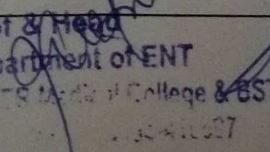
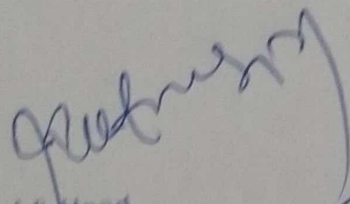


## ACTIVITY REPORT

1.	Name of the activity	World Sleep Day
2.	Organizing department/s	ENT
3.	Name of the Head of department/ Event in-charge	Dr Devdatt Kotnis
4.	Date & Time	18.03.2022
5.	Venue / Place	ENT OPD No 28, MIMER Medical College, Talegaon Dabhade
6.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
7.	Pamphlet (if any)	Not attached
8.	Total number of participants/beneficiaries	18
9.	Attendance (if applicable)	Attached
10.	Faculty / Medical team	Dr Devdatt Kotnis Dr Santosh Mane Dr Santosh Kumar Rajamani Dr Poonam Khairnar Dr Kamalika P Roy Dr Shivani Panhalkar
11.	Coloured geo-tagged photos (2 to 4)	Attached
12.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	The World Sleep Day was organised with aim to Lessen the burden of sleep problems in the society through better prevention and management of sleep disorders. Human sleep is a complex system with several stages.

  
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 18/03/2022

		<p>All of these have a significant impact on sleep quality leading to anxiety, depression &amp; other psychological effects.</p> <p>Sleep equipments, CPAP &amp; BIPAP machines were displayed.</p> <p>Poster competition for Interns &amp; Students was organised First Prize was given to Prachi Jetwa. Dr Santosh Rajamani delivered awareness talk on the topic.</p> <p>Patients were happy to know about the sleep disorder &amp; that a treatment of snoring was available.</p> <p>Awareness was generated among Doctors and Patients regarding Sleep machines.</p>
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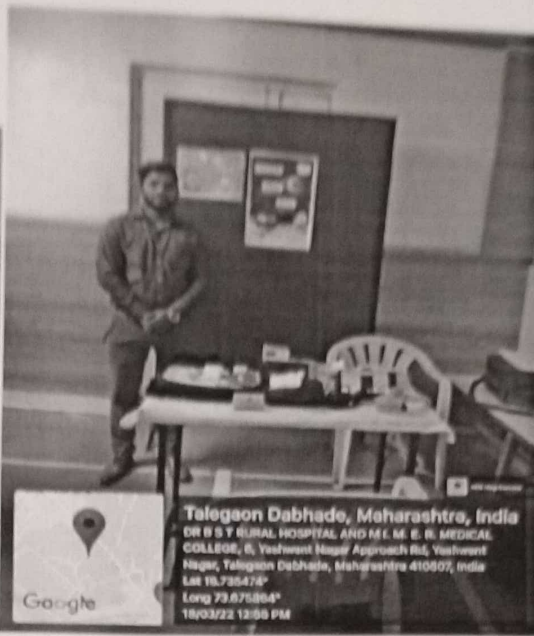


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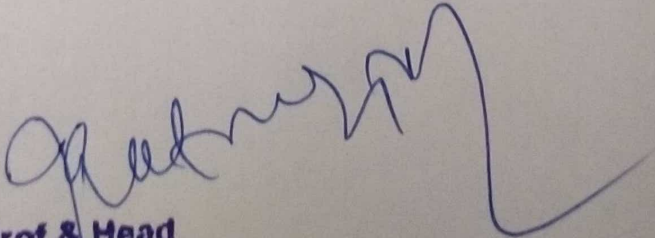
Talegaon Dabhade, Maharashtra, India  
DR B S T RURAL HOSPITAL AND M I M E R MEDICAL COLLEGE, 8,  
Yashwant Nagar Approach Rd, Yashwant Nagar, Talegaon Dabhade,  
Maharashtra 410507, India  
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Long 73.675853°  
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Talegaon Dabhade, Maharashtra, India  
DR B S T RURAL HOSPITAL AND M I M E R MEDICAL  
COLLEGE, 8, Yashwant Nagar Approach Rd, Yashwant  
Nagar, Talegaon Dabhade, Maharashtra 410507, India  
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Yashwant Nagar Approach Rd, Yashwant Nagar, Talegaon Dabhade,  
Maharashtra 410507, India  
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Long 73.675853°  
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**MIMER Medical College & BSTRH**  
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