

ACTIVITY REPORT

1.	Name of the activity	International Yoga Day
2.	Date & Time	22/06/2026 11am to 12 noon
3.	Venue / Place	UHTC
4.	Total number of participants/beneficiaries (No of individuals benefited by activity)	15
5.	Organizing Faculty / Medical team	Dr. Aastha Pandey, Dr. Ratna Majumdar, Dr. Ashlesha Dandekar
6.	In-charge	Dr. Aastha Pandey
7.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	On the occasion of international yoga day, organised by department of community medicine in association with department of physiotherapy interns took part in creating awareness about the importance of yoga in aligning mind and body and internal peace. We all practiced some yoga positions and breathing techniques and guided some villagers in UHTC. Guided by HOD dr. S.V Chincholikar and dr. Varsha.
8.	Number of faculties attended (Guest lecture/CME/Workshop/Seminar/Health camps)	2
9.	Number of Students Attended	5

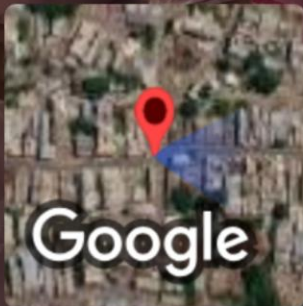


Professor & Head,
Dept. of Community Medicine
MIMER Medical College,
Talegaon Dabhade.

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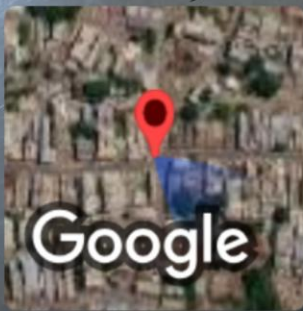
Pmcq+fg4, Bazar Peth Rd, Rajwada, Bhegade Aali,
Talegaon Dabhade, Maharashtra 410506, India

Lat 18.721058° Long 73.688883°

Monday, 22/06/2026 11:18 AM GMT +05:30



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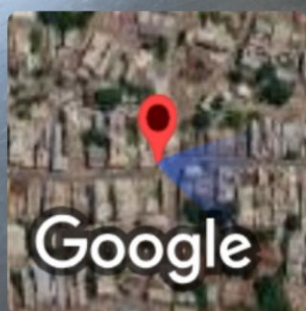
Pmcq+fg4, Bazar Peth Rd, Rajwada, Bhegade Aali,
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