

ACTIVITY REPORT

1.	Name of the activity	World contraception day 2023
2.	Occasion (if any)	World contraception day 2023
3.	Organizing department/s	Department of OBGY
4.	Activity Coordinator	Dr Jaya Barla
5.	Date & Time	26 th September 2023
6.	Venue / Place	OPD, IPD, Talegaon PHC
7.	E mail / Circular about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	attached
8.	Pamphlet/Flyer	attached
9.	Total number of participants/beneficiaries/ Viewers	OPD-30 IPD-30 TALEGAON PHC-50
10.	Attendance (if applicable)	NA
11.	Faculty/Team involved	Dr Sushma Sharma, Dr Priya Bagade, Dr Pranali, Dr Mrinmayee
12.	Coloured geo-tagged photos (2 to 4)	attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions etc.)	<p>There is a large unmet need of contraception in our country, which needs urgent attention. On the occasion of World Contraception Day, the department of OBGY, conducted activities to spread awareness amongst the community. In the OPD Dr Pranali and Dr Vedpathak gave a health talk to the patients and their attendants about the contraceptive options. In the PNC Ward, Dr Mrunmayee, talked about the postpartum contraception amongst the patients and their relatives.</p> <p>To create awareness amongst the community, the ASHA workers were roped in and were made aware of the contraceptives available in MIMER, so that they can counsel the people.</p> <p>To educate the students about the contraception, e-poster competition was organised.</p> <p>The feedback was good from the community and many couple visited to the hospital for contraception.</p>



Professor & HOD
Dept. of Obst. & Gyna.
MIMER MEDICAL COLLEGE
TALEGAON (D), PUNE

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BROCHURE



MAEER MIT PUNE'S
MIMER MEDICAL COLLEGE & BSTR Hospital (D)
DEPARTMENT OF OBSTETRICS & GYNECOLOGY
celebrates

World Contraception Day

26th September 2023

**"EMPOWER CHOICES
SHAPE THE FUTURE"**



ePOSTER COMPETITION

Theme **"THE POWER OF OPTIONS"**

[CLICK HERE TO PARTICIPATE](#)

Program

POSTER COMPETITION FOR UG & PG STUDENTS

Program	Venue	Faculty
HEALTH TALK	OPD	DR PRANALI GHUGE
HEALTH TALK	PNC WARD	DR MRINMAYEE HEMANE
To Prepare ASHA workers for motivating Women for contraception	RURAL HOPITAL KANHE	DR. SUSHMA SHARMA DR. PRIYA BAGADE



HEALTH TALK IN IPD





HEALTH TALK IN THE TALEGAON PHC





Talegaon Dabhade, Maharashtra, India
Laxmi Baugh Colony, Near Isha Hotel, opp. Khandge Petrol Pump, Laxmibaug Colony, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India
Lat 18.724114°
Long 73.682228°
26/09/23 11:31 AM GMT +05:30




Talegaon Dabhade, Maharashtra, India
Laxmi Baugh Colony, Near Isha Hotel, opp. Khandge Petrol Pump, Laxmibaug Colony, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India
Lat 18.724114°
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POSTERS BY THE STUDENTS

World Contraception Day

26th September

'Your life. Your body. Your choice'




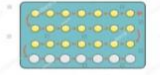
ORTHO-EVRA
3 patches required each cycle followed by 1 week patch-free interval

The Implants-

- Norplant
- Implanon

Lasts for 3-5 years






Birth Control Pills


- Combined oral pills
- Progesterone only pills


Return of fertility within 6 months after stoppage

Barrier Methods-


- Condoms: also protects against STDs
- Nuva ring
- Diaphragm
- Today vaginal sponge








Spermicidal Agents




VASECTOMY



TUBAL LIGATION

MOST EFFECTIVE - Permanent Sterilization



IUCD-


- Copper containing
- Hormonal

Can last upto 10 years

The Injection

Shots-

DMPA 150mg: 3 months
NET-EN: 2 months



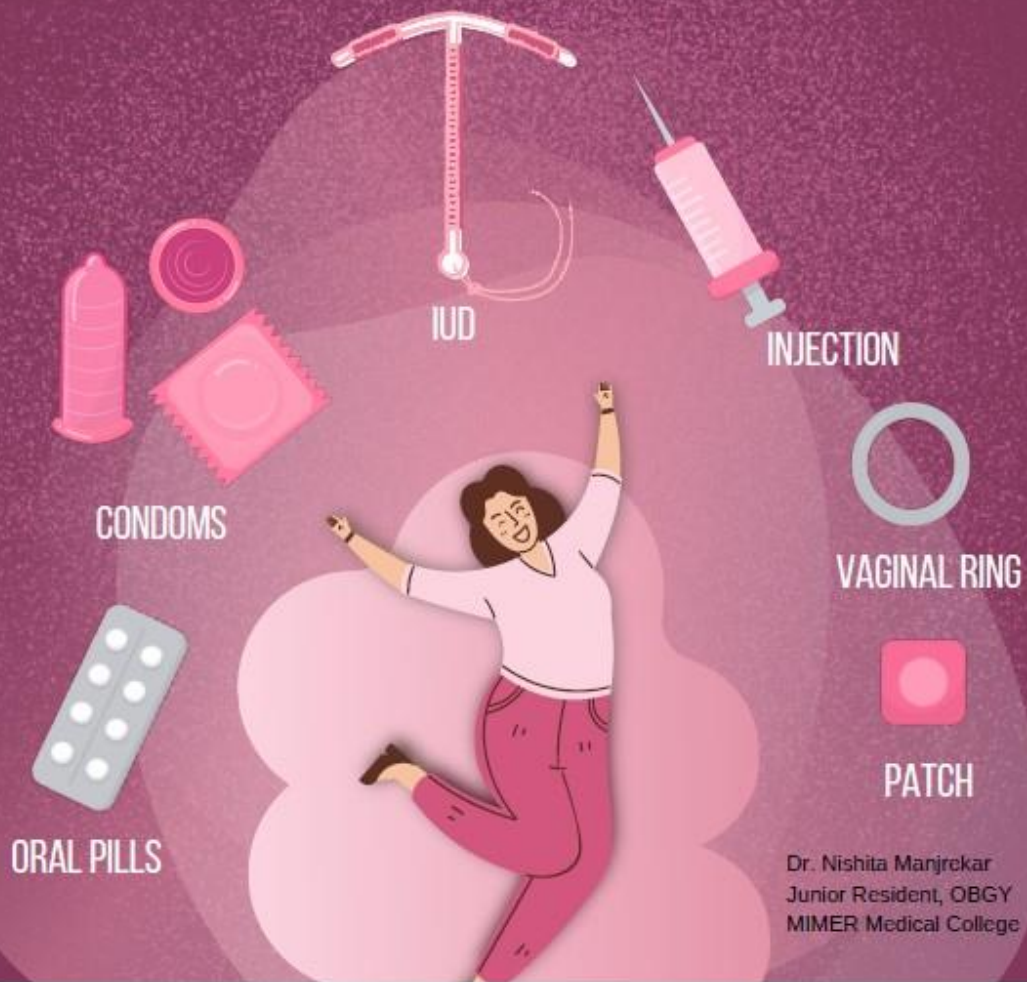
Dr. Priyanka Kamdar, JR 3 OBGY

WORLD CONTRACEPTION DAY

SEPTEMBER 26

THE **Power** OF *Options*

“*Birth control is the first important step woman must take toward the goal of her freedom.*”
-Margaret Sanger



Dr. Nishita Manjrekar
Junior Resident, OBGY
MIMER Medical College