

ACTIVITY REPORT

1.	Name of the activity	World Obesity Day 2025
2.	Date & Time	04/03/2025 11-12pm
3.	Venue / Place	RHTC Sudumbare
4.	Total number of participants/beneficiaries (No of individuals benefited by activity)	11-15
5.	Organizing Faculty / Medical team	Dr.S.J. Kulkarni,Dr. Abhay Tophkhane,RHTC Interns and Staff
6.	In-charge	Dr.S.J. Kulkarni
7.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	<p>World Obesity Week was observed today under the guidance of Prof and Head of Community Medicine Department Dr. S.V. Chincholikar sir 1/0, Associate Prof Dr S.J. Kulkarni and Medical Officer Dr Abhay Tophkhanej, Rhtc intern and staff. This event was held to raise awareness about obesity and healthy eating habits among the Indian population. Asca part of this, Obesity health checkup was held at RHTC Sudumbre. All the 10" std high school students of Rayat' Shikshan Sanstha and Bhag shala with a total of 11&15 beneficiaries were benefitted in the check up for obesity.</p> <p>Information and awareness about the obesity,good eating habits, exercises, calculation of BMI, Brocas Index, waist hip ratio,waist circumference was given along with the side effects and diseases associated with Obesity like Diabetes, hypertension, hypercholesterolemia.</p>
8.	Number of faculties attended (Guest lecture/CME/Workshop/Seminar/Health camps)	2
9.	Number of Students Attended	8-10



Professor & Head,
Dept. of Community Medicine
MIMER Medical College,
Talegaon Dabhade.

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Attendance sheet

Venue -RHTC Sudumbare, Mahadev temple

Medical Team

Dr. S.J. Kulkarni

Dr Abhay Tophkhane

Interns

Dr Mrunal Gaikwad

Dr Shivam Gaikwad

Dr Rutuja Galande

Dr Khusboo Doshi

Dr Ameya Ghaisas

Dr Atharva Ghangrekar

Staff

Sakhu madam



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