


ACTIVITY REPORT

1.	Name of the activity	Creating Awareness about Antenatal Classes
2.	Occasion (if any)	Monthly Activity
3.	Organizing department/s	Dept. of Obst. & Gyn. & Physiotherapy Dept.
4.	Activity Coordinator	Dr. Vaishali Korde
5.	Date & Time	January 2023
6.	Venue / Place	OBGY OPD
7.	E mail / Circular about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	NA
8.	Pamphlet/Flyer	NA
9.	Total number of participants/beneficiaries/ Viewers (attendance NOT required)	167 Patients
10.	Students participation (give details) UG/PG	NA
11.	Faculty participation (give details)	Dr. Jaya Barla
12.	Attendance sheet (for student, staff related event) Mention – 1.Name, 2. Year/desig./dept 3. Sign	NA
13.	Faculty/Team involved	Dr. Vaishali Korde
14.	Coloured geo-tagged photos (2 to 4)	Attached
15.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions etc.)	Antenatal classes have been started in association with the physiotherapy department to bring about awareness about changes in pregnancy, nutrition, labour and breastfeeding. The faculty/residents demonstrate these aspects with the help of power-point presentations to enunciate these topics and also answer the queries of the antenatal women and their families. These classes help the women, especially primigravidas, become more confidence to deal with pregnancy changes. We intend to extend these activities to include breathing exercises which women can practice during labour.


 Professor
 Dept. of Obst. & Gyn
 MIMER MEDICAL COLLEGE
 TALEGAON (D), PUNE

JANUARY 2023

Page 1/23

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Page 1/23

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Alibors

S/N	Name	Age	Religion	Mobile	Homelet	Classical Index
1)	Yilma Kerech Bende	27yrs	Anglican	915200333	191 st	G.P.L.A.D.
2)	Saeed Mwangi Tait	27yrs	Anglican	915200333	191 st	G.P.L.A.D.
3)	Lawrence Mwangi	23yrs	Anglican	915200333	191 st	G.P.L.A.D.
4)	Abel Mwangi	23yrs	Anglican	915200333	191 st	G.P.L.A.D.
5)	Sandhya Chere	27yrs	Anglican	915200333	191 st	G.P.L.A.D.
6)	Kathleen Chere	27yrs	Anglican	915200333	191 st	G.P.L.A.D.
7)	Sarah Mwangi	27yrs	Anglican	915200333	191 st	G.P.L.A.D.
8)	Miriam Mwangi	27yrs	Anglican	915200333	191 st	G.P.L.A.D.
9)	Shelena Mwangi	27yrs	Anglican	915200333	191 st	G.P.L.A.D.
10)	Grace Mwangi	27yrs	Anglican	915200333	191 st	G.P.L.A.D.

S/N	Name	Age	Religion	Mobile	Homelet	Classical Index
1)	Rebecca Shullu	27	Anglican	915200333	191 st	G.P.L.A.D.
2)	Shirley Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
3)	Pauline Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
4)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
5)	Pauline Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
6)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
7)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
8)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
9)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
10)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.

S/N	Name	Age	Religion	Mobile	Homelet	Classical Index
1)	Simon Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
2)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
3)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
4)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
5)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
6)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
7)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
8)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
9)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.
10)	Grace Mwangi	27	Anglican	915200333	191 st	G.P.L.A.D.

