
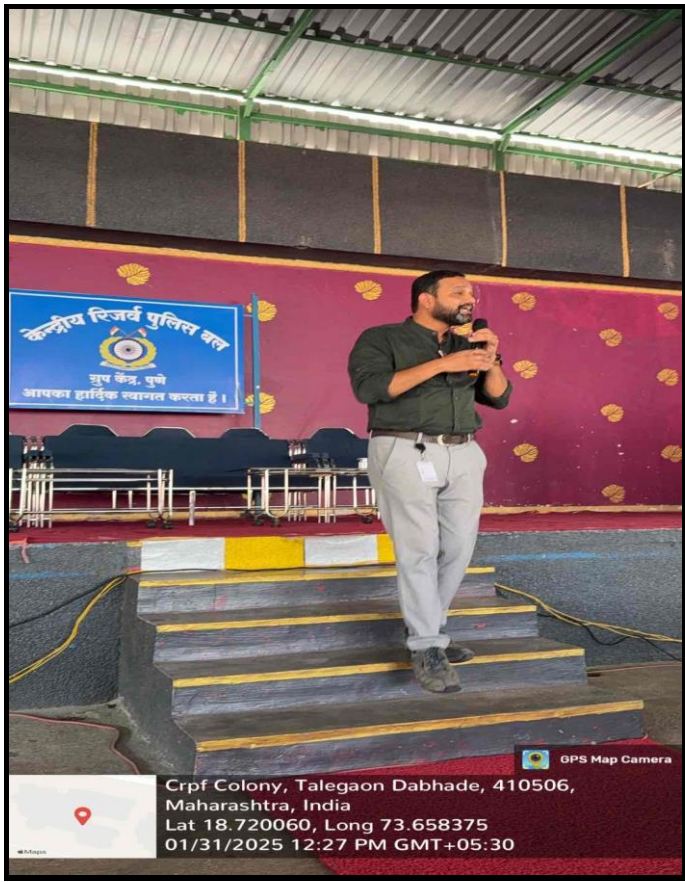


ACTIVITY REPORT

1.	Name of the activity	Prevention Of Suicide Awareness Talk
2.	Date & Time	31 st January, 2025
3.	Venue / Place	CRPF Camp, Talegaon Dabhade
4.	Total number of participants/beneficiaries (No of individuals benefited by activity)	250
5.	Organizing Faculty / Medical team	Dr. Aneesh Bhat
6.	In-charge	Dr. Aneesh Bhat
7.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	<p>Activity report</p> <p>An interactive session was conducted on topic "How to prevent Suicide,fratricide and stress management "</p> <p>The session was conducted by Dr Aneesh Bhat on 31/01/25 at CRPF campus.250 CRPF cadets and few of the officers were present for the session.</p> <p>The session highlighted on stress it's management ,identifying warning signs of mental disturbance and suicide ,methods to prevent it.</p> <p>Strategies to improve mental health etc.</p> <p>The session was well received by the cadets.</p> <p>Feedback received the CRPF requested to conduct more such sessions and also screening of the cadets for mental wellbeing.</p>
8.	Number of faculties attended (Guest lecture/CME/Workshop/Seminar/Health camps)	01
9.	Number of Students Attended	UG Student : Dr. Swayam Kharate


Dr. Aneesh Bhat
MBBS, MD (Psychiatry)
Reg No.: 2005/03/1908
Professor & Head



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