

MIMER MEDICAL COLLEGE, TALEGAON DABHADE
DEPARTMENT OF COMMUNITY MEDICINE
NATIONAL NUTRITION MONTH HEALTH TALK PHC
ACTIVITY REPORT

1.	Name of the activity	Health Talk on National Nutrition Month
2.	Date	14/09/2023
3.	Time	11:00 am to 11:45 am
4.	Venue	PHC, Talegaon
5.	Total number of participants/beneficiaries	50
6.	Faculty / Medical team	Dr. Astha Pandey, prof. Community medicine, Dr. Ashlesha Dandekar Tutor Community Medicine
7.	In-charge	Dr. Sanjeev Chincholikar, HOD Community Medicine Dept.
8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	On the occasion of Nutrition Month the PHC of Talegaon Dabhade decided to hold on a programme on 8th September 2023 at 10am about awareness regarding nutrition for balanced diet and complimentary feeding. Furthermore, the speech in programme was given by Dr Ashlesha Dandekar which was assisted by interns. The mothers were at the PHC centre by 10am along with their infants. Promotion of health and wellbeing was done by educating the mothers on what kind of food can be given to an infant of a specific age and when should mother start giving liquids, semi solids and solid diets. In addition, the information regarding exclusive breastfeeding was given and explained. The perks of starting the complimentary feeding regarding different age group was given (6-8months , 9 months n more). For instance, advice regarding different millets like Jowar , Bajra, Rajghara , Nachani and Bargwah were given so that the child is not tired of boredom of having same food. Moreover, complimentary diet's goal was just to let the child adapt to solid diet/ adult diet from semi solids/ liquid diet and fulfil all the nutritional requirements. After that, the queries of mothers were addressed and programme came to an end.
9.	Circular / Notification (Date, time, venue, guest, speaker, faculty etc.)	-
10.	Pamphlet	-
11.	Attendance (if applicable)	-
12.	Coloured geo-tagged photos (2 to 4)	Attached



 GPS Map Camera



Google

Talegaon Dabhade, Maharashtra, India


PMCR+Q24, Rajwada, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India

Lat 18.721665°

Long 73.690573°

08/09/23 11:02 AM GMT +05:30



 GPS Map Camera



Google

Talegaon Dabhade, Maharashtra, India

PMCP+F3C, Somwar Peth, Khalde Aali, Talegaon Dabhade, Maharashtra 410506, India

Lat 18.721114°

Long 73.685199°

11/09/23 11:53 AM GMT +05:30



GPS Map Camera



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Talegaon Dabhade, Maharashtra, India
Talegaon Dabhade Rd, Kalokhe wadi, Talegaon Dabhade, Maharashtra 410506, India
Lat 18.722112°
Long 73.683936°
11/09/23 11:47 AM GMT +05:30



GPS Map Camera



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Talegaon Dabhade, Maharashtra, India
PMCP+G6J, Somwar Peth, Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India
Lat 18.721229°
Long 73.685353°
11/09/23 12:10 PM GMT +05:30



GPS Map Camera

Talegaon Dabhade, Maharashtra, India
PMCQ+FG4, Bazar Peth Rd, Rajwada, Bhegade Aali, Talegaon Dabhade, Maharashtra
410506, India
Lat 18.721089°
Long 73.688769°
15/09/23 01:26 PM GMT +05:30

