed at creating awareness among the local communities. Placards and slogans aided in conveying the message that Water conservation is the need of the hour!

RKedare



R.Majumdar

# NSS ACTIVITY REPORT- 27<sup>th</sup> Jan 2017

## DENTAL HYGIENE CAMP

**Faculty - 5**

**NSS Volunteers - 40**

The faculty of Dept of Community Medicine and Dept of Dentistry, MIMER Medical College along with NSS volunteers celebrated Dental hygiene **Mukh Swacchata Abhiyan** on 27<sup>th</sup> January 2017.

Experts in Dentistry, Dr. Ajay Jog gave a lecture on the basics of dental hygiene followed by an interactive session with the NSS volunteers. Active participation made the activity a huge success and all volunteers promised to impart the knowledge they had received to the community and friends and family at home.

RKedare

RMajumdar



Program officer

Dr. Rahul Kedare

Chairperson

Dr. Majumdar

# **MIMER MEDICAL COLLEGE**

## **NSS ACTIVITY REPORT- 31<sup>st</sup> May 2017**

### **WORLD NO TOBACCO DAY 2017**

### **CELEBRATION AT UHTC TALEGAON**

**Faculty - 3**

**NSS Volunteers – 30**

World no tobacco day was celebrated on 31st of May 2017 at Urban Health Centre(UHTC) of MIMER Medical College, Talegaon Dabhade. NSS volunteers visited the UHTC and went to nearby homes and informed the residents of the ill effects of tobacco, signs and symptoms of cancer from tobacco chewing and the benefits of quitting, They were also informed of the assistance that can be provided by their family and our hospital on their quest to rehabilitate their life.

RKedare

RMajumdar



## NSS ACTIVITY REPORT- 1<sup>st</sup> August 2017

### SWACHH BHARAT MISSION

**Faculty - 3**

**NSS Volunteers – 30**

The volunteers of NSS at MIMER Medical College commemorated the Swachh Bharat Mission on 1<sup>st</sup> August 2017 by making posters and conducting a rally around Talegaon to create awareness regarding the importance of maintaining cleanliness and hygiene in and around the surroundings. They also conducted a Swachhta drive in the college, hospital and hostel campus.

RKedare

RMajumdar



Program officer  
Chairperson

Dr. Rahul Kedare  
Majumdar

Dr. Ratna

## **MIMER MEDICAL COLLEGE**

### **NSS ACTIVITY REPORT 15<sup>th</sup> August 2017**

#### **Independence Day Celebration**

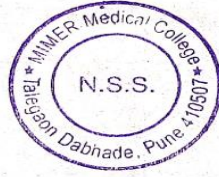
**Faculty - 4**

**NSS Volunteers – 30**

The NSS unit of MIMER Medical College celebrated Independence Day in the college campus. The celebration started with the hoisting of the national flag followed by the national anthem. Patriotic songs were sung by the volunteers. This was followed by distribution of sweets and reciting the health pledge.

RKedare

RMajumdar



Program officer

Chairperson

Dr. Rahul Kedare

Dr. Ratna

Majumdar

## **MIMER MEDICAL COLLEGE**

### **NSS ACTIVITY REPORT- 1<sup>st</sup> to 7<sup>th</sup> September** **2017**

### **National Nutrition Week- RHTC, Sudumbare**

**Faculty - 6**

**NSS Volunteers – 50 (10 each day)**

National Nutrition Week is observed in order to make the people get knowledge about Nutrition and its Importance for the Human Body. It is used to celebrate from the 1st of September to the 7th of September to make the people focus on the Nutrition for their better Health. This year the week is celebrated in adopted area of RHTC, Sudumbare.

**01/09/2017:**

First day of NUTRITION WEEK 2017, was celebrated at RHTC Sudumbre on 01/09/2017 at Jilha Parishad School, Sudumbre. Students from 1st to 7th Std were

present. Information regarding importance of balanced diet was given. Demonstration of various food Article like pulses, jaggery, Wheat was given and their importance was highlighted. Students were also informed about health hazards of Junk Food. They were also told about basic food sanitation practices. There was good cooperation from teachers of the school. Dr. Ratna Majumdar, Dr. Rahul Kedare, Dr. S.J.Kulkarni, Dr. Rupali Verma , Dr. S. Kale along with NSS volunteers and RHTC Staff carried out this programme .

**04/09/2017:**

On this day nutrition demonstration programme was arranged for adolescent girl students of Sant Tukaram School, Sudumbare. Information regarding balanced diet, nutritive values of common Indian foods was given with demonstrations. Special focus was on Iron rich food sources. Speeches were given by Dr Rahul Kedare, Dr Madhura Ashturkar, Dr kale and NSS volunteers. About 120 girl students were present for this programme.

**06/09/2017:**

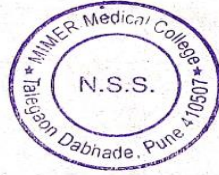
On this day nutrition demonstration programme was arranged for pregnant and lactating mothers in NDRF campus. Information regarding diet in pregnancy, lactation period was given. Importance of additional calories in diet for development of foetus and new born baby during these conditions was highlighted. Speeches were given by Dr Vaishali, Dr kale and NSS volunteers. About 25 women attended this programme.

**07/09/2017:**

On this day nutrition demonstration programme was arranged for elderly people. Information regarding balanced diet, dietary modifications in diseases like Diabetes, hypertension, Osteomyelitis was given. Health check up for all elderly people was also carried out. Speeches were given by Dr Kale and NSS volunteers.

RKedare

RMajumdar



Program officer  
Chairperson

Dr. Rahul Kedare  
Majumdar

Dr. Ratna

**MIMER MEDICAL COLLEGE**  
**NSS ACTIVITY REPORT- 1<sup>st</sup> to 7<sup>th</sup> September**  
**2017**

**National Nutrition Week- UHTC**



## **Faculty - 4**

### **NSS Volunteers – 30**

Keeping in mind the theme for this year National Nutrition Week – “Optimising Infant and young child feeding practices” . The following programme is planned

01.09.2017 -Nutrition awareness generation for Women (Reproductive age group).

04.09.2017 -Nutrition awareness generation for Adolescent Girls.

06.09.2017 -Demonstration of low cost recipe (Nutrition Demonstration) for Community.

07.09.2017 -Community Meeting at Anganwadi

In accordance with the above programme, today i.e 01/09/2017 awareness generation on maternal & child nutrition was done for women of reproductive age group. A group of 15-20 women from our field practice area attended the sensitisation programme. They were made aware of balanced diet and the role of Macro and Micronutrients in diet with the help of charts and models made by NSS volunteers.

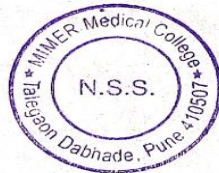
#### **04.09.2017**

A nutrition awareness programme was conducted for girls of std.5<sup>th</sup> to 10<sup>th</sup> of Nagaraparishad school at Maruti Mandir. Talk was given by Dr. Ratna Majumdar and Dr. Ashlesha Dandekar regarding importance of micronutrients in diet. The students were particularly told about importance of Iron and Calcium in diet. They were educated about the various food groups and their importance in diet. This was followed by question and answer session.

#### **07/09/2017**

On the occasion of national nutrition week ,awareness program regarding child nutrition and nutrition of females in reproductive age group was conducted in Sane Ali aanganwadi by Dr Ashelsha Dandekar Dr Advait and NSS volunteers discussion regarding the current diet practices and the requirements for an ideal balance diet to place.Women were demonstrated the diet plan for new borns and themselves that included importance of vitamins proteins and fibres with the help of models and charts Enthusiastic participation was observed by 30 women and their children. The session with concluded with resolution of queries of the mother and pregnant women.Feedback was taken to make sure that people understood the importance of nutrition.

RKedare



RMajumdar

Program officer  
Chairperson

Dr. Rahul Kedare  
Majumdar

Dr. Ratna

## **MIMER MEDICAL COLLEGE**

### **NSS ACTIVITY REPORT- 12<sup>th</sup> October 2017**

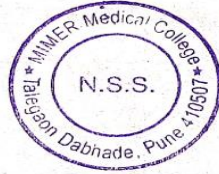
#### **Activity related to Measles- Rubella campaign and Mission Indradhanush**

**Faculty - 4**

**NSS Volunteers – 30**

In collaboration with Rural & Urban health center and under the guidance of Dr. Ratna Majumdar and Dr. Rahul Kedare, the NSS volunteers conducted a MR vaccine awareness campaign using charts, posters and slogans in the community in Talegaon Dabhade and Sudumbre. Locals were given information about the vaccine and its significance. All unimmunized children were referred to the nearby Primary Health Centre.

RKedare



RMajumdar

Program officer

Chairperson

Dr. Rahul Kedare

Dr. Ratna

Majumdar

## **MIMER MEDICAL COLLEGE**

### **NSS ACTIVITY REPORT 26<sup>th</sup> November 2017**

#### **Constitution Day Celebration**

**Faculty - 4**

**NSS Volunteers – 35**

Constitution Day was celebrated under NSS programme in MIMER Medical College Talegaon Dabhade.

1) Essay competition conducted. Assessment was done by Dr. D. B. Deshmukh (Head & Prof, Dept. of Forensic Medicine)

1st rank- Shweta Katkar (English)

2nd rank- Madhumithaa (English)

3rd rank Simran Shah (English)

1st rank Pradip Bhagat (Marathi)

2nd rank Gouri Mhetre (Marathi)

RKedare  RMajumdar

Program officer  
Chairperson

### CULTURAL and SPORTS

PLEXUS 2017 (Annual gathering ) & Vakratunda2017. ( Ganesh festival )

**2017 Annual Gathering "Plexus"**

**Duration: 18<sup>th</sup> February to 28<sup>th</sup> February 2017**

**Sports Activity:**

Sr. No.	For Boys	Sports name
1.	Outdoor Sports	Cricket
		Volleyball
		Basketball
		Football
2.	Indoor Sports	
		Carrom
		Table tennis
		Chess
		Badminton

Sr. No.	For Girls	Sports name
1.	Outdoor Sports	Dodgeball
		Volleyball
		Handball
2.	Indoor Sports	
		Carron
		Table tennis
		Chess
		Badminton



Year	Name of Activity	Sports	Cultural
2017	Plexus 2017 – Annual social gathering	<b>18<sup>th</sup> February to 28<sup>th</sup> February 2017</b>	<b>1<sup>st</sup> March to 4<sup>th</sup> March 2017 Plexus</b> 1 <sup>st</sup> March: Singing 2 <sup>nd</sup> March: Fashion show – Teachers & students 3 <sup>rd</sup> March: Dance & MH43 BAND 4 <sup>th</sup> March: Annual day followed by dinner  Battle of bands

Year	Name of Activity	Sports	Cultural
2017	Plexus 2017 – Annual social gathering	18 <sup>th</sup> February to 28 <sup>th</sup> February 2017	1 <sup>st</sup> March to 4 <sup>th</sup> March 2017 Plexus 1 <sup>st</sup> March: Singing 2 <sup>nd</sup> March: Fashion show – Teachers & students 3 <sup>rd</sup> March: Dance & MH43 BAND 4 <sup>th</sup> March: Annual day followed by dinner  Battle of bands



Year	Name of Activity	Sports	Cultural
2017	Vakratund – Ganesh festival	<b>14 August – 24 August 2017</b>	Day 1: 25th August 2017* <ul style="list-style-type: none"> <li>• Sthapana 9 30am -12 pm</li> <li>Followed by Aarti.</li> <li>• Fun fair- 2 pm onwards.</li> <li>• Evening aarti: 6:30-7:30 pm</li> <li>• Evening program ( Prayer dance, Maanvandana, BPT skit, Batch dance,speech)</li> </ul>
			Day 2- 26 August 2017* <ul style="list-style-type: none"> <li>• Aarti : 10-11 am</li> <li>• Bollywood and Harry Potter Quiz :11am-1pm</li> <li>• Evening aarti 6:30 pm-7:30 pm</li> <li>• Skit 7:30-8:30 pm</li> <li>• Fishpond with a band performance - 8:30-10 pm</li> </ul>
			Day 3- 27 August 2017* <ul style="list-style-type: none"> <li>• Aarti 10-11 am</li> <li>• Treasure Hunt 11am-2 pm</li> <li>• Solo singing -5 pm onwards</li> <li>• Evening aarti 6:30-7:30 pm</li> <li>• Duet and Group singing 7:30 pm onwards</li> <li>• Performance by Harmonic Scalpels</li> </ul>
			Day 4-28 August 2017* <ul style="list-style-type: none"> <li>• Aarti 10-11am</li> <li>• Satyanarayan Puja 11am-1pm</li> <li>• Evening aarti 6:00-7:00pm</li> <li>• Nrityang 7pm onwards</li> </ul>
			Day 5- 29 August 2017* <ul style="list-style-type: none"> <li>• aarti 10-11 am</li> <li>• Teacher's antakshari 11am-12pm</li> <li>• Best performances, Prize distribution, Vote of Thanks 1pm-3 30pm</li> <li>• Visarjan 3 30pm onwards.</li> </ul>



**2017 Ganapati festival “Vakratunda”**

**Duration: 14 August – 24 August 2017**

**Sports Activity:**

Sr. No.	For Boys	Sports name
1.	Outdoor Sports	Cricket
		Basketball
2.	Indoor Sports	
		Carrom
		Table tennis
		Chess

Sr. No.	For Girls	Sports name
1.	Outdoor Sports	Dodgeball
		Handball
2.	Indoor Sports	
		Carrom
		Table tennis
		Chess

## ACADEMIC ACTIVITIES

### The student council helps coordinate participation of students in various intercollege events

#### MEDICAL SYMPOSIUM- SOCIAL ANXIETY DISORDER

Team members:

Andrea Almeida  
Siddhi Pawar  
Safa Khan  
Aditi Gupta  
Gayathri M N  
Alisha Sunil  
Jeffy Matthew  
Sarah Khan

CRUSADE 2017 [14TH TO 16TH feb] - Participated (Topiwala medical college ,Mumbai)

TRINITY 2017 [3rd march] -Participated (lokmanya Tilak college,Sion ,Mumbai)

VERTEX 2017 [6th march]-Participated (K.J.Somaiya, Mumbai)

ILLUMINATI 2017 [9th n 10th sept]-Participated(A.F.M.C ,Pune)



**RESEARCH: The student council proactively encourages and co ordinates research work at student level. The institute has also established a student wing of the research society to help enable the same.**

ICMR

MUHS

2017	Rohit Telap	screening of kidney disease by proteinuria in a teaching h maval taluka, pune
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## EXTRA CURRICULAR

Establishment of a movement called - “ Mission Zindagi “- a voluntary non profit student organization which works towards establishing a regulatory link system between the hospital’s blood bank and blood donors to ensure availability of blood and prevent it’s wastage. It also promotes voluntary blood donation.

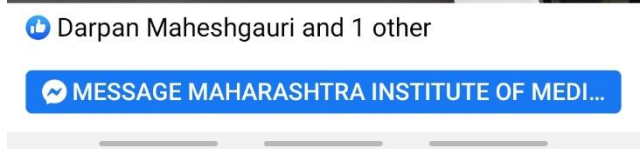
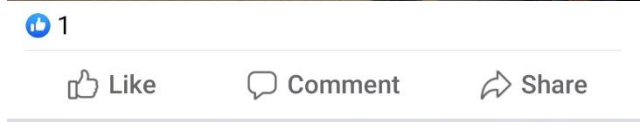
MUHS foundation day 10<sup>th</sup> June 2017



National patriotic festivals – independence day & republic day 2017



# Community service and celebration of various health days



## STUDENT COUNCIL YEAR WISE ACTIVITIES - 2016

### NSS activities    **NSS ACTIVITY REPORT ON 26/10/2016**

#### **WORLD OBESITY DAY 2016**

**FACULTY-5**

**VOLUNTEERS-20**

**26<sup>TH</sup> OCTOBER**

- WORLD Obesity day was celebrated at RHTC Sudhumbre on 26/10/2016. Around 20 villagers from sudhumbre were present for the function. They were informed about causes and prevention of obesity . They were counselled about importance of nutritious diet, calcium supplementation and regular exercise. BPh Interns told about Yoga which help in prevention of Obesity. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present for that function.
- The programme was organised under the guidance of Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.

RKedare

RMajumdar



Dr.Rahul Kedare

Dr.Ratna Majumdar



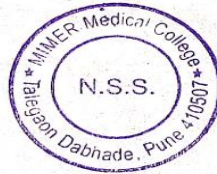
## NSS ACTIVITY REPORT ON

### WORLD AIDS DAY 2016

WORLD AIDS Day was observed at RHTC Sudhumbre on 24/11/2016. Around 45 People from sudhumbre village were present for the occasion. They were informed about the common modes of transmission, the presenting features and the preventive measures for HIV/AIDS. The programme was organised by Dr. A. Topkhane , Dr. S. Kale. Interns and RHTC Staff was also present .

The programme was organised under the guidance of Dr. Bandana Patnaik. Prof & Head, Dept. Of Community Medicine ,MIMER Medical College, Talegaon.

RKedare



RMajumdar

Programme Officer

Dr.Rahul Kedare

Chairperson

Dr.Ratna Majumdar

## ORGANIZING & PARTICIPATING IN CULTURAL and SPORTS EVENTS :

### PLEXUS 2016

Annual gathering in 2016 could not be held due to campus shutdown

[.Vakratunda2016.](#)

Ganesh festival



Year		
Year	Name of Activity	Cultural
2016	Vakratund	Day 1: 5 <sup>th</sup> september 2016 * <ul style="list-style-type: none"> <li>• Sthapana 9 30am -12 pm</li> </ul> Followed by Aarti. <ul style="list-style-type: none"> <li>• •Evening aarti: 6:30-7:30 pm</li> <li>• Evening program ( Prayer dance, Maanvandana, BPTth skit, Batch dance,speech)</li> </ul>
		Day 2- 6 <sup>th</sup> september 2016 * <ul style="list-style-type: none"> <li>•Aarti : 10-11 am</li> <li>•Evening aarti 6:30 pm-7:30 pm</li> <li>• cultural programm</li> </ul>
		Day 3- 7 <sup>th</sup> september 2016 * <ul style="list-style-type: none"> <li>•Aarti 10-11 am</li> <li>•Evening aarti 6:30-7:30 pm</li> <li>• Duet and Group singing 7:30 pm onwards</li> </ul>
		Day 4-8 <sup>th</sup> september 2016 * <ul style="list-style-type: none"> <li>•Aarti 10-11am</li> <li>•Satyanarayan Puja 11am-1pm</li> <li>•Evening aarti 6:00-7:00pm</li> <li>•Nriyang 7pm onwards</li> </ul>
		Day 5- 9 <sup>th</sup> september 2016 * <ul style="list-style-type: none"> <li>•aarti 10-11 am</li> <li>•Best performances, Prize distribution, Vote of Thanks 1pm-3 30pm</li> <li>•Aarti and Visarjan 3.30pm onwards.</li> </ul>

Men's 100m race at AIIMS, Delhi- PULSE- September 2016.

Navnath Ghule

\*3rd position\*



**Treks coordinated by student council members, involving both faculty and students**



**TREK TO VISAPUR: SEPTEMBER 2016**



## **ACADEMIC ACTIVITIES**

**The student council helps coordinate participation of students in various intercollege events**

**# Debate- Legalisation of marijuana in India**

**BJ Government Medical College- RESPIRARE- 3rd-5th 2016**

For the notion-Archit Shrivastava  
Against the notion-Veerendra Pratap Sharma

**# Symposium Topic- Bariatric Surgery**

**SKN Medical College- MEDIACE- 21st August 2016**

- 1.Archit Srivastava
- 2.Abhishek Pethe
- 3.Shubhali Salunkhe
- 4.Nirali Thakkar
- 5.Vaibhav Waghmare
- 6.Maithali
- 7.Swapnil lotlikar
- 8.Fannie Louis
- 9.Kuldeep deshमुख
- 10.Aishwarya Dalvi
- 11.Veerendra Pratap Sharma

**# Shades of Grey- Geriatric Abuse**

**Presented at- 1. AFMC, Pune September 2016**

**2.Seth GS Medical College, Mumbai August 2016**

Participants

- 1.Prajakta Solat
- 2.Ashmita Rao
- 3.Simran Rajabally
- 4.Shambhavi Kasbekar
- 5.Vedant Gurav
- 6.Anushka Mishra
- 7.Aarathy Vellaluth
- 8.Esha Mhaskar
- 9.Ninad Honwadkar
- 10.Sushant Kadam
- 11.Saloni Rajput
- 12.Rohit Rajderkar

**# Topic name:**

**Outlook of students about Regenerative Medicine and the use of Stem cells for therapeutic and research purpose.**

**Presented at conferences in Grant medical college, KEM, skn college- August 2016**

**AFMC -September 2016**

Presenters:

Kevin Rambhia  
Roshni Hemwani  
Aishwarya Agrawal  
Ketki Thakekar  
Tejas Mhapankar  
Suyog Wagh  
Tanvi Patil  
Shubham Gaonkar

**# MEDICAL SYMPOSIUM- SOCIAL ANXIETY DISORDER**

Andrea Almeida  
Siddhi Pawar  
Safa Khan  
Aditi Gupta  
Gayathri M N  
Alisha Sunil  
Jeffy Matthew  
Sarah Khan

**PARTICIPATED AT VARIOUS FORUMS**

- 1)INNOVATION 2016[1st August]- \*Won 1st Prize\*(Grant government hospital,mumbai)
- 2)RESPIRARE 2016[3rd to 5th August]-Participated(B.J college,Pune)
- 3)MEDICACE 2016[20th n 21st August]-Participated(skn,pune)
- 4)HRIDAYA 2016- Participated (Terna Medical College)
- 5)GOMECON 2016[16 TO 18TH SEPT]-Participated(Goa Medical college)



2016	Miss Aishwarya Pravin Agarwal	Assessment of awareness of health schem amongst female population of low socioeconomic status	ICMR	Government	PSM	2016-2017	0.1L	2 months
2016	Narmrata Deshpande	Thyroid Status in Type II Diabetes Mellitus	ICMR	Government	Biochemistry	2016-2017	0.1L	2 months



## RESEARCH:

**The student council proactively encourages and coordinates research work at student level. The institute has**



**also established a student wing of the research society to help enable the same.**

ICMR UG students projects 2016

2016	Miss Aishwarya Pravin Agarwal	Assessment of awareness of health schem amongst female population of low socioeconomic status	ICMR	Government	PSM	2016- 2017	0.1L	2 month
2016	Narmrata Deshpande	Thyroid Status in Type II Diabetes Mellitus	ICMR	Government	Biochemistry	2016- 2017	0.1L	2 month

**EXTRA CURRICULAR** Integral part of campus activities are the extracurricular activities for students

MUHS foundation day 10<sup>th</sup> June 201



National patriotic festivals – independence day & republic day 2017



## Community service and celebration of various health days

The members of the student council keep encouraging and facilitating student participation at community level, helping enhance both empathy and communication skills

