## MIMER MEDICAL COLLEGE, TALEGAON DABHADE, DEPARTMENT OF COMMUNITY MEDICINE WORLD MENSTRUAL HYGIENE DAY ACTIVITY REPORT

Name of the activity	World Menstrual Hygiene day
Date	30.05.2023
Time	11.00
Venue	UHTC
Total number of participants/beneficiaries	20
Faculty / Medical team	Dr. Ashlesha Dandekar and Interns
In-charge	Dr. Aastha Pandey
Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	Aim: To spread awareness regarding menstrual hygiene. World Menstrual Hygiene day is observed on 28th of May every year.  A health education awareness session was conducted to create awareness about menstrual hygiene, myths and taboos by interns in Community Medicine under the guidance of Dr. Chincholikar Sir, Dr. Ashlesha Madam and Dr. Oshin Agarwal madam.  Aim of the session was to create awareness about menstrual physiology, menstrual hygiene maintenance, also to break myths and taboos amongst the general population. The session was conducted in UHTC in accordance with this year's theme, "Making menstruation a normal fact in life till 2030!" Session was conducted by interns Dr. Yadni Pawar, Dr. Krutika Parmar, Dr. Varsha Pemare, Dr. Mahi Patil.
Circular / Notification (Date, time, venue, guest, speaker, faculty etc.)	No
Pamphlet	NA
Attendance (if applicable)	Attached
Coloured geo-tagged photos (2 to 4)	Attached

