# AMRUTPAN SAPTAHA WORLD BREASTFEEDING WEEK

1<sup>ST</sup> TO 7<sup>TH</sup> AUGUST 2023

#### **PROGRAM SCHEDULE**



#### DEPARTMENT OF OBSTETRICS & GYNAECOLOGY WORLD BREASTFEEDING WEEK

1st to 7th August 2023

#### PROGRAMME SCHEDULE

	Programme Details	Venue	Timing	Co-ordinator
Day 1 01/08/2023	Breastfeeding awareness talk to mothers	Kaikadi Samaj Mandir anganwadi, Talegaon	10:30am – 11:30am	Dr. Vaishali Korde Dr. Arti More
Day 2 02/08/2023	Preparing her for Lactation	OBGY OPD	9:30am – 1:00pm	Dr. Gopalghare Dr. Meenakshi Surve Dr. Bhagyashri pandit
Day 3 03/08/2023	CME on " Breastfeeding & Lactation " In Association with POGS	Sushrut Hall	9:00am to 4:00pm	Dr. Vaishali Korde Dr. Sachin Vedpathak Dr. Meenakshi Surve
Day 4 04/08/2023	Breastfeeding & Lactation Talk for UG students	Sushrut Hall	9:00am – 12:00pm	Dr. J. Mane Dr. Priya Bagade
Day 5 05/08/2023	Breastfeeding awareness talk to mothers Skit by residents and interns	PNC ward	10:00am – 11:00am	Dr. Sahshikant Pawar Dr. Jaya Barla Dr. Rishab Ramgude
Day 6 07/08/2023	Quiz for UG students	Lecture Hall	12:00pm – 1:00pm	Dr. Sushma Sharma Dr. Priya Karmani Dr. Pranali Ghuge

1.	Name of the activity	AMRUTPAN SAPTAHA WORLD BREASTFEEDING WEEK
2.	Date	01/08/2023
3.	Time	10:00am-12:00Noon
4.	Venue	Kaikadi Samaj Mandir Anganwadi, Talegaon (D)
5.	Total number of participants/beneficiar ies	2 Anganwadi sevikas 30 women
6.	Faculty / Medical team	OBGY Department
7.	In-charge	Dr. Arti More
8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	On 1 <sup>st</sup> August 2023, we kick started by arranging a talk at Kaikadi Samaj Mandir Anganwadi by Dr. Arti More OBGY Specialist. She addressed around 30 antenatal women and mothers regarding importance of exclusive breastfeeding for 6months and she also told about preparedness for breastfeeding. She also stressed upon the need for emotional and mental preparedness for Breastfeeding and lactation. She also trained 2 Anganwadi sevikas for proper positions of effective breastfeeding so that she can teach all the mothers in future.

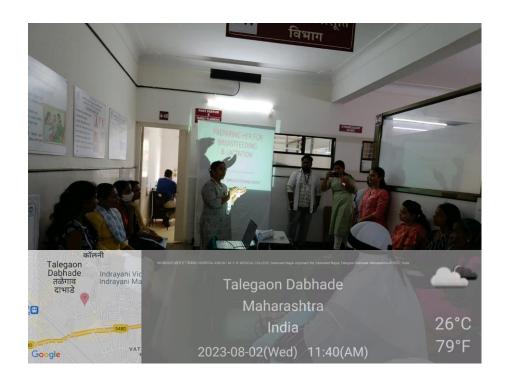
9.	Circular / Notification	Attached
	(Date, time, venue,	
	guest, speaker, faculty	
	etc.)	
10.	Pamphlet	Not available
11.	Attendance (if applicable)	Not available
12.	Coloured geo-tagged photos (2 to 4)	Attached





1.	Name of the activity	AMRUTPAN SAPTAHA WORLD BREASTFEEDING WEEK
2.	Date	02/08/2023
3.	Time	10:00am-12:00Noon
4.	Venue	OBGY OPD
		BSTR Hospital Talegaon (D)
5.	Total number of	60 women
	participants/beneficiar	
	ies	
6.	Faculty / Medical team	OBGY Department
7.	In-charge	Dr. Meenakshi Surve
8.	Brief summary of the	On 2 <sup>nd</sup> August 2023, we arranged a talk on
	event in around 100	"PREPARING HER FOR LACTATION" in our OPD at BSTR Hospital. Dr. Meenakshi Surve, Assistant Prof.
	words (purpose,	OPD patients were given an overview of how to
	conduct, feedback,	prepare oneself for breastfeeding postpartum period.  It was attended by Dr. Gopalghare, Dr. Shashikant
	impact, suggestions)	Pawar and Dr. Priya Bagade. The talk was targeted to
		sensitize antenatal women regarding breastfeeding & lactation. All the questions by women were also
		addressed satisfactorily.
		Educational videos were also played throughout the day for patient education.

9.	Circular / Notification	Attached
	(Date, time, venue,	
	guest, speaker, faculty	
	etc.)	
10.	Pamphlet	Not available
11.	Attendance (if applicable)	Not available
12.	Coloured geo-tagged photos (2 to 4)	Attached





1.	Name of the activity	AMRUTPAN SAPTAHA WORLD BREASTFEEDING WEEK
2.	Date	03/08/2023
3.	Time	9:00am to 5:00pm
4.	Venue	SUSHRUT HALL OPD BUILDING 1 <sup>ST</sup> FLOOR,  BSTR Hospital Talegaon (D)
5.	Total number of participants/beneficiar ies	88 Participants 25 Nursing staff 50 Nursing students 50 UG students (MBBS)
6.	Faculty / Medical team	OBGY Department
7.	In-charge	Dr. Vaishali Korde  Dr. Meenakshi Surve

8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	<ul> <li>Need of the activity— To promote and support breastfeeding</li> <li>Background -Breastfeeding week is celebrated world over in the first week of August. The department of OBGY is committed to promote breastfeeding in our population. To inculcate correct breastfeeding training amongst the students, staff, social workers and faculty, this CME was planned.</li> <li>Detailed proceedings of the event- There were 10 sessions on breastfeeding. After the morning sessions, inauguration of the event was done by the hands of Dr Kundan Ingale, Vice President POGS. Dr Mangala Wani, President of BPNI (Breast feeding Network Promotion of India), also gave a talk in the event.</li> </ul>
9.	Circular / Notification  (Date, time, venue, guest, speaker, faculty	Attached
	etc.)	
10.	Pamphlet	Not available
11.	Attendance (if applicable)	Not available
12.	Coloured geo-tagged photos (2 to 4)	Attached













1.	Name of the activity	AMRUTPAN SAPTAHA WORLD BREASTFEEDING WEEK
2.	Date	04/08/2023
3.	Time	10:00am-12:00Noon
4.	Venue	Sushrut Hall, MIMER Medical College & BSTR Hospital, Talegaon (D)
5.	Total number of participants/beneficiaries	50 students
6.	Faculty / Medical team	OBGY Department
7.	In-charge	Dr. Priya Bagade

event in around 100 knowledge about Lactation and	I Book of Constitution
	Breast feeding was
words (purpose, conduct, shared with the Undergraduat	te students in form
feedback, impact, of a talk "Do I Know about Lac	ctation" given by Dr.
suggestions) Priya Bagade, Associate Prof,	Dept of OBGY. This
helps the students to counsel	the patients much
better about the significar	nce and different
techniques of Breast feeding.	. The students also
become well versed with comm	mon problems faced
by breast feeding mother and	help them to tackle
these issues. A pre-test ar	nd post test was
conducted to ascertain the	difference in the
knowledge of the students	about the topic.
Average marks obtained by the	e students in the pre
test were 8.81 which improve	ed to 9.84 after the
lecture.	
9. Circular / Notification Attached	
(Date, time, venue, guest,	
speaker, faculty etc.)	
10. Pamphlet Not available	
11. Attendance (if applicable) Attendance Sheet attached	
12. Coloured geo-tagged Attached	
photos (2 to 4)	







1.	Name of the activity	AMRUTPAN SAPTAHA WORLD BREASTFEEDING WEEK
2.	Date	05/08/2023
3.	Time	10:00am-12:00Noon
4.	Venue	OBGY – PNC WARD, BSTR Hospital Talegaon (D)
5.	Total number of participants/benef iciaries	40 women
6.	Faculty / Medical team	OBGY Department
7.	In-charge	Dr. Jaya Barla

8.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	A talk on breastfeeding and lactation was given by Dr Jaya Barla on 5 <sup>th</sup> august 2023 in the postnatal wards. As part of world breastfeeding week from 1 <sup>st</sup> to 7 <sup>th</sup> August, Team OBGY has been conducting various activities and on 5 <sup>th</sup> August 2023, postpartum patients in the postnatal ward were encouraged to follow exclusive breastfeeding for first 6 months for the baby. The use of proper techniques of breastfeeding was discussed. The patients were shown demonstrations of various positions (cradle, cross cradle etc). The relatives of the patients were educated regarding support needed during lactation. Focus was also given to the various myths regarding breastfeeding practices and these myths were resolved. The postpartum women were educated regarding good hygiene practices during breastfeeding and baby handling. Importance of colostrum for newborn babies was reiterated. The talk was followed by an interactive session with questions from mothers, mother in law, parents of breastfeeding mothers also focusing on support by partners of breast feeding mothers.
9.	Circular / Notification  (Date, time, venue, guest, speaker, faculty etc.)	Attached
10.	Pamphlet	Not available

11.	Attendance (if	Not available
	applicable)	
12.	Coloured geo- tagged photos (2 to 4)	Attached







1.	Name of the activity	AMRUTPAN SAPTAHA WORLD BREASTFEEDING WEEK
2.	Date	07/08/2023
3.	Time	10:00am-12:00Noon
4.	Venue	SUSHRUT HALL OPD BUILDING, BSTR Hospital Talegaon (D)
5.	Total number of participants/beneficiar ies	50 students
6.	Faculty / Medical team	OBGY Department
7.	In-charge	Dr. Priya Karmani

8. Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)

As part of world breastfeeding week from 1st to 7th August, Team OBGY has been conducting various activities and on 7<sup>th</sup> august 2023, the students of phase 3 part 2(9th semester) were encouraged to participate in a quiz on breastfeeding and lactation. There were 4 teams, consisting 3 members each (teams A,B,C,D). The quiz had 4 rounds focusing on various questions on breastfeeding and lactation. The quiz was conducted by Dr Priya Karmani. It was an interactive session wherein the audiences were the rest of the members from phase 3 part 2. They were asked seperate questions for the same topic of breastfeeding and lactation. There was interactive teaching and learning done in between the quiz rounds. The performance of the students regarding this topic was also taken into account. The students displayed an enthusiastic and scholastic performance. Team B was the winner and the members of team B were awarded prizes at the hands of HOD, OBGY Dr Vaishali Korde. Thus breastfeeding and its importance were reiterated as part of academics as well as awareness was facilitated amongst the young generation of soon to be medical professionals who will become the first contact for many pregnant and breastfeeding mothers of tomorrow.

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9.	Circular / Notification	Attached
	(Date, time, venue,	
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	guest, speaker, faculty	
	etc.)	
	Ctc.)	
10.	Pamphlet	Not available
11.	Attendance (if	Not available
	applicable)	
12.	Coloured geo-tagged	Attached
	photos (2 to 4)	



