MIMER MEDICAL COLLEGE, TALEGAON DABHADE DEPARTMENT OF COMMUNITY MEDICINE INTERNATIONAL YOGA DAY ACTIVITY REPORT 22.06.2022

1.	Name of the activity	International Yoga Day
2.	Date	21/06/2022
3.	Time	11.00am to 12.00noon
4.	Venue	UHTC, Talegaon
5.	Total number of	25
	participants/beneficiaries	
6.	Faculty / Medical team	Dr. Ashlesha Dandekar
7.	In-charge	Dr. Aastha Pandey
8.	Brief summary of the event	On the occasion of 'INTERNATIONAL YOGA DAY' a
	in around 100 words	yoga session along with guided meditation session was organised at UHTC by department of community
	(purpose, conduct,	medicine & MAEER's college of physiotherapy.
	feedback, impact,	In accordance with the theme for this years Yoga
	suggestions)	Day I e "YOGA FOR HUMANITY" all the intern, Staff of UHTC, all the community people from adopted field
		practice area under UHTC & people were present for the
		programme .
		The programme was initiated with an introductory speech by Dr Anuradha Sutar , Dr Raghuraj Jaju , Dr
		Sampada Pawar & Dr Narendra giving information
		regarding importance of yoga for healthy life & wellbeing
		The speech was followed by 30 mins yoga
		programme which included various asanas like Ardha
		Ushtrasana , Shashakasana , Uhana mandukasana , Vakrasana , Makarasana , Bhujangasana , Shalabhasan
		etc. according to MINISTRY OF AYUSH PROTOCOL.
9.	Circular / Notification	Not Attached
	(Date, time, venue, guest,	
	speaker, faculty etc.)	
10.	Pamphlet	Not available
11.	Attendance (if applicable)	NA
12.	Coloured geo-tagged	Attached
	photos (2 to 4)	
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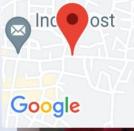


Talegaon Dabhade, Maharashtra, India Ganpati Chowk, PMCQ+FHX, Rajwada, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India Lat 18.721268° Long 73.688925° 21/06/22 11:58 AM

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Talegaon Dabhade, Maharashtra, India PMCQ+CM5, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India Lat 18.721088° Long 73.689192° 21/06/22 11:45 AM

