


ACTIVITY REPORT

1.	Name of the activity	Skit on Bipolar disorders
2.	Date & Time	30/03/2026 12:30pm
3.	Venue / Place	OPD & IPD campus
4.	Total number of beneficiaries (No of individuals benefited by activity)	Around 70-80
5.	Organizing Faculty / Medical team	Dept. Of Psychiatry
6.	In-charge	Dr. Aneesh Bhat
7.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	<p>On the occasion of World Bipolar Day 30th March, an awareness program was organized by the Department of Psychiatry MIMER MEDICAL COLLEGE and DR. BSTR HOSPITAL TALEGAON to educate the audience and reduce the stigma surrounding Bipolar Disorder.</p> <p>The event featured an engaging skit that creatively depicted the lived experiences of individuals with the condition, illustrating the journey through manic and depressive episodes. The performance was followed by a focused talk highlighting the importance of early diagnosis, treatment adherence, and the role of family support.</p> <p>By blending storytelling with clinical insights, the program successfully fostered empathy, encouraged open dialogue, and promoted a more supportive environment for mental health recovery in society.</p>
8.	Number of faculties attended Awareness Talk	01
9.	Number of Students Attended	PG-02


Dr. Aneesh Bhat
MBBS, MD (Psychiatry)
Reg No.: 2005/03/1908
Professor & Head

