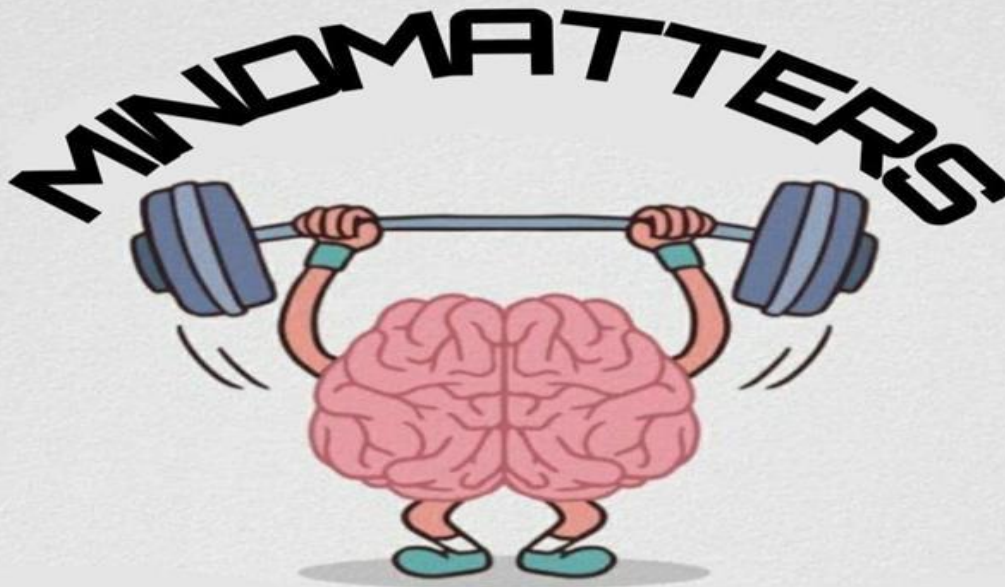


JANUARY to JUNE 2023



DEPARTMENT OF PSYCHIATRY MIMER MEDICAL COLLEGE

CHILD HEALTH CAMP

Camp was organised by MIMER Medical College, Talegaon Dabhade & Rotary club Talegaon which department Psychiatry actively participated Dr. Archana Rajee, Clinical Psychologist did screening of the students from Meer's Pre-Primary English medium school, Talegaon Dabhade. Students in the age group into 3 to 6 was arranged & devised follow us for further assessment whenever needed, Also she gave a talk to the parents on effective & interactive. Good feedback was received.



MULTISPECIALTY HALTH CAMP was organised by medical team for Kamayani's Sindhutai Joshi Udyog Kendra. This school works for adults with Intellectual Developmental Disorder (IDD). Department of psychiatry has taken active participation in this camp.



Total 17 adult students were evaluated by psychiatrist Dr. Ashish Arya and clinical psychologist Mrs. Archana Raje. Parents were consulted, counselled as per need. Behavioural management and understanding of special child was explained to parents.

FEB 2023
SEXUAL HEALTH AWARENESS PROGRAM

Sexual Health awareness session was conducted fir class 9th and 10th students of KANTILAL SHAH VIDYALAY, Talegaon Dabhade; Pune on 15-02-23. The program was attended by 60 male students of 9th and 10th standard.

The awareness about sexual health, hygiene, and clarification of myths related



IMAGE OF THE MONTH

March 23

Mental and emotional health in perimenopausal women's

GUEST LECTURE

On Occasion of Women's day, Department of Psychiatry has organized a Guest Lecture

Guest speaker - Dr Swati Joshi
(Consultant Psychiatrist)

Topic - Mental and emotional health in perimenopausal women

so join us to understand this transition on

7th March 2023

Venue - Sushrut hall.

Time - 2.30 pm to 4 pm



Guest Lecture was organised by Department of Psychiatry on the one of International Women's Day. Guest lecture delivered by Dr. Swati Joshi madam on EMOTIONAL the Topic: 'MENTAL & HEALTH IN PERIMONOPAUSAL WOMEN'! The lecture was attended by faculty and Nursing staff. It was an Interactive session. Good response was received. Program was attended by Principal Dr. Swati Belsare madam and other HOD, Presided by Dr. Swati Magare. Good feedback was received.



March 2023
World Bipolar Day

Role play was organised by the department in the occasion of World Bipolar Day. The activity aimed to spread the awareness of Bipolar Disorder as a part of continuing efforts for mental health education. The role play intended to decrease the social stigma associated with mental illness. Feedback and questions were addressed.



March 2023
World No Smoking Day

Street play was conducted in the OPD complex on the occasion of World Non-Smoking Day. The Street play organised by the Psychologist focussed on awareness of adverse effects of smoking and methods for control. The activity was attended by the visiting patients, students and hospital staff. The role play was followed by short Q&A sessions where the doubts and queries of the attendees were addressed.



May 2023
World Schizophrenia Day



On the occasion of World Schizophrenia Day (24 May, 2023), the Dept. of Psychiatry Conducted a short play for the awareness of Schizophrenia.

The play was performed by interns in the OPD complex and around 50-60 people attended the same.

It was well received by the beneficiaries

On Occasion of world no tobacco day, department of psychiatry organised a street play in OPD complex for Interns purpose awareness performed a street play in opd complex for general public, to create awareness against use of tobacco in any form. Awareness talk was given Good feedback was received by the beneficiaries



May 2023
No Tobacco Day

JUNE 2026
Mental health awareness workshop

This document appears to be a report on a mental health awareness workshop conducted for teachers.

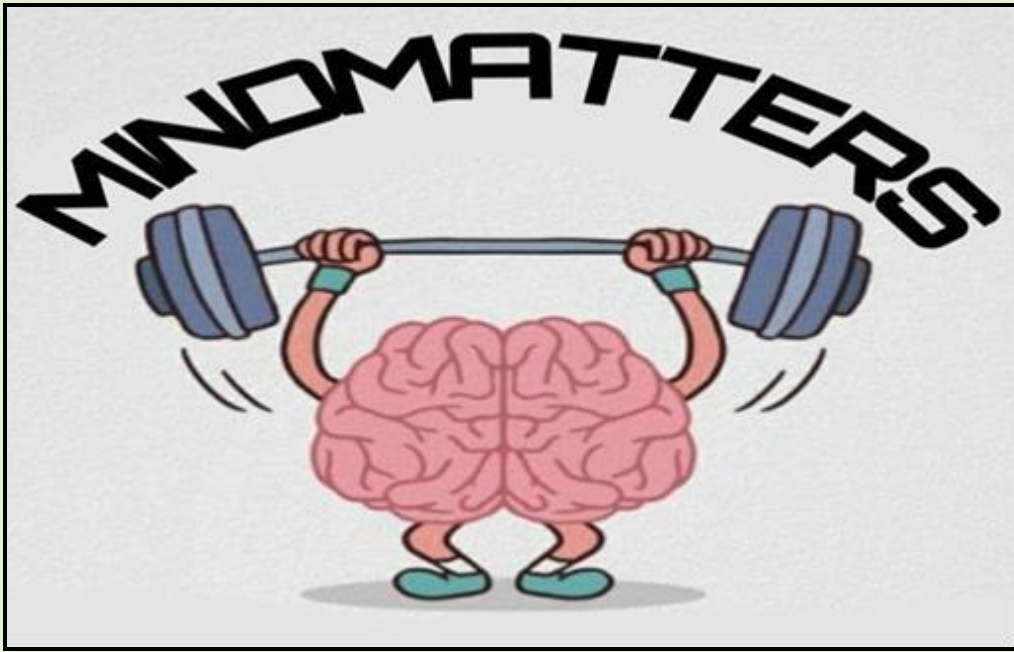
An awareness workshop for primary school teachers was held at Mamasahab Khandge School in Talegaon Dabhade on June 1, 2023.

The session covered the identification of common psychological disorders and strategies to handle basic emotional problems.

The event concluded with a question-and-answer session and received positive feedback.

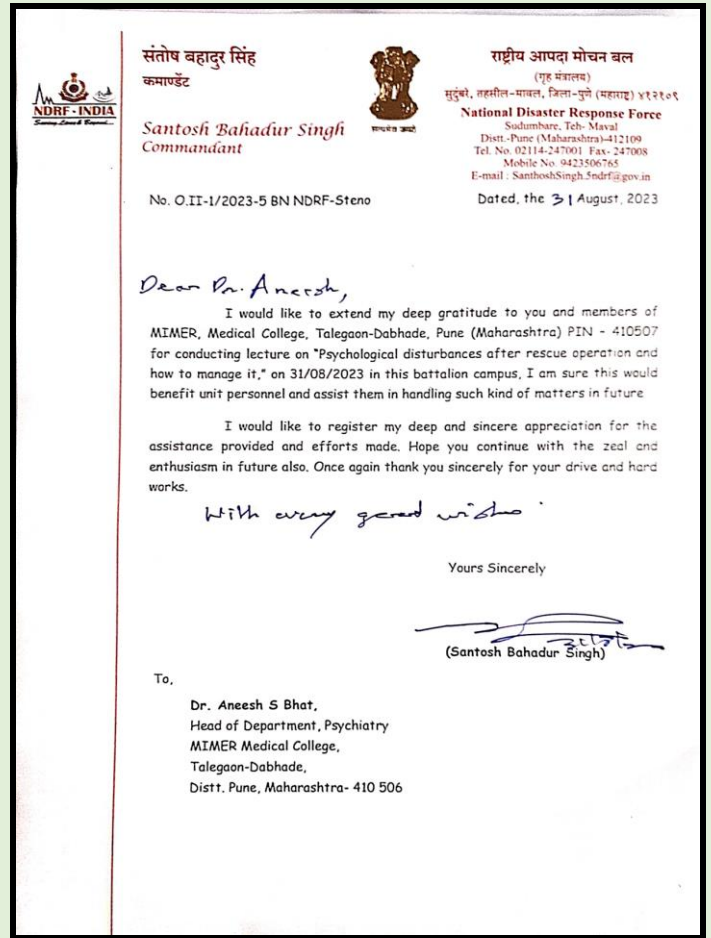
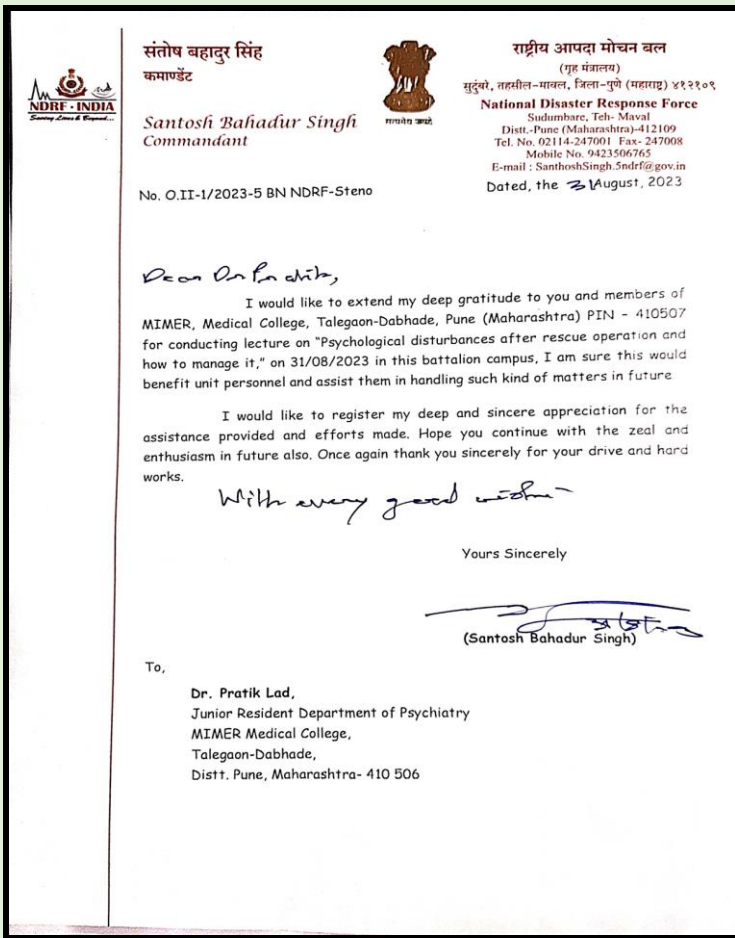


JULY TO DECEMBER-2023



AUGUST-2023
STRESS MANAGEMENT WORKSHOP





The stress management workshop was theme been planned upon request by NDKH persone targeting "Psychological disturbances alter resLUC operation and how to mariage it'.

The workshop Fighlighted different factors ard identification of types of stress.

The cacets were evaluated for stress severity inflicted upon them by a subjective questionnaire.

The sassion was interactive where different modalities for stress management were highlighted



IMAGE OF THE MONTH



MAEER MIT PUNE's MIMER MEDICAL
COLLEGE
DEPARTMENT OF PSYCHIATRY



Creating hope through action.

On Occasion of World Suicide Prevention Day, Department of Psychiatry has organized Slogan competition for all (teaching non-teaching, students, interns and pg residents)

WhatsApp your Slogan and details on 7972703648.

language - Hindi, Marathi, English

last date 13/09/2023,

Prize will be distributed on 15/09/2023.



GPS Map Camera

Wasuli, Maharashtra, India

GE India Industries Pvt. Ltd., GE INDIA INDUSTRIAL, A-78/1 MIDC Chakan Industrial Area, Phase-II, Village Vasuli, Khed Taluka, Pune, Maharashtra- 410501, Road, Wasuli, Maharashtra 410507, India

Lat 18.77376°

Long 73.757898°

12/09/23 11:20 AM GMT +05:30

Google

SEPT., 2023

World SUICIDE PREVENTION Day

World SUICIDE PREVENTION Day 2023 was observed by Department of Psychiatry on 12th September, 2023. Theme for this year is "Creating Hope Through Action". A Street Play was performed by the interns at OPD and IPD of Dr. BSTR Hospital.

The crowd was briefed about the warning signs of suicide and to prevent it. The street play encouraged to initiate treatment for suicidal ideas and attempt to reduce stigma was made. The street play was guided by Dr. Swati Magre



MAEER MIT PUNE'S MIMER MEDICAL COLLEGE

DEPARTMENT OF PSYCHIATRY

ON OCCASION OF WORLD SUICIDE PREVENTION DAY,
DEPARTMENT OF PSYCHIATRY HAS ORGANIZED A GUEST LECTURE
(FOR UG, PG STUDENTS & INTERNS)

GUEST - DR. DHANANJAY ASHTURKAR
(CONSULTANT PSYCHIATRIST)

**TOPIC - RISING INCIDENCE OF SUICIDE AMONG
MEDICOS AND ITS PREVENTION**

DATE - 15/09/2023
TIME - 2:30pm
VENUE - SUSHRUT HALL, OPD BUILDING



OCTOBER-2023
MENTAL HEALTH AWARENESS
PROGRAM



This image details a mental health initiative organized by a psychiatry department.

A Mental Health Awareness Programme was held in Nanoli Village for World Mental Health Day.

The event was conducted by Dr. Anesh Bhat (HOD Psychiatry) and Mrs. Archana Rajee (Clinical Psychologist).

Twenty-five villagers attended, interacting and receiving responses to their queries.

The programme concluded with positive feedback from the participants.





This text outlines a stress management session conducted for cadets.

A stress management lecture was held on October 31, 2023, for NDRF cadets by Dr. Aneesh Bhat and Dr. Sameer Qureshi.

The DAAS-21 screening tool was used to identify stressed individuals for specialized care.

The session included breathing exercises and a question-and-answer period.



Stress Management talk
NDRF Sudumbre



MAEER MIT PUNE'S
MIMER MEDICAL COLLEGE
& Dr BSTR HOSPITAL.



जागतिक मानसिक आरोग्य दिन- २०२३

'मानसिक आरोग्य हा सार्वत्रिक मानवी हक्क आहे'



जागतिक मानसिक आरोग्य दिनानिमित्त
मानसोपचार विभागाकडून एक व्याख्यान
शिक्षकेतर कर्मचारी आणि नर्सिंग स्टाफ
यांच्यासाठी आयोजित केले आहे

विषय - ताण आणि वेळेचे व्यवस्थापन
दिनांक - ११/१०/२०२३
वेळ - दुपारी २ ते ३
ठिकाण - सुश्रुत हॉल, ओपीडी बिल्डिंग

*"मानसिक स्वास्थ्य जपुया अन् प्रत्येक क्षण
सोन्याचा करूया"*

STRESS & TIME MANAGEMENT

The provided text highlights a lecture on stress management and communication skills held at MIMER Medical College for its nursing and non-teaching staff.

Event: A lecture on Stress and Time Management was organized during World Mental Health Week for 100 participants.

Speakers: Clinical Psychologist Mrs. Archana Rajee delivered the lecture, with guidance from Dr. Aneesh Bhat, HOD of Psychiatry.

Outcome: The event received positive feedback and concluded with a vote of thanks from Dr. Swati Magare.



DR B S T BUKAL HOSPITAL AND M. I. M. E. B. MEDICAL COLLEGE, Yashwantrao Chavan Marg, Yashwantrao Nagar, Talegaon Dabhade, Maharashtra 401007, India

Talegaon Dabhade
Maharashtra
India

2023-10-11(Wed) 02:25(pm)



31°C
88°F

This text outlines an awareness initiative held on November 25, 2023, for the International Day for the Elimination of Violence against Women.

Doctors performed a role-play to reduce the stigma associated with seeking help.

Clinical Psychologist Mrs. Archana Rajee gave a public talk explaining types of violence and how to seek assistance.

The session concluded with a feedback and question-and-answer session.

