MIMER MEDICAL COLLEGE, TALEGAON DABHADE DEPARTMENT OF COMMUNITY National Iron Deficiency Anaemia Day Activity Report 29/11/2022

	National Iron Deficiency Anaemia Day Activity Report 29/11/2022			
1.	Name of the activity	National Iron Deficiency Anaemia Day		
2.	Date	29 November , 2022		
3.	Time	9.30am		
4.	Venue	Balvikas School, Talegaon Dabhade		
5.	Total number of	60		
	participants/beneficiaries			
6.	Faculty / Medical team	Dr. Sanjeev Chincholikar, Dr. Aastha Pandey and Dr. Ashlesha Dandekar.		
7.	In-charge	Dr. Aastha Pandey		
8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	On the occasion of National Iron Deficiency Awareness Day, under the guidance of Dr. S.V. Chincholikar (HOD & Professor, Dept. of Community Medicine) and Dr. Aastha Pandey (Professor and incharge UHTC, Dept. of Community Medicine), we the doctors at MIMER Medical College celebrated "IDA Awareness" at Bal Vikas School on 29th November 2022. A brief introduction about iron deficiency along with other macro and micronutrient deficiency was explained to students of 8th and 9th standards of balvikas school, keeping in mind that adolescent population of our country is prone to developing such deficiencies at a large scale. The message was delivered well by Dr. Aastha Pandey, Professor and incharge UHTC, Dept. of Community Medicine, Dr. Oshin Agrawal, Postgraduate student, Dept. of Community Medicine and intern doctors Dr. Arshiya Barmare and Dr. Varun Dake. The session was made extremely informative via presentations and health talk. Students were also made to indulge in small activities to help understand the issue better. The students were asked various questions and were found to be aware of the basic conditions. The take home message was delivered strongly. Overall, it was a benefitted session for all. Students were given reference of the various health centres working under the dept of Community Medicine as well as BSTR Hospital.		
9.	Circular / Notification	No		
	(Date, time, venue, guest,			
	speaker, faculty etc.)			
10	Pamphlet	No		
11	Attendance (if	NA		
	applicable)			
12	Coloured geo-tagged	Attached		
	photos (2 to 4)			
	·			





MIMER MEDICAL COLLEGE, TALEGAON DABHADE DEPARTMENT OF COMMUNITY National Iron Deficiency Anaemia Day Activity Report 26/11/2022

1.	Name of the activity	National iron deficiency Anemia Day
2.	Date	26 November , 2022
3.	Time	9.30am
4.	Venue	Sar Senapati Umabai Dabhade Kanya Shala near UHTC Talegaon Dabhade
5.	Total number of	30
	participants/beneficiaries	
6.	Faculty / Medical team	Dr. Sanjeev Chincholikar, Dr. Aastha Pandey and Dr. Ashlesha Dandekar.
7.	In-charge	Dr. Aastha Pandey
8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	On occasion of "National iron deficiency anemia day a awareness programme was Organzed" at Sar Senapati Umabai Dabhade Kanya Shala near UHTC Talegaon Dabhade. under guidance of Dr. Astha Pandey And Dr.Ashlesha dandekar. The purpose was to spread awareness about Iron Deficiency anemia amongst adolescent girls. The session started with introduction regarding prevalence of Anemia in Indian Women and general introduction about Anemia by Intern Dr. Sujit. This was followed by detailed information regarding what is iron deficiency anemia, it's symptoms and signs, how we prevent this and dietary counselling regarding iron rich food by intern Dr. Sneha. Intern Dr. Faizan summarized the talk and conducted the interactive question and answer session
9.	Circular / Notification (Date, time, venue, guest, speaker, faculty etc.)	No
10.	Pamphlet	No
11.	Attendance (if applicable)	NA
12.	Coloured geo-tagged photos	Attached
	(2 to 4)	

