

# MIMER Medical College, Talegaon (D)

## 1. List of Sports Facility

SL. NO.	SPORTS	FACILITIES
1.	OUTDOOR SPORTS	Football
		Basketball *
		Cricket
		Dodgeball
		Volleyball*
		Throwball
		Badminton
2.	INDOOR SPORTS	Carrom-board
		Table tennis
		Chess


**\*Volley ball and Basketball coaching by National level player is available**

MIMER MEDICAL COLLEGE, TALEGAON DABHADE

Sports Department

Sports material available in sports room date 01.01.2020

Sr. No.	Name	Quantity	Remarks
1.	Volleyball	3	
2.	Basketball	3	
3.	Throwball	2	
4.	Dodgeball	1	
5.	Tennis balls (Soft)	10	
6.	Tennis balls (Hard)	12	
7.	Badminton rackets	2	
8.	Table tennis bats	4	
9.	Table tennis Balls	11	
10.	Carrom Board	4	
11.	Football nets	2	
12.	Volleyball net	1	
13.	Helmet	3	
14.	Gloves Pairs	2	
15.	Guard	1	
16.	Thigh Pad Set	4	
17.	Leg Pad Pairs	7	
18.	Cricket Bats	5	
19.	Chess sets	2	

  
Dr. V. K. Nirmale  
Sports In-charge

# MIMER MEDICAL COLLEGE, TALEGAON DABHADE

## Area for various facilities

<b>Sr. No</b>	<b>Name of the ground</b>	<b>Area (Sq feet)</b>	<b>Area (Sq meters)</b>	<b>Year of Establishment</b>	<b>Remarks</b>
1.	Basketball ground	6700	623		Outdoor
2.	Volleyball ground	2450	253		Outdoor
3.	Boys hostel Sports Room	1812	168		Indoor
4.	Girls Hostel Sports Room	2629	244	2003	Indoor
5.	Auditorium Hall	10692	993		Indoor
6.	Cricket and football ground	1,92,922	18000		Outdoor
7	Boys Gym	1088	32 x 34	2001-2002	
8	Girls Gym	640	32 x 20		

## 2. Well Equipped Gymnasium

Available in Boys and girls hostel (with separate gym instructor for boys and girls hostel).

### list of gym equipments attached.

#### Boys Hostel Gym Equipments

MAMER MEDICAL COLLEGE TALEGAON DABHADE BOYS HOSTEL GYM INSTRUMENTS AND EQUIPMENTS		
SR.NO	DETAILS	QUANTITY
1	1.25 KG PLATE	2
2	2.50 KG PLATE	8
3	5 KG PLATE	8
4	7.50 KG PLATE	10
5	10 KG PLATE	10
6	15 KG PLATE	2
7	2.50 KG DÅMBELL	6
8	5 KG DÅMBELL	4
9	7.50 KG DÅMBELL	2
10	10 KG DÅMBELL	2
11	20 KG DÅMBELL	2
12	7.50 KG RUBBER DÅMBELL	2
13	12.50 KG RUBBER DÅMBELL	2
14	15 KG RUBBER DÅMBELL	2
15	ROD BIG	3
16	ROD MEDIUM	4
17	ROD SMALL	6
18	ALL MACHINE	1
19	CROSS OVER PULLEY	1
20	SEALED LEG PRESS	1
21	BENCH PRESS	1
22	TUSTTER	1
23	FOREARM TABLE	1
24	ABS TABLE	1
25	REGULAR TABLE	1
26	CYCLING	2
27	JOGGING MACHINE (Treadmill)	2
28	STAPPER MACHINE	1
29	WEIGHT MACHINE	1
30	BIG SIZE TABLE	1
31	WATER JAR	1
32	WATCH	1
33	DEEP STAND	1
34	WEIGHT LOCK	13
35	SCOTT STAND	1
36	BELT	3
37	FAN	3
38	MIRROR	3

*(Amulya)*  
De. G. Anand P. Parab  
Rectr of  
Boys Hostel.  
30/1/2025

### Girls Hostel Gym Equipments

Sl. No.	Instruments	Quantity
1.	Mirror	2
2.	Cycles	3
3.	Stepper machine	1
4.	Threadmill	1
5.	Jogger machine	1
6.	Dumbells	2 sets
7.	Twister	1
8.	Weight bar with plates	1 set
9.	Aero body jack machine	1
10.	Crunches machine	1

### 3. YOGA ROOM

Dr. A Chincholikar



## Cultural Facility List

**Main Auditorium:** A spacious well -lit auditorium with built in stage and green room.

**Open Air theatre with Lawn:** Lush green lawn with in-built stage for organising band display and competition. This also serves as venue for large public gatherings and dinners.

**Sushrut hall:** Air conditioned hall for conference facility and seminars with inbuilt speakers.

**Cultural committee:** Dedicated cultural committee is responsible for smooth conduct of all activities during Vakratunda and Annual cultural event (plexuses). It looks after

1. The smooth conduction of events under dedicated budget allocated for these events.
2. Arrangement of stalls, display of art exhibits like paintings, photographs, sketches.
3. Training of students and faculty for cultural events like dance, music, modelling by in-house or outside experts.
4. Guides students in preparation of decor of the auditorium apt for event.
5. Conducting intra and intercollegiate competitions.

### Musical instruments and audio facility

1. Mike system
2. Amplifier
3. Speakers
4. Podium with attached mike, Cordless mike
5. Drumset
6. Tabla
7. Electric guitar
8. Congo
9. Poster stands for display of art and posters
10. LCD projector
11. Decorative lights, spot light and drapery
12. Spot lights for volleyball, badminton and carom, basket ball

## Literary club

Students involved in literary activities publish quarterly magazine (**Grey matter**), which is widely circulated and appreciated on social media platform. They also co-ordinate with faculty for participating in various intercollegiate events of essay and story writing competitions etc.

## Tree Plantation

Members of this club are actively involved with maintenance of greenery, plantation drive, trekking, conservation of water and other resources as well as promoting environment friendly activities.



**Tree Plantation at MIMER Medical College, Talegaon Dabhade .**

**Date 26/09/2016**

Tree Plantation Programme was held at MIMER Medical College, Talegaon Dabhade on 26/09/2016. Dr. Mrs Belasare Vice Principal, Dr Chincholikar Prof. & HOD, Community Medicine, Dr S J Kulkarni and Dr Pravin Baravkar Assis. Prof, engineer Shri.Sawant, gardener Shri. Kondake and support staff were present at that occasion. Students of Second MBBS took part in the plantation. 30 saplings were planted on the occasion.



Dr. S.V. Chincholikar,  
Professor and Head,  
Dept. of Community Medicine,  
MIMER Medical College,  
Talegaon Dabhade

Professor & Head  
Dept. of Community Medicine  
MIMER Medical College  
Talegaon Dabhade