

MIMER MEDICAL COLLEGE, TALEGAON DABHADE DEPARTMENT OF COMMUNITY MEDICINE**WORLD BREASTFEEDING WEEK ACTIVITY REPORT AT UHTC ON 07.08.2023**

1	Name of activity	World Breastfeeding week
2	Date	07/08/23
3	Time	10:30 am to 1:00 pm
4	Venue	UHTC , Talegaon
5	Total number of participants/ beneficiaries	30
6	Faculty/ Medical Team	4+ 7 interns
7	In-charge	Dr. Aastha Pandey , Dr. Ashlesha Dandekar
8	Brief summary of event	<p>Day 7 of World Breastfeeding Week 2023 themed 'Breastfeeding among working women,' was observed on 7th August. This occasion was a collaborative effort by the department of community medicine and MAEER'S physiotherapy college at Urbana health care Talegaon Dabhade-Ganpati Chowk. The primary objective was to extend support and knowledge to expectant and lactating mothers as well as the elderly women within the households.</p> <p>Under the guidance of Dr. Ashlesha Dandekar and Dr. Anuradha sutar, interns , Anganwadi workers, Asha workers chief guest -Mrs. Firoza Shaikh Anganwadi supervisor HOD of community medicine dept. chinholikar sir, professor Dr. Astha Pandey conducted enlightening health talk, emphasizing the importance and numerous advantages of breastfeeding, along with effective lactation techniques.</p> <p>Dr. Gargi Inamdar delivered an introductory speech, talking about the significance of breastfeeding. Subsequently, Dr. Sakshi Kathale explained the benefits and potential challenges associated with breastfeeding. Dr Shradha explained about how to use the stored mila and how-to sore the expressed milk. Dr. Shambhavi explained about the problems that occur in breastfeeding women and talked about how to manage them effectively. Physiotherapist Dr. Sonal then went on to demonstrate correct positions and techniques for successful latching.</p> <p>The session concluded on an interactive note, led by Dr. Ashlesha Dandekar and Dr. Anuradha Sutar, who summarized the essential steps to achieve successful lactation. This collaborative effort proved successful, fostering increased awareness and empowerment within the community.</p>
9	Circular/ Notification	Not attached
10	Pamphlet	NA
11	Attendance	Attached
12	Coloured geo-tagged photos	Attached





7/8/23 World Breastfeeding week 2023

Sl. No	Name	Age	Mob. No	Sign
1)	Malta Raja Surav	42	8411050280	23/11
2)	Ranjana Keshav Randive	50	8411050280	
3)	Gayatri Shivaji Pawar	39	9923482800	Pawar
4)	Sushama Vinod Dalwale	43	9028609693	S.V. Dal
5)	Kavita Shrikrupa Takale	47	9022469862	K.S. Takale
6)	Vaishali Sunil Shinde	43	8380035673	V. Shinde
7)	Rupali Mahesh Joshi	46	9022469358	R.M. Joshi
8)	Aechana Banaji Gokule	39	8308798416	A. Gokule
9)	Savita Rupesh Gaikwad	26	9067122902	Savita
10)	Anita Ramindra Maske	41		अनिता
11)	Nikita Manoj Tarale	26	9970981440	N. Tarale
12)	Jyoti Shahaji Dahur	38	8171869036	Jyoti
13)	Mangal Balu Takale	48	9003190776	M. Takale
14)	Sonal Sagar Waghela	28	8806679958	Sonal
15)	Suvarni Santosh Bhegade	37	9766120065	S.S. Bhegade
16)	Nina Yashwant Satkare	62	9657969989	निना सातकर
17)	Aasha Naunath Chauke	40	9022468049	A.N. Chauke
18)	Manisha meera	26	9828403092	मनीषा
19)	Pritee Shashubhushan Mishra	26	9762759274	P.S. Mishra
20)	Vandana sachin Waghmare	27	9595303029	Vandana
21)	Deepa Nilesh Shah	47	8805645645	D. Shah
22)	2/21 2/21	35	8192876646	
23)	Firoza Shaikh	50		
24)	Suwati Tanhaji Patil	39	9022491741	S. Patil
25)	Shailaja Durgananda Kale	57	9096795960	S.D. Kale
26)	Sunita Sanjay Nevik	32	8080921060	S. Nevik
27)	Kavita Ganesh Bhegade	40	9881161357	K.B. Bhegade
28)	Sabhiya Jabir Attar	28	9762163040	
29)	Manjini Ishirajgond	60		
30)	Lata Satkare	54		लता सातकर

