

DEPARTMENT OF COMMUNITY MEDICINE
NATIONAL NURRITION MONTH ACTIVITY REPORT 2023

Name of the activity	National Nutrition Month 2023
Date	20/09/2023
Time	10.00 AM To 1.00 PM
Venue	RHTC Sudumbre
Total number of participants/beneficiaries	43
Faculty / Medical team	Dr.Maya Kshirsagar, Dr.Abhay Tophkhane, RHTC Interns And Staff
In-charge	Dr. Maya Kshirsagar
Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	National Nutrition Month is observed every year during month of September to raise public awareness about nutrition and healthy eating habits among the Indian population. As a part of this, a BALANCED DIET RECIPES COMPETITION was held at RHTC, Sudumbare. All the 4 Anganwadis with a total of 43 participants had participated in the competition. The motive of this competition was to spread awareness about balanced diet with various and new recipes among the population. 1 Winner, 1 Runner Up and 1 consolation Prizes were distributed. Staff and interns ensured that assembled gathering received necessary information and counseling for making fully informed choice regarding the practices of Balanced diet and giving them support. This activity was held under the able guidance of Prof and HOD of Dept. of Community medicine Dr S. V. Chincholikar, I/C RHTC Asso. Prof. Dr Maya Kshirsagar, Prof. Physiotherapy college Dr Anuradha Sutar, and medical officer Dr Abhay Tophkhane.
Circular / Notification (Date, time, venue, guest, speaker, faculty etc.)	Not attached. 20/09/2023, RHTC, Sundumbare Dr.S.V. Chincholikar, Dr.Maya Kshirsagar, Dr.Madhura Ashtur kar, Dr.Aastha Pandey, Dr.Abhay Tophkhane.
Pamphlet	NO
Attendance (if applicable)	-
Coloured geo-tagged photos (2 to 4)	Attached

1st Prize: Sangeeta Dattatray Kaldoke

2nd Prize: Vidya Kailas Mendale

3rd Prize: Suman Balu Gade



32	सविता कांबळे	ANM	खुले
33	पार्वती कांबळे	Intern	डे
34	सुखरत काराडे	Intern	सुखरत
35	दास्तकार काराडे	Intern	डे
36	शंभूराव कांबळे	Intern	गण
37	कृष्णा काराडे	Intern	क.क.
38	Dr Nishita Manprekash	TR 2 OBC	Nishita
39	पार्वती कांबळे	Intern	पार्वती
40	पारम कोदम	Intern	पारम
41	सविता कांबळे	—	कांबळे
42	मनिषा कांबळे	—	मनिषा
43	सविता कांबळे	—	कुंदरगाव

- ① सविता कांबळे - 1 जंवर
- ② सविता कांबळे - 2 जंवर
- ③ सविता कांबळे - 3 जंवर

आहार सभा
पाककला स्पर्धा

20/03/2023

Sl. No.	Name	Qualification	Signature	Page No.
	डॉ. विचोल्मीकर मर	HOD	<i>[Signature]</i>	52
	डॉ. आरथा पांडे	Prof	<i>[Signature]</i>	53
	डॉ. माया बिरसागर	Ass P Incharge	<i>[Signature]</i>	55
	डॉ. मधुरा अड्डरकर	Prof.	<i>[Signature]</i>	56
	डॉ. अनमय तोफद्याल	M.O	<i>[Signature]</i>	57
	डॉ. मंगल गाधकवाड	ANM	<i>[Signature]</i>	58
	चंद्रभागा बोले	ANM	<i>[Signature]</i>	59
	प्रिया होडले	M.S.W	<i>[Signature]</i>	60
	अमरु सामसे	Lab Tech.	<i>[Signature]</i>	
	सोनाली मुलमकर	st ANM	<i>[Signature]</i>	
1	सौ. सुरेशा धिनायक काडोडे	डॉ. सेविका	<i>[Signature]</i>	
2	सौ. वृंनम साचिन कराले	IL	<i>[Signature]</i>	
3	सौ. दौपदी लक्ष्मी भेंदले	IL	<i>[Signature]</i>	
14	सौ. निडिता बिरण भेंगावडे	IL	<i>[Signature]</i>	
15	सौ. मनिषा रानजिन मरो	डॉ. सेविका	<i>[Signature]</i>	
16	सौ. संगीता इनाम्रथ काळडोडे	डॉ. सेविका	<i>[Signature]</i>	
17	विद्या केळकर सेदले	डॉ. सेविका	<i>[Signature]</i>	
18	उषा संतोष गाडे	डॉ. सेविका	<i>[Signature]</i>	
19	सुमन वल्लु गाडे	डॉ. सेविका	<i>[Signature]</i>	
20	उत्कला सैदीप लाडव	डॉ. सेविका	<i>[Signature]</i>	
21	सपना बोगेश अडंगल	डॉ. सेविका	<i>[Signature]</i>	
22	स्वविता सुभाष काळडोडे	डॉ. सेविका	<i>[Signature]</i>	
23	सुप्रिया पांडुरंग गाडे	डॉ. सेविका	<i>[Signature]</i>	
24	जुवदा अनात काडोडे	डॉ. सेविका	<i>[Signature]</i>	
25	चंद्रभागा महादेव ओरत	डॉ. सेविका	<i>[Signature]</i>	
26	साक्षी विजय काडोडे	डॉ. सेविका	<i>[Signature]</i>	
27	सपना सुरेशा काडोडे	डॉ. सेविका	<i>[Signature]</i>	
28	निवेदिता सुवेळकर (BPT)	फिलिगो	<i>[Signature]</i>	
29	मंदा काडोडे (MBBA - Intern)	Intern	<i>[Signature]</i>	
30	Shruti Kondgare	Intern	<i>[Signature]</i>	
31	Parencara Kanau	Intern	<i>[Signature]</i>	