

## ACTIVITY REPORT


1.	Name of the activity	International Women's Day A Sensitization Program for MBBS Students - <b>HER Life, HER Health!</b> <b>"Prevention of Cancers in Women: An Integrated Approach"</b>
2.	Organizing department/s	Department of Obgy in association with Departments of Physiology, Pathology, Community Medicine, General Medicine & General Surgery
3.	Name of the Head of department/ Event in-charge	Dr Vaishali Korde Dr Jaya Barla
4.	Date & Time	08 <sup>th</sup> March 2024 10am to 12.30pm
5.	Venue / Place	Sushrut Hall
6.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
7.	Pamphlet (if any)	Attached
8.	Total number of participants/beneficiaries	MBBS Students-77 PG students-5 Faculty-16
9.	Attendance (if applicable)	Attached
10.	Faculty / Medical team	Dr Vaishali Korde, Dr Deepa Nair, Dr Smita Bhide, Dr Surendra Kulkarni, Dr Priti Dave, Dr Ojas Wadhwa Faculty of Obgy
11.	Coloured geo-tagged photos (2 to 4)	Attached

<p>12.</p>	<p>Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)</p>	<p>International Women's Day serves as a poignant reminder of the progress women have achieved in diverse fields, while also underscoring the persistent challenges they face. Among these challenges, the prevalence of cancers affecting women stands out, calling for collective attention, awareness, and action.</p> <p>The seminar aimed to raise awareness among MBBS students, emphasizing the prevalence, preventive measures, and the significance of regular screenings for cancers impacting women. The nine participants, comprising Phase 2 and Phase 3 part 1 students, were mentored by faculty members from Physiology, Pathology, Community Medicine, Surgery, General Medicine, and Obstetrics and Gynecology. They shared insights into normal cell growth, the pathogenesis of Neoplasia, preventive strategies for breast, cervical, ovarian, and lung cancers, and various available screening methods.</p> <p>Conducted by the students themselves, the seminar involved pre- and post-tests to gauge understanding. Dr. Vaishali Korde, HoD of Obstetrics and Gynecology, delivered concluding remarks, and the presenters received tokens of appreciation. Attended by MBBS students and faculty, the session received widespread applause for its informative content.</p>
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**ACTIVITY REPORT**

1.	Name of the activity	International Women's Day A Sensitization Program for MBBS Students - HER Life, HER Health! "Prevention of Cancers In Women: An Integrated Approach"
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		<p>students, emphasizing the prevalence, preventive measures, and the significance of regular screenings for cancers impacting women. The nine participants, comprising Phase 2 and Phase 3 part 1 students, were mentored by faculty members from Physiology, Pathology, Community Medicine, Surgery, General Medicine, and Obstetrics and Gynecology. They shared insights into normal cell growth, the pathogenesis of Neoplasia, preventive strategies for breast, cervical, ovarian, and lung cancers, and various available screening methods.</p> <p>Conducted by the students themselves, the seminar involved pre- and post-tests to gauge understanding. Dr. Vaishali Korde, HoD of Obstetrics and Gynecology, delivered concluding remarks, and the presenters received tokens of appreciation. Attended by MBBS students and faculty, the session received widespread applause for its informative content.</p>
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Professor & HOD  
Dept. of Obst. & Gyn.  
MIMER MEDICAL COLLEGE  
WALEGAON (D), PUNE

## BROCHURE



MAEER MIT PUNE'S  
MIMER MEDICAL COLLEGE & DR. BSTR HOSPITAL,  
TALEGAON DABHADE, PUNE

*On occasion of*

**INTERNATIONAL WOMEN'S DAY 2024**

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

*in association with*

DEPARTMENTS OF PHYSIOLOGY, PATHOLOGY, COMMUNITY  
MEDICINE, GENERAL SURGERY & GENERAL MEDICINE

*ORGANISES*

A SENSITIZATION PROGRAM FOR MBBS STUDENTS

**HER Life, HER Health!**

**"Prevention of Cancers in Women: An Integrated Approach"**

DATE-FRIDAY, 8<sup>TH</sup> MARCH 2023

TIME-10AM -12.30PM

VENUE-SUSHRUT HALL

**INTERNATIONAL WOMEN'S DAY 2024**

**HER Life, HER Health!**

**“Prevention of Cancers in Women: An Integrated Approach”**

**PROGRAM**

<b>S.NO</b>	<b>TOPIC</b>	<b>NAME</b>	<b>GUIDE</b>
1.	Physiology of Cell Growth	Aarya Gandhi	Dr Deepa Nair
2.	Pathogenesis of Neoplasm	Vaishnavi Dole	Dr Smita Bhide
3.	Prevention of Cancer	Vansh Jain	Dr S Kulkarni
4.	Lab Diagnosis of Neoplasm	Umang Maheshwari	Dr Smita Bhide
5.	Screening of Cancer-General Principles	Rushikesh Gundewar	Dr Priya Bagade
6.	Prevention of Breast Cancer	Azka Ansari	Dr Ojas Wadhwa
7.	Prevention of Carcinoma cervix	Disha Nigam	Dr Meenakshi Surve
8.	Prevention of Ovarian Cancer	Nazifa Nadaf	Dr Jaya Barla
9.	Prevention of Lung Cancer	Atharva Nagre	Dr Priti Dave

**ANCHORS-Aakash Joshi and Khyati Garg**

# EMAIL



OBST & GYNAE DEPARTMENT <gynaec@mitmimer.com>

## Invitation for " International Womens Day 2024" - A sensitization program for the Undergraduate MBBS students.

1 message

OBST & GYNAE DEPARTMENT <gynaec@mitmimer.com>  
To: suchitra@mitpune.com, Virendra Ghaisas <dighaisas@mitmimer.com>  
Cc: "Dr. Vaishali Korde" <dvashalkorde@mitmimer.com>, jaya baria <bariajaya@gmail.com>

Thu, Mar 7, 2024 at 2:45 PM

Respected Madam/ Sir ,

The Dept. of OBGY is celebrating the International Women's Day 2024 by organising a sensitization program for the Undergraduate MBBS students- 'HER Life, HER Health! Prevention of Cancers in Women: An Integrated Approach'  
It is an Integrated session by Departments of OBGY ,General Surgery, General Medicine, Community Medicine, Pathology and Physiology.

**Date-** 08th March 2024  
**Time -** 10:00 am -12:30pm  
**Venue-** Sushrut Hall

We invite you all to grace the occasion and encourage the students.

Please find the attachment .

Regards,

Dr. Jaya Baria  
Coordinator  
Dept. of Obst. & Gyn.

Prof. & HOD  
Dept. of Obst. & Gyn.

 WOMENS DAY - BROCHURE final (1).pdf  
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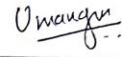

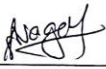



## ATTENDANCE OF UNDERGRADUATE STUDENTS

MIMER MEDICAL COLLEGE & DR. BSTR HOSPITAL,  
TALEGAON DABHADE, PUNE  
DEPARTMENT OF OBSTETRICS & GYNAECOLOGY.

" INTERNATIONAL WOMENS DAY 2024"  
A SENSITIZATION PROGRAM FOR THE UNDERGRADUATE  
MBBS STUDENTS.

Date- 08th March 2024 Time - 10:00 am -12:30pm

Venue- Sushrut Hall

Sr. No.	Name of UG Student	Year	Signature
1.	Dole Vaishnavi	II / I	
2.	Umang Maheshwari	III / II	
3.	Azka Ansan	IV / II	
4.	Atharva Satish Nagare	III / I	
5.	Nazifa Nadaf	III / II	
6.	Disha Nikam	III / II	
7.	Aarya Gandhi	II <sup>nd</sup> Yr	



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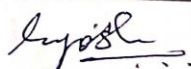





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Date- 08th March 2024 Time - 10:00 am -12:30pm

Venue- Sushrut Hall

Sr. No.	Name of UG Student	Year	Signature
1	Ansari Noman	4 <sup>th</sup> yr	
2.	Sanipa Nadaf	4 <sup>th</sup> yr	
3.	Sabiha Naikwadi	4 <sup>th</sup> yr	
4	Rohan Ghaisas	4 <sup>th</sup> yr	
5.	Rakunde Vaishnavi.	4 <sup>th</sup> yr	
6	Vonsh Jain	2 <sup>nd</sup> yr	
7.	Rushikesh Gundewar	2 <sup>nd</sup> yr	
8	Khyati Gang	2 <sup>nd</sup> year	
9.	Aakash Joshi	2 <sup>nd</sup> year	
10.	Nikhil Patil	4 <sup>th</sup> year	
11.	Prathamesh Shinkar	4 <sup>th</sup> year	


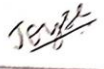



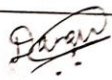
  
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Date- 08th March 2024 Time - 10:00 am -12:30pm

Venue- Sushrut Hall

Sr. No.	Name of UG Student	Year	Signature
1.	Siddhi Borat	3rd	
2.	Arokia Jayse	3rd	
3.	Aryaa Inamdar	3rd	
4.	Bhairav Singh <del>Pant</del>	3rd	
5.	Vikas Chaudhary	3rd	
6.	Amkar Dangat	3rd	

  
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- |     |                       |         |                 |
|-----|-----------------------|---------|-----------------|
| 16. | Atharva . Mali (88)   | III (I) | <u>Atharva</u>  |
| 17. | Akanksha Lambate (76) | III (I) | <u>Akanksha</u> |
| 18. | Aniket Mojad (86)     | III (I) | <u>Aniket</u>   |

  
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Sr. No.	Name of UG Student	Year	Signature
1.	Nidhi Parikh (98)	III (I)	<u>Nidhi</u>
2.	Om sali (96)	III (I)	<u>Om sali</u>
3.	Nandini Naik (92)	III (I)	<u>Nandini</u>
4.	Pratheek Menon (83)	III (I)	<u>Pratheek</u>
5.	Aditya D. Patil (99)	III (I)	<u>Aditya</u>
6.	Shruti Patil (106)	III (I)	<u>Shruti</u>
7.	Pranav Patil (102)	III (I)	<u>Pranav</u>
8.	Chetan Narote (93)	III (I)	<u>Chetan</u>
9.	Kedar Patil (100)	III (I)	<u>Kedar</u>
10.	Shishir Prasad (112)	III (I)	<u>Shishir</u>
11.	Pranjali Patil (103)	III (I)	<u>Pranjali</u>
12.	Nayana Pawar (107)	III (I)	<u>Nayana</u>
13.	Vaishnavi Pawar (108)	III (I)	<u>Vaishnavi</u>
14.	Samsudd Patil (105)	III (I)	<u>Samsudd</u>
15.	Sakshi Rahane (112)	III (I)	<u>Sakshi</u>

Shrawan

Shrawan

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Sr. No.	Name of UG Student	Year	Signature
25.	Mandar Chaudhari	II <sup>nd</sup> / I	<u>MK</u>
26.	Dnyanesh Gupte	II <sup>nd</sup> / I	<u>DGupte</u>
27.	Labdhi Mehta	II <sup>nd</sup> / I	<u>Labdhi</u>
28.	Rohan Musale	III <sup>rd</sup> / II	<u>RMusale</u>
29.	Mehab Choudhary	III <sup>rd</sup> / II	<u>MChau</u>
30.	Sarthak mehetre	III <sup>rd</sup> / II	<u>Sarthak</u>
31.	Prathmesh Panchal	III <sup>rd</sup> / II	<u>PPrathmesh</u>
32.	sudarshan Natowade	III <sup>rd</sup> / II	<u>SNatowade</u>
33.	Kshitij Nannaware	III <sup>rd</sup> / II	<u>KNannaware</u>
34.	Maaz Matwankar	III <sup>rd</sup> / II	<u>Maaz</u>
35.	Shreya Omergekar	III <sup>rd</sup> / II	<u>Shreya</u>



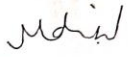
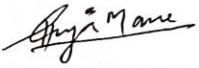

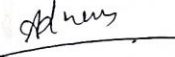





  
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Venue- Sushrut Hall

Sr. No.	Name of UG Student	Year	Signature
12	Tej Pathre	4 <sup>th</sup> year	
13	Pathod Yogesh	4 <sup>th</sup> year	
14.	Mahipal Rajput	4 <sup>th</sup> yr	
15.	POOJA RAGHU MANE	4 <sup>th</sup> yr	
16.	Divyal Naowade	4 <sup>th</sup> yr	
17	Pathan Adnan Aslami	4 <sup>th</sup> yr	
18	Sachin Shrawan Miraste	4 <sup>th</sup> yr	
19.	Anurag Anil Rathi	4 <sup>th</sup> year	
20.	Pranit S Patil	4 <sup>th</sup> year	
21.	Punya B. Nagda	4 <sup>th</sup> year	
22.	Prayakta Patil	4 <sup>th</sup> Year	

23. Suyash Patil


4<sup>th</sup> yr

S. Patil

24. Akshay Patil

4<sup>th</sup>

AP.

  
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Sr. No.	Name of UG Student	Year	Signature
1	Balaji S. Shinde (125)	III <sup>rd</sup> / II <sup>nd</sup>	Balaji
2	HARSHWARDHAN U. SHINDE (127)	III <sup>rd</sup> / II <sup>nd</sup>	Harsh
3.	SANTOSH SATPUTE (119)	III <sup>rd</sup> / II <sup>nd</sup>	Santosh
4.	Swapnil Srwant (120)	(III <sup>rd</sup> / II <sup>nd</sup> )	Swapnil
5.	Shantanu Salunke (117)	(III <sup>rd</sup> / II <sup>nd</sup> )	Sh
6.	Yash Pabli (103)	II / II <sup>nd</sup>	y.p.
7	Meher Momin 80	III / II <sup>nd</sup>	Meher
8.	Gayatri Murali 81	III / III <sup>rd</sup>	Gayatri
9.	Ishika Mohite	II / I	Ishika
10	Omkar Kale	II / I	Omkar
11.	Venkatesh Nandiyare (87)	III <sup>rd</sup> / II <sup>nd</sup>	Venkatesh

  
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TALEGAON DABHADE, PUNE

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY


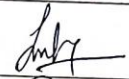
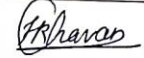
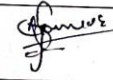
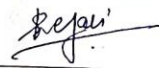



International Womens Day 2024


A sensitization program for the Undergraduate MBBS students.

Attendance sheet

Date- 08th March 2024  
Venue- Sushrut Hall

Time - 10:00 am -12:30pm

Sr. No.	Name of Interns	Dept.	Signature
1.	Dr. Bharaji Dhere	OBGY	
2.]	Dr. Omkar Gutte	OBGY	
3.	Dr. Harshal Chavan	OBGY	
4.	Dr. Abhishek Pawar	OBGY	
5.	Dr. Shefali Ganatra	OBGY	
6.	Dr. Riya Lyhosh	OBGY	
7.	Dr. Rocky Kumar	OBGY	
8.	Dr. Sudat Ghete	OBGY	

  
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Dept. of Obst. & Gyn.  
MIMER MEDICAL COLLEGE  
TALEGAON (D). PUNE



## ATTENDANCE OF POSTGRADUATE STUDENTS

MIMER MEDICAL COLLEGE & DR. BSTR HOSPITAL,  
TALEGAON DABHADE, PUNE  
DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

International Womens Day 2024

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Attendance sheet

Date- 08th March 2024

Venue- Sushrut Hall

Time - 10:00 am -12:30pm

Sr. No.	Name of PG Student	Dept.	Signature
1	Dr. Piyanka Kamdar	OBGY	Piyanka
2	Dr. Aditya S. Nevase	Med.	Aditya
3	Dr. Amushi Kogrekar	OBGYN	Amushi
4	Dr. SHREYA SAMBHARE	"	Shreya
5	Dr. Nijali Nhatre	OBGYN	Nijali

  
Professor & HOD  
Dept. of Obst. & Gyn.  
MIMER MEDICAL COLLEGE  
TALEGAON (D), PUNE

## ATTENDANCE OF FACULTY

**MIMER MEDICAL COLLEGE & DR. BSTR HOSPITAL,  
TALEGAON DABHADE, PUNE  
DEPARTMENT OF OBSTETRICS & GYNAECOLOGY**

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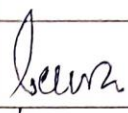

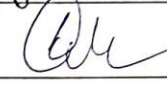


Sr. No.	Name of Faculty	Dept.	Designation	Signature
1	Dr. Bhagyashri Pandit	OBGy	SK	
2	Dr. J. P. Mane	OBGy	Prof	
3	Dr. Smrta Bhide	Patho	Prof Head	
4	Dr. Harsha Durgare	Patho	Asso. Prof	
5	Dr. S. J. Kulkarni	comm. med	Asso. Prof	
6	Dr. Deepa Nair	Physiology	Prof. & HOD	
7	Dr. D. V. Gopalshankar	OBGy	Prof	
8	Dr. Leena Bhalade	OBGy	Associate Prof	
9	Dr. M. Sume	OBGy	Assistant Prof	
10	Dr. Pranya Karmali	OBGy	Asst Prof	
11	Dr. Shehaji Raikumar	Paediatrics	Asso Prof	


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DEPARTMENT OF OBSTETRICS & GYNAECOLOGY  
International Womens Day 2024  
A sensitization program for the Undergraduate MBBS students.  
Attendance sheet**

Date- 08th March 2024  
Venue- Sushrut Hall

Time - 10:00 am -12:30pm

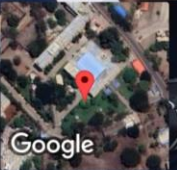
Sr. No.	Name of Faculty	Dept.	Designation	Signature
12	Dr Pawar	OBGy	ASSO. Prof.	
13	Dr Jaya Bara	OBGy	Assoc Prof	
14	Dr. Vaishali Korde	OB Gyn	Prof	
15	Dr Smirung Patil	med	sc	
16	Dr. P.S. Kamalk	Orthopaedics	Professor	

  
Professor & HOD  
Dept. of Obst. & Gyn.  
MIMER MEDICAL COLLEGE  
TALEGAON (D), PUNE



**What is a healthy lifestyle?**

As WHO (World Health Organization) define healthy lifestyle is that which focuses on incorporating the eight aspects of wellbeing into one's life (emotional, environmental, financial, intellectual, occupational, physical, social and spiritual).



**Talegaon Dabhade, Maharashtra, India**  
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Lat 18.73506°  
Long 73.675956°  
08/03/24 11:16 AM GMT +05:30



**Predisposing factors**

**Environmental factors**

- 1. High cholesterol levels increase the risk of heart disease.
- 2. High blood pressure increases the risk of heart disease.
- 3. High blood sugar levels increase the risk of heart disease.
- 4. High triglyceride levels increase the risk of heart disease.
- 5. High levels of homocysteine increase the risk of heart disease.

**Lifestyle and genetic factors**

- 1. Smoking, alcohol, and stress are major risk factors for heart disease.
- 2. High cholesterol, high blood pressure, and high blood sugar are also major risk factors for heart disease.
- 3. High levels of homocysteine, inflammation, and insulin resistance are also major risk factors for heart disease.
- 4. High levels of triglycerides, low levels of HDL, and low levels of fibrinogen are also major risk factors for heart disease.



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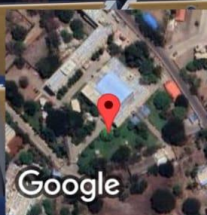
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GPS Map Camera



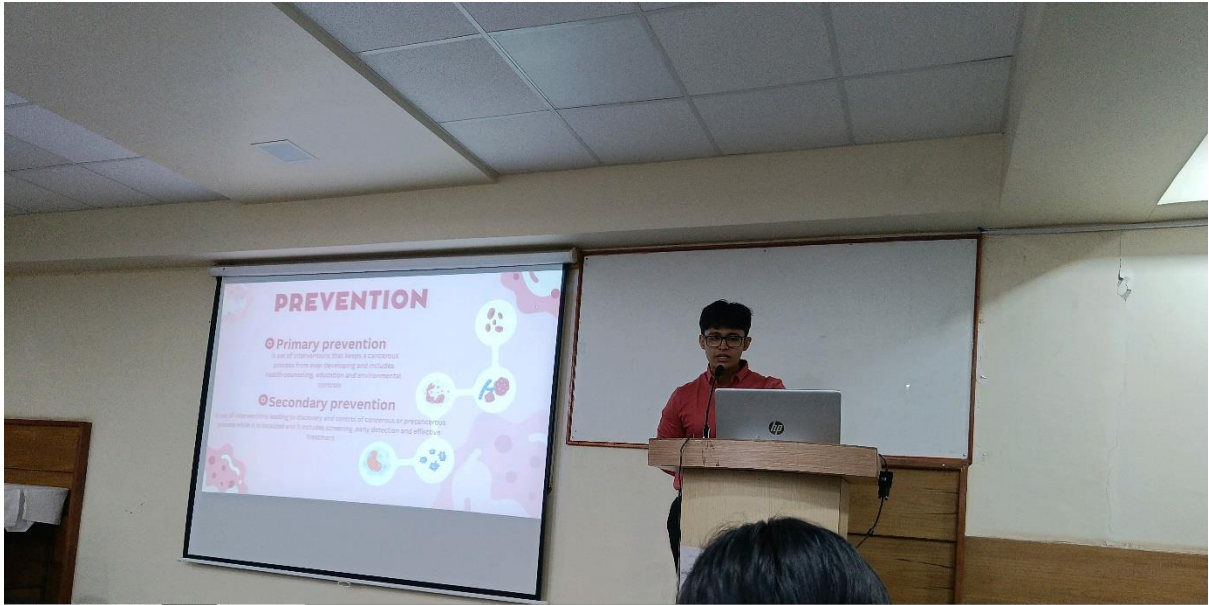
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