


ACTIVITY REPORT

1.	Name of the activity	Mental Health Week: "Stress management workshop for nurses and clerks"
2.	Date & Time	09/10/2024 Wednesday
3.	Venue / Place	Sushrut Hall
4.	Total number of participants/beneficiaries (No of individuals benefited by activity)	47
5.	Organizing Faculty / Medical team	Psychiatry Dept. Staff
6.	In-charge	Dr. Aneesh Bhat
7.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	Stress management workshop for nurses and clerks: On the occasion of world mental health week 2024, stress management workshop was organized for nurses and clerk, by the department of Psychiatry. Workshop highlighted the common symptoms of stress and how to manage stress, it was interactive session. Dr. Aneesh Bhat (HOD Psychiatry) also guided related to the topic, Workshop was ended with vote of thanks by Dr. Swati Magare. Positive feedback was received by participants
8.	Number of faculties attended (Guest lecture/CME/Workshop/Seminar/Health camps)	03
9.	Number of Students Attended	06


Dr. Aneesh Bhat
MBBS, MD (Psychiatry)
Reg No.: 2005/03/1908
Professor & Head



Talegaon Dabhade, Maharashtra, India
 554, Yashwant Nagar Approach Rd, Yashwant Nagar, Talegaon Dabhade, Maharashtra
 410507, India
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 Long 73.675978°
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GPS Map Camera



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