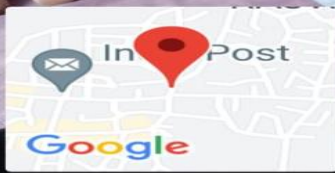


**MIMER MEDICAL COLLEGE, TALEGAON DABHADE DEPARTMENT OF COMMUNITY MEDICINE**  
**INTERNATIONAL YOGA DAY ACTIVITY REPORT 22.06.2022**

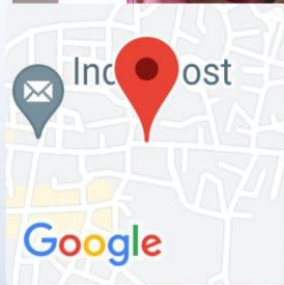
|     |  |  |
|-----|--|--|
| 1.  | Name of the activity   | International Yoga Day   |
| 2.  | Date   | 21/06/2022   |
| 3.  | Time   | 11.00am to 12.00noon   |
| 4.  | Venue  | UHTC, Talegaon   |
| 5.  | Total number of participants/beneficiaries   | 25   |
| 6.  | Faculty / Medical team   | Dr. Ashlesha Dandekar  |
| 7.  | In-charge  | Dr. Aastha Pandey  |
| 8.  | Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions) | <p>On the occasion of 'INTERNATIONAL YOGA DAY' a yoga session along with guided meditation session was organised at UHTC by department of community medicine &amp; MAEER's college of physiotherapy .</p> <p>In accordance with the theme for this years Yoga Day I e "YOGA FOR HUMANITY" all the intern , Staff of UHTC , all the community people from adopted field practice area under UHTC &amp; people were present for the programme .</p> <p>The programme was initiated with an introductory speech by Dr Anuradha Sutar , Dr Raghuraj Jaju , Dr Sampada Pawar &amp; Dr Narendra giving information regarding importance of yoga for healthy life &amp; wellbeing .</p> <p>The speech was followed by 30 mins yoga programme which included various asanas like Ardha Ushtrasana , Shashakasana , Uhana mandukasana , Vakrasana , Makarasana , Bhujangasana , Shalabhasan etc. according to MINISTRY OF AYUSH PROTOCOL.</p> |
| 9.  | Circular / Notification (Date, time, venue, guest, speaker, faculty etc.)                        | Not Attached   |
| 10. | Pamphlet   | Not available  |
| 11. | Attendance (if applicable)   | NA   |
| 12. | Coloured geo-tagged photos (2 to 4)  | Attached   |



**Talegaon Dabhade, Maharashtra, India**

Ganpati Chowk, PMCQ+FHX, Rajwada, Bhegade Aali,  
Talegaon Dabhade, Maharashtra 410506, India  
Lat 18.721268°  
Long 73.688925°  
21/06/22 11:58 AM

GPS Map Camera




**Talegaon Dabhade, Maharashtra, India**

PMCQ+CM5, Bhegade Aali, Talegaon Dabhade, Maharashtra  
410506, India  
Lat 18.721088°  
Long 73.689192°  
21/06/22 11:45 AM

GPS Map Camera



 GPS Map Camera



## Talegaon Dabhade, Maharashtra, India

132, Shaniwar peth Ganpati chowk Talegaon Dabhade,  
Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India

Lat 18.721019°

Long 73.688933°

21/06/22 11:59 AM