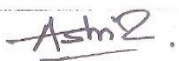


ACTIVITY REPORT

1.	Name of the Activity	Skit on Financial Pressures
2.	Date & Time	10th October, 2026
3.	Venue/Place	OPD complex
4.	Total number of beneficiaries (No of individuals benefited by activity)	50-60 patients and visitors
5.	Organizing Faculty/Medical team	Department of Psychiatry
6.	In-charge	Dr. Ashish Ubhale
7.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	On the occasion of World Mental Health Day on 10th October 2026, the department of Psychiatry conducted an awareness skit focusing on 'Financial Pressures' at the OPD complex. The skit highlighted common economic stressors, their psychological impact on individuals and families, and early warning signs of distress. It emphasized coping strategies, financial planning, budgeting, and destigmatizing seeking professional psychological support when facing overwhelming debt or monetary worries. The audience of 50-60 individuals actively engaged with the presentation, and helpline resources along with guidance on where to seek help were shared.
8.	Number of faculties attended Awareness Talk	-
9.	Number of Students Attended	Psychologist-01, Residents-6 & Interns-6


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