

**MIMER Medical College, Talegaon Dabhade, Department of Community
Medicine**

Menstrual Hygiene Day on 31/05/2022

ACTIVITY REPORT

1.	Name of the activity	Menstrual Hygiene Day 2022
2.	Date	31/05/2022
3.	Time	10.30am to 1.00pm
4.	Venue	UHTC, Talegaon Dabhade
5.	Total number of participants/beneficiaries	28
6.	Faculty / Medical team	Dr. Aastha Pandey, Professor and Dr. Ashlesha Dandekar, Tutor Department Community Medicine
7.	In-charge	Dr. Aastha Pandey
8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	<p>World menstrual hygiene day' is observed on 28th may, every year. At Urban Health training Centre it was observed on 31st May with great enthusiasm under the guidance of Dr Aastha Pandey And Dr Ashlesha Dandekar.</p> <p>The purpose was to educate the women about natural physiology of menstruation and understand importance of good hygienic practices.</p> <p>Women from field practice area of UHTC and Anganwadi Sevikas participated. Interns Dr Aishwarya Puranik, Dr. Gauri Purohit and Dr. Swarada Pujari explained about menstrual cycle physiology with the help of pictorial representation and video. Dr Oshin Agarwal and Dr Sadhana Bhangare introduced newer methods and it's advantages like tampons and menstrual cup and also explained the abnormalities associated with menstruation.</p> <p>Demonstration of menstrual cup was also done.</p> <p>The session ended with positive response from the audience, their interactions, doubt solving and a feeling of satisfaction.</p>
9.	Circular / Notification (Date, time, venue, guest, speaker, faculty etc.)	Not Attached
10.	Pamphlet	Not available
11.	Attendance (if applicable)	NA
12.	Coloured geo-tagged photos (2 to 4)	Attached

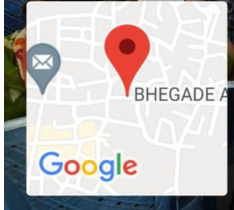


ganesh temple, PMCO+FH2, Rajwada, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India

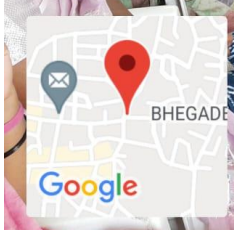
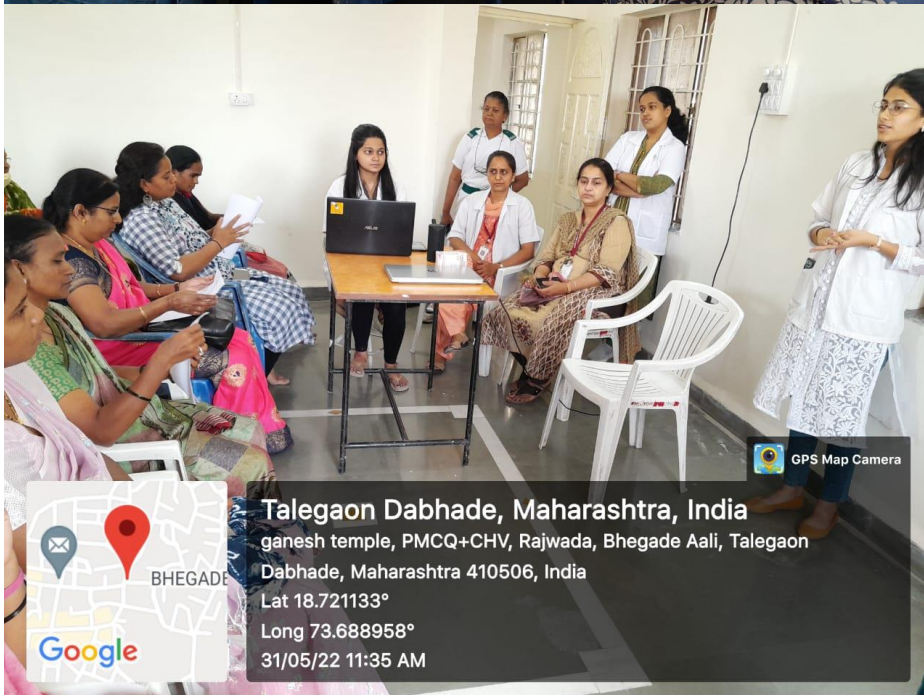
Talegaon Dabhade
Maharashtra
India

32°C
90°F

2022-05-31(Tue) 11:53(AM)



Talegaon Dabhade, Maharashtra, India
PMCO+CP4, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506,
India
Lat 18.721091°
Long 73.689343°
31/05/22 11:55 AM



Talegaon Dabhade, Maharashtra, India
ganesh temple, PMCO+CHV, Rajwada, Bhegade Aali, Talegaon
Dabhade, Maharashtra 410506, India
Lat 18.721133°
Long 73.688958°
31/05/22 11:35 AM



ganesh temple, PMCO+CHV, Rajwada, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India

Talegaon Dabhade
Maharashtra
India

32°C
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2022-05-31(Tue) 11:37(AM)