## MIMER MEDICAL COLLEGE, TALEGAON DABHADE

## DEPARTMENT OF COMMUNITY MEDICINE

## NATIONAL NUTRITION WEEK 2024

## ACTVITY REPORT

4	NI	
1	Name of activity	National Nutrition week
2	Date	03/09/2024
3	Time	11:00 am to 12:00 noon
4	Venue	UHTC
5	Total number of participants/ beneficiaries	70
6	Faculty/ Medical Team	4+ 7 interns
7	In-charge	Dr. Aastha Pandey , Dr. Ashlesha Dandekar
8	event	Theme: Nutritious Diets for all Age Groups Nutrition being the basis of good health, National Nutrition Week is observed in September every year. In accordance with the theme for this yea, an interactive session was organised for all age groups. Interns posted in UHTC gave nutrition health education on various topics under guidance of Dr. Ashlesha Dandekar. A. My plate for the day: Balanced diet B. Diet in pregnancy and lactation C. Nutrition for the elderly D. Adolescent nutrition E. Complementary Feeding The programme concluded with a session on how to keep lifestyle disorders away by focusing on Nutrition throughout the life cycle. This programme was under guidance of H.O.D Dr. S. V. Chincholikar and UHTC incharge Dr. Aastha Pandey.
9	Circular/ Notification	Not attached
10	Pamphlet	NA
11	Attendance	Attached
12	Coloured geo- tagged photos	Attached



💽 GPS Map Camera



Talegaon Dabhade, Maharashtra, India Ganpati Chowk, PMCQ+FHW, Rajwada, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India Lat 18.721221° Long 73.688948° 03/09/24 11:17 AM GMT +05:30



03/09/24 10:48 AM GMT +05:30

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