

DEPARTMENT OF COMMUNITY MEDICINE
International Yoga Day Activity Report 20/06/2023

1.	Name of the activity	International Yoga Day
2.	Date	20/06/2023
3.	Time	11.00 AM To 1.00 PM
4.	Venue	UHTC
5.	Total number of participants/beneficiaries	25
6.	Faculty / Medical team	Dr. Aastha Pandey, Dr. Ashlesha Dandekar, UHTC Interns and Staff
7.	In-charge	Dr. Aastha Pandey
8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	<p>World Yoga Day is a global event celebrated annually on 20th June to raise awareness and promote adoption of yoga and its benefits. Yoga session was conducted at UHTC by Dept. of Community Medicine in collaboration with MAEER's College of Physiotherapy.. Around 25 women from field practice area participated in the session.</p> <p>Aim of the session was to inform the people about the benefits of yoga on their metabolism. They were also told about the benefits of yoga on stress management and in maintaining a healthy lifestyle.</p>
9.	Circular / Notification (Date, time, venue, guest, speaker, faculty etc.)	Not attached.
10.	Pamphlet	NO
11.	Attendance (if applicable)	-
12.	Coloured geo-tagged photos (2 to 4)	Attached




Talegaon Dabhade, Maharashtra, India
Near Dolasnath Patasanstha, Ganpati Chowk, PMCQ+FCG, Rajwada,
Bhegade Aali, Talegaon Dabhade, Maharashtra 410506, India
Lat 18.721291°
Long 73.688693°
20/06/23 11:10 AM GMT +05:30



Talegaon Dabhade, Maharashtra, India
ganesh temple, Rajwada, Bhegade Aali, Talegaon Dabhade,
Maharashtra 410506, India
Lat 18.721217°
Long 73.688885°
20/06/23 10:56 AM GMT +05:30




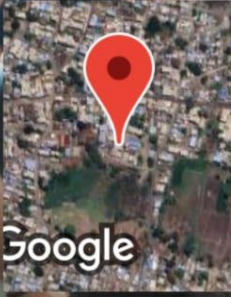
 GPS Map Camera



Talegaon Dabhade, Maharashtra, India
PMCQ+FQ3, Rajwada, Bhegade Aali, Talegaon Dabhade,
Maharashtra 410506, India
Lat 18.721094°
Long 73.689541°
20/06/23 10:49 AM GMT +05:30



 GPS Map Camera



Google

Talegaon Dabhade, Maharashtra, India
Unnamed Road, Bhegade Aali, Talegaon Dabhade, Maharashtra
410506, India
Lat 18.720338°
Long 73.690026°
20/06/23 10:48 AM GMT +05:30



Yoga day

20/6/23

Sl. No.	Name	Age	mob. no	Sign
				AK
1	अनिता किराोर जाधव			जिती
2	ज्योती शंभूजी गोदी	38		H.P. Menar
3	Haashid. P. Mehta	59	8149475024	P. P. Sankar
4	Sumna Santosh Savadi	44	9139335144	मि
5	Sunita Dabkade	45	9850407758	SssheA
6	Sunita Dekkar Gete	60	8796174882	U. B. Sankar
7	Uma Bhimrat Bishu/Rao	54	9822115302	P. P. Sankar
8	Anita Sawant	55	9130564707	फोसी
9	Aadaya Doshi	57	8087442439	M. B. Landare
10	Manisha Randare	43	8421282189	K. P. Rout
11	Knann Abhaysand	40	9730294043	
12	Jashna Rushikesh Parbhare	25	8698129429	J. R. K.
13	Bhagyashree Mahe	50		मि
14	Savita Sagat Ucharan	38	8551968785	
15	Pratap Hanumantrao Solanke			
16	Aadarsh Mishra			
17	Sekeshi Ishwara. Bokad			
18	Mayuri Dilip Patil			
19	Rutuja Santosh Lakhande			
20	Sanika Rajkumar Chaudhars			
21	Harsha Vasanti Padole			
22	Darshika Mishra			
23	Vrushali Belhekar			
24	Pratham Belhekar			
25	Deepa Shah.	43y		