## **ACTIVITY REPORT**

## DEPARTMETNT OF COMMUNITY MEDICINE, MIMER MEDICAL COLLEGE, TALEGAON DABHADE

## WORLD BREASTFEEDING WEEK UHTC, ANGANWADI 01/08/2022 to 07/08/2022

1.	Name of the activity	World Breastfeeding Week
2.	Date	01/08/2022 to 07/08/2022
3.	Time	10.00am to 1.00pm
4.	Venue	UHTC, Aanganwadi, Talegaon Dabhade
5.	Total number of participants/beneficiaries	25-30 each day
6.	Faculty / Medical team	5 + 12 Interns
7.	In-charge	Dr. S. V. Chincholikar, Dr. Aastha Pandey, Dr. Ashlesha Dandekar, Dr. Oshin Agarwal
8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The world breastfeeding week 2022 was observed for 7 days from 1st of Aug to 7th of Aug.  Keeping in mind the theme breastfeeding as a concept was taken to the next level where anganwadi workers ,pregnant and lactating mothers were supported and educated.  This was organised as a collaborative effort by the department of community medicine and MAEER'S physiotherapy college at Anganwadis near UHTC.  Interns have given the health talk on Breastfeeding under the guidance of Dr. Ashlesha Dandekar.  The session started with an introduction of breastfeeding and its importance and advantages by Dr. Mohd Abu Zaid and Dr. Rhea Muthiyan it was then followed by a session where principles and cues of breastfeeding were stressed upon Dr. Sharvari Mind and Dr. Anjali Nagre. Further complications and difficulties of breastfeeding were busted by Dr. Merlin Mathew and Dr. Janhvi Nadre.  The positions and proper latching techniques were demonstrated and described by physiotherapists Dr. Abhilasha Jain, Dr. Sakshi Thakre, Dr. Mansi Mane, Dr. Anuja and Dr. Arya.  The session was then concluded by Dr. Ashlesha Dandekar by conducting an interactive question answer session where in steps to successful lactation were recapitulated.  This activity was held under the able guidance of Prof.& HOD Dept.of Community Medicine Dr. Sanjeev Chincholikar , Incharge Dr. Aastha Pandey and Dr. Anuradha Sutar.
9.	Circular / Notification (Date, time, venue, guest, speaker, faculty etc.)	Not Attached
10.	Pamphlet	NA
11.	Attendance (if applicable)	NA
12.	Coloured geo-tagged photos (2 to 4)	Attached













