ACTIVITY REPORT

1.	Name of the activity	Creating Awareness about Antenatal Classes		
2.	Occasion (if any)	Monthly Activity		
3.	Organizing department/s	Dept. of Obst. & Gyn. & Physiotherapy Dept.		
4.	Activity Coordinator	Dr. Vaishali Korde		
5.	Date & Time	Sept. 2022		
6.	Venue / Place	OBGY OPD		
7.	E mail / Circular about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	NA		
8.	Pamphlet/Flyer .	NA		
9.	Total number of participants/beneficiaries/ Viewers (attendance NOT required)	105 Patients		
10.	Students participation (give details) UG/PG	NA		
11.	Faculty participation (give details)	Dr. Jaya Barla		
12.	Attendance sheet (for student, staff related event) Mention – 1.Name, 2. Year/desig./dept 3. Sign	NA		
13.	Faculty/Team involved	Dr. Vaishali Korde		
14.	Coloured geo-tagged photos (2 to 4)	Attached		
15.	Brief summary of the event in around 100 words	Antenatal classes have been started in		
	(purpose, conduct, feedback, impact, suggestions etc.)	association with the physiotherapy		
		department to bring about awareness about		
		changes in pregnancy, nutrition, labour and		
		breastfeeding. The faculty/residents		
		demonstrate these aspects with the help of		
		power-point presentations to enunciate these		
		topics and also answer the queries of the		
		antenatal women and their families. These		
		classes help the women, especially		
- 1		primigravidas, become more confidence to		
		deal with pregnancy changes. We intend to		
		extend these activities to include breathing exercises which women can practice during		
		labour.		

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