MIMER MEDICAL COLLEGE, TALEGAON DABHADE DEPARTMENT OF COMMUNITY MEDICINE

ANC Nutrition Health Talk 24/08/2022

| 1. | Name of the activity | ANC Nutrition Health Talk |
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| 2. | Organizing department/s | Department Of Community Medicine |
| 3. | Name of the Head of department/ | Dr. S.V. Chincholikar, Dr. Aastha |
| | Event in-charge | Pandey and Dr. Ashlesha Dandekar |
| 4. | Date & Time | 24.08.2022 11.00 am to 12.00 pm |
| 5. | Venue / Place | UHTC, Talegaon |
| 6. | E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.) | - |
| 7. | Pamphlet (if any) | Not attached |
| 8. | Total number of participants/beneficiaries | 30 |
| 9. | Attendance (if applicable) | - |
| 10. | Faculty / Medical team | 2 |
| 11. | Coloured geo-tagged photos (2 to 4) | Attached |
| 12. | Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions) | A health talk about antenatal care & nutrition in ANC was given to pregnant females of rural Talegaon in support with AWW. ANC care along with post-natal care was explained and nutritional requirements in pregnancy was briefed about. In collaboration with MAEER'S college of Physiotherapy, importance of physiotherapy in the form of exercises, yoga etc were spoken of by the faculty of the college. In collaboration with the College of Physiotherapy, MIMER, the department of Community Medicine have decided to run Health education classes for ANC and PNC mothers of the local area. |





